

(PEACE BE UPON HIM)

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 الذي لا اله الا الله
 الله وارحمك
 الله عز وجل
 صلوات الله
 على سيدنا محمد
 وآله وصحبه
 وسلم

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**LETTERS
OF THE
HOLY
PROPHET**

(PEACE BE UPON HIM)

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Publisher's Note

The book "Letters of the Holy Prophet" is a compilation of Mr. Sultan Ahmed Qureshi regarding the sacred and historic letters of the last Prophet of Allah. Since the book is very rare and a blessing in itself for every Muslim, therefore, we have decided to present it to our English readers too.

We hope that this effort is the beginning of a valuable series of books to come in near future especially for those who like Islamic knowledge (in its true spirit) to be converted into English. Suggestions regarding this will always be warmly received.

Thanks

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ABBREVIATIONS USED

1. S.A.W. Sal-lal-laho 'Alaihi wa Sal-lam
(Peace be upon him)
2. R.A.A. Radi Allaho 'Anhu — or 'Anha — or 'Anhu:n
(Allah was pleased with him — or with her —
or with them).
3. R.A. Rahmat-Allah-e-'Alaih
(Allah's mercy be upon him).

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

LETTERS OF THE HOLY PROPHET (S.A.W.)

INTRODUCTION

This book is a compilation of the letters, treaties, agreements and injunctions of the most praised of all human beings. He was the foremost law-giver of the world. He gave real dignity, equality and justice to mankind. He showed the right and straight path to his fellow beings.

He is most praised, as there has been none on whom praise was showered continuously day and night, is being showered and shall continue to be showered for ever. There have been hundreds of thousands of prophets, heroes, leaders, conquerors, warriors and benefactors. Even the names of most of them are not known to us today, some live only in pages of history. Hundreds of books have been written about some of them. It is, however, an incontrovertible fact that the number of books written on the life of Holy Prophet Muhammad, Sal-lal-laho Alaihe Wasallam (may peace be on him), far exceed the number of books written on the life of any other men taken together. Of all men, only one personality stands out, unique and alone on whom, not a second passes, in which thousands and thousands of people around the world, do not invoke the blessings of Allah. Whenever a Muslim hears the name of the Holy Prophet (S.A.W.), he recites *Salat* (peace and blessings of Allah) on him. When the words "*Rafa'na Laka Zikrak*"

We have elevated your account. (Al-Quran, 94:4).

was revealed to the Holy Prophet (S.A.W.), the Quraish were subjecting the Muslims to most abject humiliation, oppression utmost tyranny and inhuman cruelty, in the hope that the Muslims would succumb to their barbaric pressure; none

except the Muslims could believe that the Holy Prophet (S.A.W.) would be the most highly praised man in very near future. But only a few years later the Quraish themselves began to praise him most of all. This is not the view of the Muslims alone, but has been attested by a profound non-Muslim researcher of America, Ripley who in Volume II of his famous book "*Believe it or Not*" has statistically disclosed that the voice which is heard throughout the world, with complete uniformity; is one sound and it is the voice of 'AZAN' (Call to Prayer). This, no doubt, is a unique and unparalleled phenomenon. In the Azan, the name of the Holy Prophet (S.A.W.) is recited twice, five times daily. Similarly his name is recited twice, five times daily in *Takbeer* (Call to set up and start Prayers) and in the Prayers.

The Holy Prophet (S.A.W.) is admittedly the foremost law-giver of the world, as he gave it, its first written constitution. Before this, written laws and regulations were available, but written constitution as distinct from common laws, was not traceable anywhere. This was given in the shape of the Treaty of Madina, comprising 52 Clauses. It established a system entirely based on justice, equality and piety and not on racialism, colour or language. This is again borne out by the plaque at Licolln's Inn, in which the name of the Holy Prophet (S.A.W.) appears at the top.

As regards, the right and straight course to be followed by the humanity at large, the Holy Prophet (S.A.W.), unequivocally pointed out that Serate Mustaqeem (Straight path) leading to Allah is obeying Allah: doing Ma'roof (what Allah Commands us to do) and abstaining from Munkar (what Allah wants us to avoid). He (S.A.W.) also admonished the Muslims always to tread the "middle course" and not to follow an extreme course of action. He, in clear and definite terms, indicated that the right path is one and only one and that is the path of Islam, to which the mankind was guided by all the Prophets (A.S.).

Before a brief idea of the teachings of Islam and life-work of the Holy Prophet (S.A.W.) is given, it seems appropriate, to present a concise survey of the conditions and

atmosphere existing in Arabia in particular and in the world in general, at that time.

The Arabian Peninsula is situated at the junction of the continents of Asia, Africa and Europe. To its east is the Arabian Gulf and to the West Red Sea. In the north of Arabia are Jordan, Iraq and Syria, and in the South Indian Ocean. The area is about 20,72,000 Square Kilometers. The major part of the country is desert. Mountain ranges are strewn throughout the country — the longest range is Jabal-us-Serat, which runs from Yemen in the South to Syria in the north. Some parts of Arabia are very fertile and verdant, such as the valley of Yemen and the hills of Taif. The surface of Al-Hijr is rugged and rocky and the Central Arabia is desert and devoid of grass or water. There are Oasis around which date-palm gardens grow.

Arabia is rich in mineral oil, gold and silver mines. At present it is the biggest supplier of Oil.

When Islam came to Arabia there were mainly two tribes, who were the real dwellers of the land. One was Banu Ismail, the descendants of the Prophet Ismail (A.S.) and the other Abu Qahtan. The former is also called Adnani tribe. There were also small colonies of Jews, in different parts of the country. Thus the population of the Arabia at that time comprised these three elements. Small innumerable branches and sub-branches of these tribes were scattered throughout the country. In this book names of different tribes and subtribes, to whom the Holy Prophet (S.A.W.) sent letters and injunctions, will frequently appear. It would therefore, be helpful to refer to the brief genealogical chart given on the next page.

Although some parts of Arabia had attained quite a high degree of culture, it was mostly due to the influence of the neighbouring countries. However, conditions in the remote parts and places of the country remained primitive. The people in general, did not have even small conveniences. Similarly the creeds and beliefs of the people differed. Some believed in Allah, but the others did not. Mostly the people were idol worshippers. Although they did not consider idols

+ as their gods, but they believed that the idols were means of approaching Allah. They, therefore, had a faith in the over-
 + lordship of Allah. Judaism, Christianity and some other
 + religions also had followers. With the passage of time many
 foul practices had mingled up with Islam, the religion of
 Ibraheem (A.S.). The result was that the religion taught by
 Ibraheem — the idol — breaker, was gradually turned into
 + idol worship. This practice had gone to such an extreme that
 idols began to be worshipped in K'aba, the House of Allah.
 The belief in the life to come, punishment for sins and re-
 compense for virtues was unknown to them, instead they
 developed an inflated sense of arrogance and false pride.
 + Due to this, many people in Arabia buried their daughters
 alive as they considered that the girls would be a source
 humiliation to them and would bring to them shame.
 + Sacrifice of human beings was offered at the altars of the
 idols. They did not know what incest was. It was
 + permissible for a brother to marry his sister. Similarly two
 or more sisters could be married by a man at a time.
 Unlimited polygamy was common amongst the Arabs.
 + Gambling and betting were their pastimes. Drinking,
 + adultery and lechery were the order of the day. Lack of
 modesty and absence of shame had gone to such an extent
 that narratives of debauchery and rape were recited in
 public.

In wars, it was considered right to burn people alive,
 rip open the bellies of women and put to sword babies. The
 Arabs were well-known for their barbarity and perversity
 throughout the world. Small incidents were sufficient to
 provoke bloody feuds which lasted for years. Thus the
 Arabs, as a nation, had gone down to the lowest and meanest
 level of depravity and degeneration. The different tribes
 were constantly at logger-head with one another and fought
 amongst themselves. There was no unifying force which
 could keep them united together as a nation. Southern parts
 of Arabia were taken over by Ethiopia and the eastern
 portion was under the control of Fars of Iran, while northern
 areas were captured by Byzantine branch of the Roman

Empire. Although the interior was nominally free, but the powerful neighbouring countries wanted to capture it.

Independence within the country had a very derogatory effect on the people and created in them a sense of vanity and self-conceit. They wanted to excel one another by suppressing their own country men. They employed their rich language for self-praise, to humiliate others or to publicise their own lewdness.

The moral atmosphere of the world, in general, was no better than that prevailing in Arabia, during the 5th and 6th Century. The old civilization and culture was gradually crumbling down and in its place decay, disorder and chaos was setting in. The codes of ethics, rules and regulations evolved after centuries of hard labour and trials, were being disregarded and ignored, and in their place dissipation and disintegration was creeping in. It was evident that a reign of disorder, disruption and brutality was seizing the entire universe. Jewish and Christian faiths had proved quite helpless to bring the people back to the path of justice, peace, human dignity and morality. Erosion and corrosion of original religious practices, tenets and faith, brought about by the passage of time, factional fights, apathy, self-interest and loss of the original texts of the holy scriptures, deflected the people from the straight course. Extraneous matter was introduced into the text of the Scriptures. It was the result of this divergence that the Jews claimed that the Prophet Ozair (A.S.) was the son of God, as he wrote the entire *Torait* (Torah) out of his memory. So did the Christians, who split God into three; God Himself as Father, Isa (A.S.) son of God and the Holy Ghost, although the teaching of Islam has throughout been that Allah, the Almighty has no need of a son or an associate, as He is above these limitations. He is All Powerful and All Knowing. The Christians preached Christianity to the Arabs for about five centuries. The result, however, was that the number of converts was almost negligible. Similarly very few people accepted Jewish faith, although the Jewish Rabbis did their best to convert the Arabs to their points of view. These

efforts were ineffective in stemming the tide of idolatory, sin, immorality, tyranny and perversity in the Arabian Peninsula.

Such was the extent of depravity, corruption and contemptibility of the society, which the Holy Prophet (S.A.W.) was sent to reform and bring it back to the straight and right path of Islam. It is not difficult to conceive the stupendous, arduous, hazardous and almost impossible mission which was entrusted to the human being who was born an orphan, who did not receive any schooling and did not learn reading and writing; who did not possess worldly riches; who did not have the support of any powerful authority and who did not wield any special influence over the people. He was only armed with his rare strength of character; unprecedented honesty and integrity and highest degree of truthfulness. What could be more miraculous than the fact that with the help of Allah and His guidance, the Holy Prophet transformed such a God-forsaken society into a God-fearing, devout, truthful and dauntless servants of Allah, within a short span of about two decades. None of the previous prophets (A.S.) was able to produce such a miracle. Prophet Nooh (A.S.) is stated to have preached throughout his life, spread over hundreds of years, but was able to gather around him a handful of followers who were poor labourers and artisans. There have been great leaders, reformers and heroes, but none could achieve such a spectacular success, despite the fact that in most of the movements, force, massacre, arson, destruction and other methods of coercion were resorted to. As a matter of fact, some of the so-called reformers openly professed that man-slaughter was a must in such movements. Islam stands firm against such killings, because Islam declares that there should be absolutely no coercion in so far as religion is concerned. That is why if some-one embraces Islam, he has to declare openly that 'he accepts Islam of his own free will.' It has been estimated that the Islamic State which came into being, during the life time of the Holy Prophet (S.A.W.), expanded, on an average, of about 800 Square Kilometers per day.

When the Holy Prophet (S.A.W.) departed from this world, an area exceeding 2.5 million square Kilometers had come under his sway. During this process of Islamization hardly 150 men from the enemy side died. The number of Muslim martyrs amounted to about 120. World history cannot produce an example of such a revolution.

Despite this, some of the enemies of Islam have been making the baseless allegation that Islam spread by force, ~~coercion~~ and use of sword. Nothing could be more spurious than this acrimonious assertion.

Not only did the Holy Prophet (S.A.W.) purge society of all its ills and evils; he knit it into a solid brotherhood and established a genuine and real welfare estate, in which all were equal. Some short-sighted people, often pestered the Holy Prophet (S.A.W.) to produce miracles, so that they might be sure of his prophethood and he did produce miracles. It is not proposed to mention any of them here. To a judicious and unbiased person, there could be no greater miracle than elevating the most degraded and evil ridden people to such a pinnacle of nobility, and sublimity that they became a symbol of nobility and greatness for the entire world. There have been great and aggressive emperors and dictators, who had at their disposal, all the worldly resources, arms and men, to enforce their will. Some of them contrived their own religions or social system and ordered the people to adopt them. Despite all their powers, paraphernalia and mechanisms of coercion, some of their subordinates reluctantly accepted their systems, but as soon as they died, their teachings were also dead.

The present day dismal conditions do not seem to differ much from those existing in the 5th and 6th Centuries. Despite the fact that the world has made tremendous material advance but actually, it has been going down and down. Our development or progress could be compared to a see-saw board, whose end of scientific advance has been going up and the end of virtue, morality and nobility going down. It is true that machines of destruction have been so thoroughly perfected that the entire universe could be

wiped out in no time. But has a sense of security, peace, tranquillity and trust been created? The more we have gone "advanced", the more problems of hazards, insecurity, distraction, dissipation, destruction, distrust, licentiousness, delinquency, degeneration, unemployment, etc. stare us in the face. The more the countries advanced, the more they face these problems. The result is that peace of mind, contentment, patience, and feeling of security and safety are fast eluding man and in their place, schizophrenia, neurosis, melancholy discontent, despondency and intolerance are grabbing him. No amount of lotus eating could assist him in providing solace, he hankers after. There is only one and one way of relief from these tribulations in this world and salvation in the next and that is the way of Allah. It adequately provided a riddance from all these ills and troubles about 14 centuries back and can do so now.

It may, in this connection, be clarified that Islam is not a mere religion or a set of tenets for performing worship or saying prayers, as most people take it to be. It is in reality a Deen, that is, a way of life, which covers each and every sector of life. People confessing other religions make a definite distinction between religion and other sections of life. They very often assert, "What has religion to do with politics, business and trade". Islam, however, covers and concerns all walks of life whether it is commerce or industry purchase or sale, weight or measurement, politics or social matters; justice or punishment; credit or loan; agriculture or land tenure; eating or drinking habits; personal hygiene or cleanliness; general behaviour or conduct; customs or practices; relationships or marriages; births or deaths — Islam provides complete guidance and advice in all such matters, whether they are trivial or important. It goes to the extent of guiding a man how to walk or talk; sit or sleep; eat or feed behave with elders, particularly parents, or young ones, specially offspring; treat guests, passengers, beggars and the indigent. Then Islam does not merely preach high-sounding and impracticable morality, but it is a natural 'deen'. Whereas it lauds the man, who although in

a position to revenge himself, but refrains from doing so. However, keeping in view the human nature, permits him to revenge him, when outraged against; but only to the extent to which he is injured or wronged — an eye for an eye, a tooth for a tooth and so on. But high is the compensation with which Allah will reward him, if he forgives and forgets: Thus two courses are open: one for him who cannot control one's revengefulness and vindictiveness; and the other for him who is patient and contented and is inspired by higher and nobler values, instincts and considerations. But are there many who can gladly offer the other cheek, if slapped on one. The Holy Prophet (S.A.W.) himself demonstrated, what he practised and gave an unparalleled example of his sublime behaviour at Taif, where he went to preach and was ridiculed by two chieftains, who, not content with their mean and despicable behaviour, sent after the Holy Prophet (S.A.W.) some ruffians and urchins who pelted stones and rocks at him to such an extent that his shoes were filled with blood. (A full account of this vile behaviour appears elsewhere in this book). But instead of invoking a curse on the callous miscreants, he prayed to Allah to guide them and to give them an insight to enable them to differentiate between good and evil. Only a short time later, when the same chieftains went to the Holy Prophet (S.A.W.) to make a treaty of peace, he treated them with kindness and regard. A similar demonstration of the blessed behaviour was seen on the occasion of the victory of Mecca, where the Quraish had subjected him and his companions to merciless torture and misery. He generously forgave all the mischief mongers and gave a general amnesty to all of them. Can our so-called civilized and modernised world produce a single example of such a high conduct. The behaviour and conduct of the big and small powers during the last world wars are still fresh in the memory of the people and make us hang our heads in shame. Even today the lessons of justice, morality, fair play and tolerance being taught to their satellites and weaker nations, by most of the big powers, make us shudder with pain and agony. If they persist in their present short sighted

policy of mutual destruction. The day is not far off when this good earth would be reduced to shambles and heaps of ashes.

Amongst the most essential pre-requisites of a peaceful life in this world, justice occupies the most prominent position. For this reason, Islam has laid very strict and rigid rules for the observance of justice. But the world, as a whole, is drifting towards lawlessness or the rule of the jungle. Imposing law courts, produly depict balances symbolising dispensation of justice without fear or favour. But actually the incessant legal proceedings are an exercise in hair splitting and interpretation of complicated legal jargon, in which each side tries to mould intricate points of law to its own advantage. This involves an endless series of argumentation and counter argumentation, which often, instead of clarifying the case, enshrouds it in the cobwebs of doubt and uncertainty, which can easily transform innocence into guilt and offence into piety. Similarly in international affairs, justice has become a travesty. A powerful nation, under the excuse of assisting a weaker neighbour, flagrantly grabs her, with impunity, without any compunction or digs powerful talons into her body politic; thus has a stranglehold on her and justifies it too. But if any other power resorts to exactly the same 'police action' the former grabber raises hell against the brother grabber. Thus in our own time justice has acquired a new meaning. What is just for a big power, is not just for a small nation.

No amount of coaxing, threats, or propaganda could be of any avail, unless a full fledged and joint action is taken against such high-handedness. But why should any one thrust his arms into fire for another's sake. Islam, however, stands for complete and meaningful justice for everyone — high or low; master or slave and man or woman — all are equal in the eyes of Islam. The injunction of Islam is that no amount of enmity or hatred against anyone, should deter a person from treading the path of justice and righteousness.

Although it was against the spirit of justice and religion, the Jews had, somehow improvised the custom of killings the

slaves of big masters and noblemen who were found guilty of murder. But the Holy Prophet (S.A.W.) emphatically condemned the mal practice and reiterated that all — whether big or small — were equal and whoever was guilty should be punished and none else should be made to suffer in his place. Islam strictly prohibits any favour to be shown to a near or dear one and giving of incorrect evidence, even if it goes against him. It goes to the extent of even forbidding equivocating or twisting of words, which might render an evidence doubtful. Similarly Islam provides guidance in other such essential matters.

The most important and distinctive feature of Islam is its universality. The other prophets who came before Islam, were mostly for particular countries, areas, cities or even villages. Similarly their teachings were for certain periods, tribes or generations. Although their teachings were, in general, the same, some of the religious practices and tenets were also confined to particular people and time. But Islam came to guide the entire mankind and for all times to come. No other prophet shall now come. It is, therefore, now the duty of all the Muslims, particularly the scholars of Islam, to take the message of Islam to all mankind and do all that is humanly possible to disseminate the message of Islam, so that no one may put forward the excuse that he did not receive the message, before Allah on the Day of Judgment. It is also incumbent on every man and women to see for himself what is right and wrong. As stated earlier there is only one and one way which leads straight to Allah. Allah in his infinite mercy and compassion, has bestowed us with wisdom and faculty to distinguish between good and bad; evil and virtue. He has shown us the way and provided guidance; but He does not coerce us to follow the way He has indicated as right. It is for man himself to choose either the correct path or to follow the wrong road. On his own choice depends his salvation or punishment in the life to come. Let all men, whoever they may be, whatever country or nation they belong to, whatever language they speak, whatever their colour and to whatever strata of society they

may belong to, come forward and think over this most important matter without prejudice, bigotry and predilection, with a sincere, just and clear mind. If one proceeds in this spirit of genuine exploration, Allah shall guide one to find the right course of action. Obviously Allah did not send us to this world to grope in the dark. He sent His Prophets (A.H.) to provide guidance for us. The teachings of the last Prophet Muhammad (S.A.W.) and his conduct and actions provide us with a beacon light, to put all our moral and temporal affair on an even keel. His blessed behaviour and example are before us. It is for us to study his noble precepts and to order our lives accordingly.

The entire life of the Holy Prophet (S.A.W.) is like an open book before the world. No phase of his life, from birth to death, whether private or public, is hidden from the searching look of man-kind. Every minute of his life has so meticulously, accurately and scrupulously been preserved that no critic can detect any gap any where. Voluminous records, copious papers and traditions have been written and are being written about even the smallest details of his life. Never has so much been written in respect of any one else, however, great and important he might have been. Even the dates and time of most of the events of his life are available. John Devonport in his book entitled '*Apology for Muhammad* and Qur'an acknowledges this fact and testifies that it is an incontrovertible reality that of all the famous personalities of the world, nobody could be named whose life history is available with as complete and authentic details as that of the Holy Prophet Muhammad (S.A.W.).

Just as Allah Himself arranged to preserve not only the original text of the Holy Quran, but each dot and dash thereof also; the life history of the Holy Prophet (S.A.W.) and his spoken words are safe in the annals of history. The reason is simple to understand, and it is that the Holy Quran is the last book revealed for the guidance of man, till the day of Resurrection and the Holy Prophet (S.A.W.) the last prophet sent to this world to give a practical demonstration of the teachings of the Quran.

In order that the message of Islam should reach all the countries, nations, tribes and peoples, the Holy Prophet (S.A.W.) went to different parts and places of Arabia and to the contiguous regions to preach Islam. He addressed letters to the Kings, rulers and Governors of the adjoining countries, Chieftains of a number of tribes and clans and leaders of different sections of the people, inviting them to give up evil ways and to embrace Islam. He also issued a number of injunctions and orders to various groups of society and entered into agreements and treaties with the Quraish, Jews and different tribes. Although these letters, treaties, injunctions and papers constitute as important a part of the life history and work of the Holy Prophet (S.A.W.), his teachings and other facts of his life; most of them, unfortunately, remained unnoticed and obscure for a long time. Efforts were made to trace them out and to bring this invaluable treasure to light. The western world is still not very familiar with these letters and papers.

An open-minded study of the letters, etc., would reveal the unique type of the mental, ideological and idealistic revolution which was brought about; the matchless principles which were formulated to raise the moral and social standard of the humanity at large and the righteous path which was demarcated for civilization and culture. They also indicate the extent and limits within which human urges and demands could be met. This superb and exalted education and training was destined to transform the world's most ignorant, backward and uncultured nation to the most learned, cultured, pious, virtuous and humane society.

The letters and papers of the Holy Prophet (S.A.W.) are of four categories. The first are the treaties, agreements and pacts concluded with the different tribes, clans, Jews and Quraish. The Second are the letters written to emperors, kings, rulers, vicegerents, and Governors; the third are the letters and injunctions sent to the leaders of tribes, chieftains and heads of clans, and the fourth are the orders, injunctions, deeds issued to the heads of tribes, groups and individuals. These have been presented in four separate Sections.

It seems pertinent to explain, in this connection, that the treaties, agreements and pacts were entered into, not only to safeguard the Muslims from troubles and disputes, but in the interest of establishing an atmosphere of universal peace and tranquility, in which everybody is given complete freedom of thought, expression and taking independent decisions. This clearly demonstrates that the foremost objective of the Holy Prophet (S.A.W.) was to establish peace and tranquillity. No doubt he gave a grand exalted, noble and inspiring lesson to the world. The treaties and pacts are, in fact a declaration of peace, freedom, equality and justice. Through them the Holy Prophet (S.A.W.) gave the non-Muslim citizens their fundamental or basic rights. These have in reality, the status and standing of most elementary and firm basic political principles, from which laws and regulations for the non-Muslims were subsequently formulated. Another very important aspect which stems out from these treaties, is they give a good idea or an estimate of the esteemed conduct, behaviour, habits and thinking of the Holy Prophet (S.A.W.) and Islamic way of worship, tenets, legal and constitutional problems and the novel civilization of Islam whose foundations were being laid at that time. These clearly indicate what international and universal brotherhood, amity and unity really is.

Treaty of Madinah
~~As stated earlier, the Holy Prophet (S.A.W.) was the first man to give the world a written constitution in the shape of the Treaty of Madina. It has been mentioned that the Holy Prophet (S.A.W.) migrated to Madina, which was thus far called 'Yasrib' in the 13th year of his prophethood, when the Quraish made, his stay and that of his followers, almost intolerable. Thereafter, Madina began to be called 'Madina-tun-Nabi' (City of the Prophet): and it assumed the form of a City State. The city was declared Haram (Heaven of Safety), where killing and looting is absolutely forbidden, like that of the Haram-e-K'aba.~~

At that time, besides the two tribes of Ansar known as 'Aus' and 'Khizraj' there lived a number of Jewish tribes in Madina. In the vicinity of the city, there lived three tribes

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of Jews known as Banu Qainqa', Banu Nazeer and Banu Quraiza. They had built strongholds and fortresses there. Banu Quraiza always sided with 'Aus' in fights and Banu Nazeer helped Khizraj. The two tribes of the Ansar always remained at war with each other. The Jews who used to sell arms to both the tribes, desired that the Ansar should always remain disunited and weak. After the migration, a large number of people from amongst the Ansar of Madina accepted Islam. The Holy Prophet (S.A.W.) united them. Obviously the Jews did not like this. Besides, the Quraish of Mecca, with whom the Jews were on good terms, incited the latter to violence against the Muslims and they further stated that they were preparing to invade Madina. The Muslims, therefore, felt very insecure. Therefore, the first matter attended to by the Holy Prophet was to regularise the relationship between the Muslims and Jews. He, therefore, entered into a treaty with the Ansar and Jews and thus the Treaty of Madina came into existence.

In the present day world, the different countries and nations have forged before them formidable barriers of hatred, bigotry, false pride and enmity arising out of narrow-minded nationalism. This is in reality the root-cause of most of the ills which are turning the present day world into a veritable hell. The defunct League of Nations and the present United Nations Organisation, despite much fanfare of publicity and propaganda, and colossal expenditure, have been absolutely ineffective in uniting the different nations. The world has, therefore, much to learn from Islam which means peace and tranquillity. Islam absolutely discards narrow-mindedness, arrogance, false pride, avarice, injustice, tyranny, oppression and self-aggrandisement. In the eyes of Allah respectable and dignified is he who fears Allah most. And fear of Allah means complete submission to the Will of Allah, which again means establishment of peace, justice, human brotherhood and dignity, amity, equality, love for all and hatred for none. The holy letters, etc., were written in that spirit. They are therefore, redolent of sympathy, compassion and good-will for the addressees. The end in

view was to save mankind from peril and ruin in this world and the next world. It is now upto mankind to accept the word of Allah and save themselves or to spell their own doom.

The Holy letters are written in a very simple, factual, realistic and forceful language, and are completely devoid of rhetoric, verbosity and superfluity. Yet they are impressive, convincing and are a heart to heart communication. The addressees were invited to give up what was wrong and to accept what was right — the way of Islam. The letters clearly manifest profound truthfulness, honesty, firmness and conviction and deeply impress the heart and soul. At the same time, they are to the point, brief and succinct. A miraculous quality of the letters is that even after a passage of thirteen centuries they still retain their freshness, brilliance and beauty, which cannot fail to appeal direct to the human mind. They are simple, yet forceful. The sentences are short and pithy. It seems as if a galaxy of glittering jewels has been infused in them. Few masterpieces of literature could equal the beauty, simplicity and brevity of these holy writings. They are thought provoking.

The prominent features of the writings are:

- (a) The letters, ~~etc.~~ invariably begin with "*Bismillah-hir-Rahman-nir-Raheem*". (In the name of Allah, the Compassionate, the Merciful).
- (b) The letters then indicate that they were from "*Muhammad (S.A.W.) Prophet of Allah*".
- (c) Thereafter, the name or names of the addressees, ~~alongwith their Surnames~~ appear.
- (d) The letters open with a sentence either in praise of Allah or an invocation for His mercy.
- (e) Then follows the subject matter of the letters in brief, to the point, forceful and highly cultured sentences.
- (f) At the end appears the seal) with the word Allah at the top, and just below it is the word "*Rasul*" and beneath it comes the name of the Holy Prophet "*Muhammad*" (S.A.W.).

Of the letters, which the Holy Prophet (S.A.W.) wrote to the rulers of the neighbouring countries, five have thus far become available in original. These Holy epistles were addressed to the King of Ethiopia, Ruler of Egypt, Emperor of Iran and Governor of Bahrain. Photographs thereof have been reproduced at the appropriate places. Late Emperor Haile Salasi is reported to have shown the letter written to the King of Ethiopia to a Muslim delegation after taking it out of his treasury.* The letter is written on parchment thirteen inches long and nine inches wide. There are thirteen lines in it, written in brown ink. However, "Bismillah" and the seal are not clearly visible. (It may be mentioned here that the text of the six letters which have thus far been found is exactly the same as is given in the books of 'Traditions'. Even if there is any slight or verbal change of any word, the meaning remains unaltered.)

It may not be out of place to point out that the traditions are of two kinds namely literal, or verbatim, i.e. the traditions in which the words are exactly the same as were spoken by the Holy Prophet (S.A.W.). The other kind is in which the *ravis* (narrators) relate the exact sense of the traditions in their own words. The conformity and identity of the texts of the Holy letters found from different sources, with the texts found in the Traditions, prove that the letters have reached us with exactly the original texts. The accuracy of the texts also bears a reliable testimony to the fact that the narrators of traditions were endowed with unparalleled memory. This is borne out by the texts of the letters and traditions which are the same word for word — as have been used in the books of the Traditions and biographies of the Holy Prophet (S.A.W.) during the last fourteen Centuries. Even if there is any minor difference of words, the meanings are the same. Besides proving the faultless faculty of the narrators of traditions to recollect and recapture the Holy words of the Holy Prophet (S.A.W.), it

* *The Political Life of the Holy Prophet (S.A.W.)* compiled by Dr. Hameedullah (pp. 169—182).

also goes to testify the extreme vigilance and watchfulness exercised by them in relating the traditions. Even very long 'Ahadees' (traditions) were safe in their memory.

There is another important factor which ensured the veracity and absolutely correct communication of the traditions to posterity. The Muslims evolved and developed a highly scientific and rational technique of 'Asma-ur-Rijal' (Biography). The first principle of the technique is called 'Riwayat' according to which whatever account is 'given' should be stated by the person who himself saw it or participated in it. In case he himself was not an eye witness he should link the names of all the narrators *seriatim* upto the narrator who participated in the event. Then it should be assured what sort of people, the narrators were? What was their profession or hobby? Of What sort was their character and conduct? How strong was their memory? What was the level of their intelligence and power of understanding — whether profound or superficial? Whether pious, God-fearing and reliable? (Seerat-un-Nabi by Shibli Noman, vol. 1, p. 37) Whether they were scholarly or illiterate? Whether they were well-known for their truthfulness or did they ever lie? It may be pointed out in this connection that the biography of the Holy Prophet (S.A.W.) began to be recorded approximately a hundred years after his prophethood. Therefore, the authors of his biographies had no authentic recorded material, but only verbal narrations; to help them. In such circumstances any other writer usually falls back on any material he is able to collect, most of which is hearsay or gossip, without caring from whom it originated. Subsequently such record takes the shape of history. Most of the historical writers of Europe were wont to adopt — this easy line.

The Muslims, however, proceeded with a great caution and discarded all unreliable material. They laid the foundation of true biography, which still remains unparalleled. As stated above, the first principle which they firmly followed was that of 'Riwayat'. In case they found any of the narrators unreliable, they rejected the reported material.

To ensure complete reliability, biographies of the narrators were meticulously prepared from very authentic, reliable and firm sources. Thanks to this technique, life sketches of hundreds of thousands of narrators are known to us. According to the learned Doctor Springer of Germany, accounts of five hundred thousand were recorded. The learned Doctor candidly admitted that there has not been any other people, who discovered such a technique, which could have made it possible to know the historical records of such a huge number of men. These records are not a mere collection of undependable data, but a result of thorough investigation. The character of each narrator was studied theradbare, without fear or favour.

The second principle which was also firmly kept in view is known as "*Dirayat*", which means that whatever was related or narrated was in conformity with commonsense or in other words, if it was rational at all. If any event, occurrence or matter was considered to be against commonsense, reason, experience and not in conformity with the dictates of wisdom, or accepted practice it was rejected outright. This principle was also enunciated in Sura-Hujrat of the Holy Quran which states, "Oh! you who believe! if some mischief monger brings to you any tidings, you should thoroughly ascertain its truth, lest you should harm any tribe through your folly and thereafter you may have to regret your action" This was the basis of the compilation of the Traditions. However, high a narrator's position might have been, his words were subjected to closest and strictest scrutiny.

In the letters being presented in this book, there are frequent references to *Iman*, *Salat*, *Saum*, *Zakat*, *Ushr*, *Khums*, *Hajj*, *Tauhid*, *Diyat*, *Fidya*, *Umra*, *Jiziya*, *Haram* and *Sadaqa* and *Khairat*. It seems necessary to explain the meaning and implication of these terms briefly.

Iman: As regards the first five terms, it may be pointed out that these constitute the foundation of Islam. The first

* *Scerat-un-Nabi*, vol. I, p. 37.

and foremost of these is *Iman*, which means a firm and unshakable belief in (1) Allah, (2) His Angels, (3) His Prophets (4) His Books and (5) Day of Judgment — the day on which virtues and good actions shall be properly paid for and sins and evils duly punished. It is absolutely essential to believe in all these with a firm heart and to affirm it by word of mouth, as no good actions could take place without these beliefs.

Belief in Allah means that Allah is One and He is the Sole Creator and Master of this world. He is aware of what we do, whether openly, or secretly. We should, therefore, do what is right, not only overtly, but also covertly. This is possible if the belief is real and firm and is the solid basis of all that is good and virtuous.

Belief in Prophets (A.S.) is also inevitable as the guidance and commands of Allah are received through them. Besides they are a symbol of purity and piety, and through their good actions and virtuous behaviour, present a superb and sublime example of conduct.

As regards the Holy Books or scriptures these are meant to convey the commands and guidance of Allah in writing. This makes the belief in the Holy Books essential. In the absence of this, there are no other means of knowing the Prophets and the commands of Allah.

The last constituent of *Iman* is the belief in the Day of Judgment. The next world is the inevitable corollary to this world, which alone would have been devoid of any meaningful purpose. Had there been no recompense or punishment for actions in this life, there would not have been any incentive for good work or good behaviour. Human nature is such that if a man does something virtuous, he expects a return for it. Similarly if he performs an evil, he and his conscience fear a punishment in return. This fear or conscientiousness makes him realise his duty, to do what is right and to keep away from evil. It, thus, follows that without a belief in the Day of Judgment, it is not feasible to put the work of the reformation and betterment of society on an even keel. Islam, therefore, places a great emphasis on

this aspect of belief.

Salat: Salat or prayer in Islam differs from worship in other religions and has a peculiarity of its own. In 'Salat' the Almighty is praised and His help, guidance and kindness solicited. 'Salat' is also an expression of complete humility and submission to Allah. A Muslim stands before his creator in all humbleness, bows before Him and finally prostrates before Him, in token of fullest submissiveness to Allah. Prayers have to be offered in congregation five times a day, at the proper time — before sun rise, in the after-noon, before sunset, after sunset and in the beginning of night.

Salat not only keeps alive in man's mind the idea that he is subservient to Allah, but puts his life on a regulated schedule; keeps him clean and tidy, creates a sense of responsibility in him and strengthens his morality.

Saum: Saum or fast is not peculiar to Islam only, but it has remained an essential part of other religions too. The ninth month of the Islamic calendar — Ramazan is the month of fasting. The duration of the fast is from before dawn till sunset. During the fast one has to observe complete abstinence from eating, drinking, sexual indulgence and all sinful and evil acts. Even petty quarrels and show of bad temper, peevishness and anger is prohibited during the course of the fast. The exercise begins with the first day of Ramazan and ends with the last day of the month. Fasts create in him strict sense of discipline, patience, contentment and purity. Besides creating in him a sense of obedience to Allah, they produce a realisation that Allah sees all his actions and this is what keeps him away from any transgression of the holy restrictions, even when he is alone and nobody is seeing him.

Zakat: Zakat or payment of poor-due is a very important component of Islam. After 'Iman', it stands next to Salat in importance. In the Holy Quran, it is mentioned along with 'Salat'. The reason is that whereas 'Salat' is, the most important component of the 'Rights of Allah', Zakat constitutes an essential part of the 'Rights of Man'. The literal meaning of 'Zakat' is purity and growth, because it

cleanses or purifies the heart and mind of the one who pays 'Zakat' and develops virtues in him. The main object of 'Zakat' is to help the needy and the indigent and to provide them with necessities of life. Zakat is thus the share of the poor in the wealth of the rich. It is, however, obligatory on the payer of Zakat that he should not do it for the purpose of a show and that he should not make the receiver of the Zakat feel as if he is putting the latter under his obligation. The rate of 'Zakat' in a year on accumulated wealth, ornaments and trade goods is two and a half percent. On irrigated land *Khums* (five per cent) and on non-irrigated land 'Ushr (ten per cent) of produce is payable as 'Zakat'.

Zakat can be paid to the poor or indigent, paupers, collectors of Zakat, moneyless passengers, debtors, persons or institutions propagating Islam or for benefitting common people, relief from slavery and bondage and to pay money to people as an incentive to accept Islam and stopping opposition to Islam.

The institution of Zakat lays stress on the fact that all that a man earns is not merely the result of his labour or talent, but is a gift of Allah Who through a number of ways and means helps man to earn what is destined for him. This leads to the conclusion that the wealth earned should be shared with others. The real purpose behind this is that wealth should not accumulate in the hands of a few, but should be shared by all. The Islamic welfare state at Madina, organized the work of the collection and distribution of Zakat in such an excellent and efficient way that after some-time, the payers of Zakat were to be found on all sides, but it was difficult to find out the receivers of Zakat. Can any of the socialist or communist systems stand a comparison with it?

Hajj: Hajj literally means intention of pilgrimage of Ka'aba. Islam makes it obligatory on every adult of means, to perform Hajj once in his life-time. Any one who despite having means of performing Hajj, does not do so, belies by his action, that he is a Muslim. When Ibraheem and Ismail (A.H.) constructed Ka'ba with their own hands, about four

and a half thousand years ago, they prayed to Allah to raise such a group from their descendant, as would be obedient to Allah. This meant that the work which was initiated by them, would be completed by some one from his children. The Holy Prophet who was the descendant of Ismail did this work.

An intending Hajee (Pilgrim) has to wrap himself in two unsewn sheets of cloth, preferably white. Thus he presents himself to Allah in the garb of a medicant, devoid of any toilet or show and as his humble servant. On the 9th of Zilhaj, millions of Hajees collect at Arafat in this dress as Muslims to solicit the forgiveness of Allah. It is a unique demonstration of the brotherhood of Islam. The people of different nations take off their national dress and don only one type of dress and on their lips is the slogan of *Labbaik Allahumma Labbaik* (here I am, Oh Allah here I am) which they raise incessantly, as if in a state of ecstasy and self-abnegation. It is, in fact, a declaration that all the Muslims belong to a single and unbreakable bond of the nationality of Islam. It is the creation of the cosmopolitan spirit, which the world stands in need of most at present — the need for moulding a brotherhood free from all distinctions of caste, colour, language, and narrow-minded nationalism. Islam provides a complete answer to that crying need.

Tauheed: (Oneness of Allah). As stated above, the whole structure of Islam, its system of faith and 'Iman' is based on a firm belief in Oneness of Allah i.e. Tauheed, which means none except Allah is worthy of worship and that He is the source or creator of all that exists in the universe. This not a mere belief but a solid fact of life and has a far-reaching influence over the entire human life. As long as a man believes in many gods or super-natural powers, he feels as if he is hemmed in on all sides, by forces of evil, oppression, affliction and harm. He is afraid of them and tries to appease them, by bowing before them. Once he has acquired a firm faith in One Creator, he is rid of that fear and develops in him self-respect. He begins to realise that

all power is in the hands of Allah and none else. He then develops in him a spirit of submission and humility and gives up despondency, dejection and hopelessness. In Islam to lose all hope, is a sign of disbelief in Allah. A true believer is always patient, persevering, firm, and resolute and avoids flattery, hypocrisy bribery, avarice, greed and conspiracy.

Diyat: (Ransom money). If some one commits a murder, he is put to death as a punishment. However, if the next of kin forgives the murderer and agrees to accept compensation or blood-money, the murderer is made to pay a fixed amount of money, called *Diyat*. *Diyat* has also to be paid for the loss of any limbs as well. Different compensation has to be paid for different limbs.

Fidya: (Expiration). *Fidya* is the money paid to get free a slave or prisoner or a compensation for a sin, etc.

Umra: 'Umra', like 'Hajj' is a pilgrimage to Ka'aba, but is a little different from Hajj. In 'Umra' there is no stay in 'Mina' or 'Arafat' and no sacrifice has to be offered. Besides, whereas there is a fixed time for Hajj, there is no fixed time for Umra, which can be performed at any time. Hajj is obligatory but Umra is not.

Jiziya: *Jiziya* is a defence tax, which the non-Muslim citizens of a Muslim state have to pay for the exemption from defence service in an Islamic state, and to cover the cost of the protection of their life and property and maintenance of peace and tranquillity. In Iran this tax which was called "Gizeet", was being collected since ancient times.

The opponents of Islam, who have been very particular not to allow any slightest opportunity to slip by to slander Islam, without a rhyme or reason, have taken great pains to make capital out of *Jiziya*. Although there is hardly any need to put out a justification for it, some of the Muslim writers, particularly historians have tried to put up an apologia in defence of this very reasonable tax. The matter, however, calls for a clarification for those who are unbiased and those who desire to know the real and hard facts of the matter.

Non-Muslims usually raise the objection as to why

non-Muslims alone were forced to pay the tax. As will be seen from what follows, the objection is malicious and simply meant to poison people against Islam.

Who would deny the fact that it is the first and foremost duty of every government to protect the life and property of all the citizens and to maintain peace. To provide this protection, money is needed and it has to come from the people. In all the highly developed and advanced countries of the world, the people have to bear the burden of heavy taxes for the day to day expenses of administration.

Islam has imposed a number of taxes, and 'Zakat', which a Muslim has to pay. Zakat amounts to two and half percent per annum on accumulated wealth, ornaments and trade goods, as stated earlier, and must be paid. Neither can the payment of Zakat be waived, nor can its amount be reduced in any circumstances. Besides, a Muslim has to make Sadaqa and Khairat (Charity). Once a query was made from the Holy Prophet (S.A.W.) as to how much should be given out by way of charity and Allah through His Holy Messenger informed that the people should spend whatever is extra to their needs. A Muslim man of means must pay sadaqa-e-fitr on the occasion of the end of Ramazan on behalf of all of his children and wife. On Id-ul-Azha he has to offer sacrifice of a goat, etc., and has to distribute meat to indigent people, as well as his relatives. A Muslim has thus to pay a considerable amount of money by way of 'Zakat' and 'Sadaqat'. But a non-Muslim has to pay only a paltry sum by way of Jiziya. The highest amount which the richest non-Muslim has to pay comes to about 48 dirhams annually. (*Kitab al-Kharaj* by Qazi Abu Yusuf, and chapter on Jiziya, *Durre Mukhtar*). But this amount had to be paid by the one who had at least ten thousand dirhams in his possession or less than half a percent. Dirham, it may be explained, was a small coin of silver which is equal to about a quarter rupee in Pak. currency or 2 US. cents. The entire amount of Jiziya payable by the richest non-Muslim came to about one U.S. dollar. As against this petty sum, Zakat alone payable

by an equally rich man amounts to five US dollars. Other 'Sadaqat' are in addition to it. Then again whereas the small sum mentioned above is the maximum Jiziya payable; the amount of Zakat increases with the increasing amount of wealth. Thus there is no maximum limit of Zakat. Also the aged, children, women, the poor, the crippled, men rendering military service and religious leaders are exempted from the payment of Jiziya. But there are no such exemptions in the case of Zakat. Everybody possessing wealth must pay Zakat.

The facts mentioned above go to prove without an iota of doubt that the payment of Jiziya did not at all involve any injustice, high handedness or any bigotry, as has been made out by many Christian authors. Nothing could be farther from facts or justice. As a matter of fact a more lenient, righteous and tolerant treatment could hardly be expected from any other religion excepting Islam. One wonders how bias and bigotry can transform a really virtuous quality into an evil!

Haram: Haram is an area or place, in which every thing acquires a sacred status. The grass and tree of that place cannot be cut; birds and animals not preyed upon or killed and no blood shed there. All those who go there are treated as if they have been given refuge during their stay there, even if they are criminals.

Sadaqat & Khairat: These terms stand for charity in general, which a Muslim is expected to perform, in the service of humanity, irrespective of any distinction of religion, caste or creed. There is a definite injunction in Islam, not to rebuke a beggar, however adamant he may be, but to ask for forgiveness, if one is unable to give any alms. Even polite and kind words come in the category of 'Sadaqa', in the eyes of Allah.

It would be appropriate to point out that the Holy Prophet (S.A.W.) wrote the first letter to the King of Ethiopia from Mecca, at the time when the second batch of Muslims migrated to Ethiopia, due to unbearable and inhuman oppression of the Quraish. The period of letters can be divided into two. The first period of the letters is from 8th year after Prophethood and the second from the

beginning of the Treaty of Hudabiyya.

In the letters to Jews and Christians, the Holy Prophet (S.A.W.) generally laid stress on Oneness of Allah and on the fact that no human being howsoever big, great or powerful, could ever be equal or partner of Allah and therefore, not worthy of being worshipped or related to Him in any way. He (S.A.W.) also impressed on them to give up all matters in which there was a difference of opinion and to agree on to the thing which was acceptable to them as well as to the Muslims. In the letters addressed to infidels or unbelievers the Holy Prophet (S.A.W.) emphasised that the idols were absolutely devoid of any power or action and that all power belonged to Allah.

A close study of the agreements and pacts would reveal that they were executed in a spirit of reconciliation, friendliness, good-will, justice and honesty. The Quraish insisted on the inclusion of clauses which were apparently repugnant to the Muslims in the pact of Hudaibiyya. The Holy Prophet (S.A.W.) agreed to them, although his companions were not happy with the conclusion of the pact on terms which appeared to be derogatory to the Muslims, particularly clause 4, which laid down that if a Muslim fell into the hands of the Quraish, they would detain him, but if anyone from the side of the Quraish was captured by the Muslims, he would be returned to the Quraish. The companions, however, showed complete obedience to the Holy Prophet (S.A.W.). Here was a real test of the Holy Prophet (S.A.W.), who was a real seer and who could foresee what an ordinary man could not. His prescience could clearly perceive the future and he showed extreme prudence in accepting the terms of his opponents. He was the harbinger of peace and therefore chose the path of peace and not conflict. He had full confidence in his followers and could foresee that if any of them was taken prisoner by the Quraish, he, by his high conduct and character, would exert benign influence on the unbelievers and this is what actually happened. In reality it was a grand victory for the Holy Prophet (S.A.W.) and Allah the Gracious called it "Clear or open victory" in the Holy

Quran. The treaty was thus a source of considerable benefits and successes for Islam in the near future. The biggest achievement of the treaty was that subsequently the Muslims and unbelievers came much closer and this resulted in an intimate association between the two. This developed into near relationship and exchange of ideas and views. It was but natural that they began to lean towards Islam and its high values. The logical consequence of all this was that within a short duration of two years, a large number of people got converted to Islam. It is stated in volume 2 of the History of Tabari (Episode of Hudaibiyah) that the number of people who accepted Islam during this period, far exceeded the number who became Muslims during the long period of the past 18 years.

It would also be noted that most of the Holy letters were extremely effective. The letter which was written to Khusro Perwez enraged the latter as he considered himself a demigod. The kingdom of Khusro Perwez was vast and his wealth unbound and splendour of his palace fabulous. He could hardly imagine if a common man, whom he considered as his subject could write his own name before the name of the emperor and could dare ask him to accept Islam. He got so furious that he tore up the letter and roared "How a slave of ours dare address us a letter in this way. The Governor of Yemen should be ordered to get hold of him and send him to our court". The Messenger of the Holy Prophet (S.A.W.) was bold enough to address the emperor and his courtiers and to point out to them that there were bigger Kingdoms than their kingdom, which was a small piece of Allah's land and of which they were so proud. He also made it clear that a righteous call could not be suppressed by their humiliating conduct. He then left the court and on his return related the incident before the Holy Prophet (S.A.W.) who observed that (just as the letter was torn) the Kingdom of Kisra would get torn within a few years, the great Kingdom shattered in pieces. (*Tabari's History*).

As stated above, Khusro Perwez had ordered 'Bazan', Governor of Yemen to arrest the Holy Prophet (S.A.W.) and

to present him at his court. Bazan deputed Baboya and Khar Khasra to Madina to execute the orders. The two appeared before the Holy Prophet (S.A.W.) and with due respect and stated that Emperor Khusro had sent for him. He further clarified that if the orders of the Emperor were not complied with, the latter would destroy him (the Prophet) and his country. The messengers of Bazan were taken aback when they heard the Holy Prophet say, "Destiny has turned the tables on your King. Khusro has been murdered by his own son Sheroya. You take the news to your master. Also inform him that he would soon come to know that the Islamic State would extend to the Capital of the Kingdom of Kisra".

If so happened that Caesar defeated Khusro and the Byzantine forces reached close to the capital of Iran. At that time trouble broke out in the family of Khusro, who was taken prisoner by his son Sheroya. It is stated in Tabari's History that Sheroya murdered his father in the night of the 13th Jamadiul Awwal of 7th Hijri i.e. 628 A.D. The messengers of the Governor of Yemen were highly impressed by what they saw of the high character and conduct of the Holy Prophet (S.A.W.), his extremely simple way of living and that of his companions. On reaching Yemen, they related their impressions and the prediction of the Holy Prophet. Bazan, too, was highly influenced by these talks and he said, "By his talks, he does not seem to be a wordly King, but certainly a prophet of Allah. Still we should wait and ascertain the prophesy".

When Baboya and Khar khasra returned to Yemen, Bazan received a message from Sheroya that Khusro had been murdered on account of his highly tyrannical acts. He also directed that the Arabian Prophet (S.A.W.) should not be interfered with. Ultimately Bazan was convinced of the truthfulness of the Holy Prophet (S.A.W.) and he entered the fold of Islam, along with a large number of his people. *(Tabari's History, vol. 3, page 91).*

Despite the fact that the Holy letter addressed to Khusro Perwez was torn by him, it is a miracle that it resisted

obliteration for over thirteen hundred years. It seems when Khusro tore and threw it away, somebody, picked it up and gradually it found its way to the collection of a christian family of Lebanon and was ultimately discovered by the former Foreign Minister of Lebanon, Henry Pharaoh. The researchers who minutely examined the letter confirmed that it was the genuine letter written by the Holy Prophet (S.A.W.) to Khusro Perwez.



Part I

TREATIES, PACTS AND AGREEMENTS

1. THE TREATY OF MADINA

In the name of Allah, the Compassionate, the Merciful

1. This agreement of Allah's Prophet Muhammad (S.A.W.) shall apply to the migrants, Quraish, the citizens of Yasrib (Madina) who have accepted Islam and all such people who are in agreement with the above mentioned bodies and side with them in war.
2. Those who are a party to this agreement shall be treated as a body separate from all those who are not a party to this agreement.
3. The Quraish migrants are in themselves a party and as in the past; shall be responsible for the payment of blood-money on behalf of their criminals and shall themselves get their prisoners freed, after the payment of ransom. All this process shall be in accordance with the principles of belief (Iman) and justice.
4. Bani Auf shall be responsible for their own tribe and shall jointly pay their blood-money in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.
5. Bani Al Haris shall be responsible for their own tribe and shall jointly pay their blood-money in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.
6. Bani Sa'ida shall be responsible for their own tribe and shall jointly pay their blood-money, in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and

justice.

7. Bani Jusham shall be responsible for their own tribe and shall jointly pay their blood-money, in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.

8. Bani An-Najjar shall be responsible for their own tribe and shall jointly pay their blood-money in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.

9. Bani Amr shall be responsible for their own tribe and shall jointly pay their blood-money in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.

10. Bani Al Wabiyyat shall be responsible for their own tribe and shall jointly pay their blood-money, in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.

11. Bani Al-Aus shall be responsible for their own tribe and shall jointly pay their blood-money in accordance with article 3 and shall themselves be responsible for getting their prisoners freed after paying ransom. All this work shall be completed in conformity with the principle of honesty and justice.

12. If from amongst the Muslims, an indigent person is guilty of an offence, in which blood-money is due or he is taken prisoner and is unable to pay ransom; it shall be incumbent on other Muslims to pay blood-money or ransom on his behalf and get him freed, in order that virtue and sympathy in the mutual relationship of the Muslims may be created.

13. No Muslim shall be hostile to the slave set free by another Muslim.

14. It shall be the duty of the Muslims to oppose openly every such person as creates mischief and riot and troubles human beings or forcibly wants to grab something and resorts to oppression. All the Muslims shall remain mutually united in punishing such a person, even if he is the son of anyone of them.

15. No Muslim shall have the right of killing another Muslim in exchange of an infidel (who is at war) or assist a person who is at war with the Muslims.

16. The promise of Allah, responsibility and protection are all one and the same. This means that if a Muslim gives refuge to someone, it shall be incumbent on all Muslims to honour it; although the Muslim providing the refuge may be a plebeian. All the Muslims are brethren amongst themselves, as compared to others.

17. It is incumbent on all the Muslims to help and extend sympathetic treatment to the Jews who have entered into an agreement with us. Neither an oppression of any type should be perpetrated on them nor should their enemy be helped against them.

18. The truce of all the Muslims shall be one: When there is a war in the way of Allah; none of the Muslims leaving aside other Muslims, shall enter into a peace treaty with an enemy, unless the treaty is one and the same for all the Muslims.

19. All the groups who participate in war along with us, shall be afforded an opportunity to rest by turns.

20. The provision of subsistence to the dependants of the Muslim who get martyred in the way of Allah, shall be the responsibility of all the Muslims.

21. No doubt all the God-fearing and devout Muslims are on the right path and are the followers of the best way of life.

22. Neither shall any non-Muslim who is a party to this agreement, provide refuge to the life and property of any Quraish nor shall assist any non-Muslim against a Muslim.

23. If someone murders a Muslim and there is a proof against

him, the murderer shall be punished. But if the next of kin is prepared to accept blood-money, the murderer could be set free after the payment of blood-money. It shall be obligatory on all the Muslims to observe this injunction without any exception. Nothing other than the prescribed injunctions shall be acceptable.

24. For a Muslim, who after accepting the treaty, has agreed to abide by it and he believes in Allah and the Day of Judgment, it would neither be permissible to create a new thing or practice, nor would it be right for him to have dealings with such a person as does not respect this treaty. Whoever infringes this injunction, the curse and wrath of Allah shall descend on him on the Day of Judgment, and no excuse and request for forgiveness shall be accepted from him, in this respect.

25. When there arises a mutual difference about anything in this agreement, the matter shall be referred for a decision to Allah and Muhammad (S.A.W.).

26. After the treaty, it shall be obligatory on the Jews to render financial assistance to the Muslims when they are at war with an enemy.

27. The Jews of Bani Auf, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

28. The Jews of Bani An-Najjar, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and the Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

29. The Jews of Bani Al-Haris, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting

religious matters, the Muslims and the Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

30. The Jews of Bani Sa'ida, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and the Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

31. The Jews of Bani Hashm, who are a party to this agreement and are the supporters of the Muslims shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

32. The Jews of Bani Al-Aus, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

33. The Jews of Bani Sa'alaba, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

34. The Jews of Bani Jafna, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion and the Muslims to theirs. Excepting religious matters, the Muslims and the Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime,

he shall deserve punishment for his crime.

35. The Jews of Bani Al Shotaiba, who are a party to this agreement and are the supporters of the Muslims, shall adhere to their religion, and the Muslims to theirs. Excepting religious matters, the Muslims and the Jews shall be regarded as belonging to a single party. If anyone from amongst them commits an outrage or breaks promise or is guilty of a crime, he shall deserve punishment for his crime.

36. The subordinate branches of the above mentioned tribes shall have the same rights as are enjoyed by the original branches.

37. None of the treaty makers shall take any military action, without the permission of Muhammad (S.A.W.).

38. No hindrance shall be created in the requital or avenging of an injury or a blow. Whoever commits breach of promise, shall deserve punishment for it and whoever abides most faithfully by this agreement, Allah will help him.

39. If a third community wages war against the Muslims and Jews treaty makers, they will have to fight unitedly. They shall help each other mutually and there shall be mutual goodwill and faithfulness. The Jews shall bear their expenses of war and the Muslims their expenses.

40. It is incumbent on the parties to the agreement to treat each other sincerely and to wish each other well. None shall subject the other to oppression and injustice and the oppressed shall be helped.

41. The Jews shall share the expenses along with the Muslims as long as they fight jointly.

42. The plain of Yasrab, which is surrounded by hills, shall be a *haram* (haven) for the treaty makers.

43. The same treatment shall be meted out to a refugee, to which a person giving the refuge, is entitled; he shall not be harmed. A refugee shall abide by this agreement and he shall not be permitted to break promise.

44. Nobody shall be provided a refuge without the permission of the people of that place.

45. If there is any occurrence or difference of opinion amongst the treaty makers, which might result in a breach of

peace, the matter shall be referred, for a decision, to Allah and Muhammad, the Prophet of Allah (S.A.W.). Allah shall be with him, who abides most by the treaty.

46. None shall provide protection to the Quraish of Mecca or any of their helpers.

47. If Yashrib (Madina) is invaded, the Muslims and the Jews both shall put up a joint defence.

48. If the Muslims make a peace treaty with some one, the Jews shall abide by it. And if the Jews make peace with some-body, it shall be obligatory on the Muslims to extend similar cooperation to the Jews. However, in the case of a religious war of a party, it shall not be the responsibility of the other party to cooperate in it.

49. In the case of an invasion of Madina, every party will have to defend the part which is in front of it.

50. The helpers of the Aus tribe shall have the same rights, as are enjoyed by the parties to this treaty, provided they too show their loyalty. Whoever adheres to this treaty most, Allah is his supporter and helper.

51. If anyone of the parties to this treaty, has to go out of Madina, on account of the exigency of war, it shall be entitled to peace and protection. And whoever stays in Madina, shall also be entitled to peace. Neither shall anybody be oppressed nor shall breach of promise shall not be permissible for him. Whoever will respect this agreement with his heart and will abide by it, Allah and His Prophet (S.A.W.) are his protectors.*

2. PACT WITH THE TRIBE OF JUHAINA

In the name of Allah the Compassionate, the Merciful

1. The life and property of the Juhaina tribe shall be safe.
2. Whoever commits an outrage on them or invades them, they (Juhaina) shall be helped against him.

* *Ibne Hisham* Vol.1, pp. 178-79. *Ibn Kaseer, Al-Bidaya Wal Nihaya*, vol. 3, p. 224-226, and *Al-Wassiq-ul-Siyasiya*, pp. 1-7.

3. However, whatever trouble or war takes place amongst their kith and kin or if it concerns their religious affairs, help therein shall not be necessary.
4. The good and God-fearing people living near these people, shall be entitled to the same rights as are admissible to Juhaina.¹

3. SECOND INJUNCTION OF THE HOLY PROPHET (S.A.W.) FOR JUHAINA

In the name of Allah the Compassionate, the Merciful.

Whoever from the tribe of Juhaina accepts Islam, says prayers, pays the *Zakat*, remains subservient to Allah and his Prophet (S.A.W.) and keeps on paying *Khums* out of the gains of war and declares his acceptance of Islam and keeps aloof from the infidels; he is in the protection of Allah and His Prophet (S.A.W.).

As regards the pawned property; of the payable loans, only the amount of the principal shall be payable, after (the debtor's) conversion to Islam. Interest on the pawned amount shall stand cancelled. As *Zakat* on fruit — one tenth of the produce, shall be payable. Whoever joins these people shall have the same rights and the same terms shall apply to him.²

Allah's
Seal Prophet
Muhammad

Note: When after sometime, most of the people of the tribe accepted Islam, the Holy Prophet (S.A.W.) issued an injunction to these people, mentioning their duties.

4. PACT OF BANU DHAMRA

In the name of Allah the Compassionate the Merciful

This writing is from Allah's Prophet Muhammad (S.A.W.). for Bani Dhamra.

1. *Tabaqat Ibn S'ad*, vol. 3, pp. 64—67.
2. *Tabaqat Ibn S'ad*, vol. 3, pp. 24, 25, 27.

1. These people shall have the security of life and property.
2. These people shall be helped against whoever attacks them.
3. It shall be binding on these people always to help the Prophet (S.A.W.) and whenever the Prophet of Allah sends for their help, they shall give help, but assistance in religious wars shall not be essential.
4. As long as these people adhere to the pact, they shall be assisted.
5. Allah and His Prophet have a responsibility in this pact.¹

Note: A number of such pacts were concluded with the tribes living close to Bani Dhamra. Details could be seen in the *Tabaqat Ibne S'ad* - vol, 3, p. 24. The following pact with Bani Zur'a and Bani Rab'a of Juhaina is of the similar nature.

5. FOR BANI ZUR'A AND BANI RAB'A

1. The life and property of Bani Zur'a and Bani Rab'a shall have security and peace.
2. Bani Zur'a and Bani Rab'a shall be assisted against any person who invades them.
3. But there shall be no interference in their internal conflicts.
4. The pious and God-fearing people living in the vicinity of these tribes shall have the same rights to which the people of these tribes are entitled.²

6. PACT OF BANU GHIFAR

In the name of Allah the Compassionate, the Merciful.

1. Banu Ghifar shall be regarded as from amongst the Muslims. They shall have the same rights as that of the Muslims and Banu Ghifar shall be subject to the same injunctions, as are applicable to the Muslims.

1. *Tabaqat Ibne S'ad*, vol. 3, p. 27.

2. *Ibid.* p: 24.

2. Muhammad, the Prophet (S.A.W.) has entered into a pact to safeguard their life and property and the responsibility of Allah and His Prophet is for it.
3. They shall be helped against such an enemy as invades them outrageously.
4. It shall be incumbent on these people to give help, when it is called for by the Prophet of Allah (S.A.W.). But in religious wars each party shall remain impartial.
5. Whoever contravenes it, this pact shall not stand as an argument (of excuse) for him.

Note: Bani Ghifar Tribe sent a delegation to the Holy Prophet (S.A.W.) and offered to enter into a pact with him. The offer was accepted by the Holy Prophet (S.A.W.) who had a pact prepared. Before entering the fold of Islam, the people of the tribe were highway men and were professional dacoits who looted caravans and tribes. Abu Zar Ghifari (R.A.A.) the well-known companion of the Prophet (S.A.W.) belonged to this tribe.¹

7. TREATY OF HODAIBIYA

In Thy Name O Allah²

1. This is the treaty in which Muhammad (S.A.W.) son of Abdullah has made a compromise with Sohail son of 'Umar.
2. There shall be no mutual war for ten years.
3. During this period, every person belonging to the two parties shall be safe and secure and none shall raise sword against the other.
4. If any person from amongst the Quraish goes to Madina he shall be sent back, but if any Muslim goes to Mecca.

1. *Tabaqat Ibne S'ad*, vol. 3, p. 27.

2. As usual the Holy Prophet (S.A.W.) had "*Bismilla-hir-Rahman-ir-Rahim*" written at the top of the agreement, but due to the objection of Sohail, the representative of the Quraish, "*Bism-e Kallahumma*" was written in its place, according to the custom of Arabia.

he shall not be sent back.¹

5. The tribes of Arabia would be free to enter into treaty from the side of either of the two parties.

6. The Muslims shall return this time and come back next year, but they shall not stay in Mecca for more than three days.

7. They shall not come back armed and shall bring with them swords only, but these shall not be kept out of scabbards and the scabbards kept in bags²

8. PACT OF BANI GHADAYA AND BANI URAIZ

The following pact was made with the Jews of Bani Ghadaya

In the name of Allah, The Compassionate, the Merciful.

From Muhammad, Prophet of Allah —

To the Jews of Bani Ghadaya.

1. Responsibility in respect of the Jews of Ghadaya is assumed.
2. Jaziya has been laid down for these people.
3. These people shall not rise against the Prophet in any way.
4. These people shall not be exiled from their homes.
5. Nothing shall render this pact void.³

Allah's
Seal Prophet
Muhammad

9. PACT OF NAJRAN

In the name of Allah, the Compassionate, the Merciful.

This pact of Muhammad (S.A.W.), Prophet of Allah is for the people of Najran.

1. Although Prophet Muhammad (S.A.W.) had the power to take a share from their produce, gold, silver, weapons and

1.2. This treaty is an outstanding example of the Holy Prophet's extreme caution to fulfil promises. The treaty was in the process of being written, when Abu Jundal son of Suhail, who had accepted Islam, and as a punishment thereof, his father imprisoned him, escaped from the prison and appeared before the Holy Prophet (S.A.W.) in fetters and requested that he should be rescued from the tyranny of the Quraish. The companions were horrified to see his condition. But honouring the treaty the Holy Prophet (S.A.W.) sent him back to the Quraish.

2. *Tabari's History*, vol. 8. 3. *Tabaqat Ibn S'ad*, vol. 3, p. 27.

slaves, he treated the people generously and leaving aside all these things, he fixed for them two thousand *hullas*¹ of the value of one *Augia* each, annually — one thousand (to be supplied) in the month of Rajab and one thousand in the month of Safar.

2. Each *hulla* shall be of the value of one *Augia* and whichever is of more or less value, shall be accounted for accordingly.

3. If instead of *hullas*, something like armours or horses or riding camels are given it shall be accepted in accordance with its evaluation.

4. It shall be obligatory on the people of Najran to arrange for the stay of my workers. But they will have to pay taxes within one month. They should not be made to stay for more than a month.

5. If due to a rebellion in Yemen we have to wage war, the people of Najran will have to lend 30 armours, 20 horses and 30 camels. If any of the animals are lost, the people of Najran shall be provided substitutes.

6. The lives of the people of Najran and its surrounding area, their religion, their land, property, cattle and those of them who are present or absent, their messengers and their places of worship are under the protection of Allah and guardianship of His Prophet. Their present state shall neither be interfered with, nor their rights meddled with, nor their idols deformed. No *Usquf*² (Bishop) *Rahib* or *Waqā*, shall be removed from his office. The intention being that no change in whatever state every one is, shall be made (*status quo* shall be maintained).

7. Neither the people shall be punished for any past crime or murder, nor shall they be compelled to do military service. Neither shall *Ushr* be imposed on them nor any army shall enter their area.

1. *Hulla* is a kind of Arabian dress, comprising two sheets, which can cover the entire body of a man.

2. These were the religious ranks of the Najran people. These are equivalent of Bishop (Old Saxon *biscop*, Old High German *biscop* *Recluse* or *Hermit*.

8. If any one of the people of Najran demands his rights, justice shall be done between the plaintiff and respondent. Neither oppression shall be allowed to be perpetrated on them, nor shall they be permitted to oppress any one.

9. Whoever from the people of Najran takes interest after the conclusion of the pact, shall be excluded from my assurance

10. No one from the people of Najran shall be implicated in the crime of someone else.

11. Whatever has been written in this pact, Allah and Muhammad His Prophet (S.A.W.) are guarantors for it, unless there is an order from Allah, in this connection, and as long as the people of Najran remain faithful and adhere to the conditions which have been made for them, except that some one compels them to do otherwise.¹

Allah's
Seal Prophet
Muhammad

Note: Najran which was the biggest centre of Christianity in Arabia is a district of north Yemen. There was a very splendid cathedral which the Christians regarded as their Kaaba. Large estate attached to the Cathedral was a source of big income. When the people of Najran received the letter of the Holy Prophet (S.A.W.), they sent a delegation to the Prophet (S.A.W.), which studied the conditions and had discussions. The Holy Prophet (S.A.W.), invited them to a Mubahila (Invocation of Allah's Curse on the party which is in the wrong) and asked them to pray to Allah along with their kith and kin, to send His Curse on the liars. The delegation did not accept the challenge lest they should be destroyed and agreed to conclude a pact.

10. PACT OF SAQEEF (TAIF)

In the name of Allah, the compassionate, the Merciful.

1. This writing of Muhammad (S.A.W.) the Prophet of Allah — is for Saqeef.

1. *Bulazari, Futuhul-Buldan*, vol. 1, pp. 64, 65.

2. Whatever has been written in this deed, its responsibility is that of Allah Who is One and does not share His Powers with anybody, and of Prophet Muhamamd (S.A.W.) son of Abdullah.
3. The valley of Saqeef has been declared as Haram. The cutting of the wild thorny trees thereof, hunting therein, oppression, theft and evil actions in it are all haraam (strictly prohibited).
4. Saqeef has the greatest right to Wuj.¹ Neither army shall pass through the land of Taif, nor shall a Muslim go there and eject these people from there. These people may do whatever they like in Taif and its valley and construct whatever building they like.
5. The people of Taif shall be exempt from Ushr, Zakat and Military aid.. There shall be no coercion, in so far as their life and property is concerned.
6. These people shall be regarded as a group of the Muslims. They can, therefore, move amongst the Muslims without any restriction.
7. If someone is taken prisoner from amongst the people of Taif, they shall have the right to settle the case.
8. Whatever debt of the people of Taif may be due for payment on a pawned article and whatever debt on a pawned article may be payable till after the Ukaz² season, should be paid by Ukaz.³ Allah has no responsibility regarding interest.
9. In the books of the people of Taif whatever debts are due for receipt till the time of their acceptance of Islam, they shall be in their right to receive them.
10. If an article belonging to the people of Taif, held in trust, is destroyed by the trustee, it shall be caused to be returned to the owner.

1. It was a Sandy valley in Prophet's (S.A.W.) time. It is surrounded by hills. The present day Taif is situated in the same valley.

2 & 3. Ukaz was a fair, held for 20 days between Taif and Nakhlab before Islam. It was a sort of national literary arena. It is a valley which is situated at a distance of six miles from Taif.

11. The people of saqeef, who are not present here shall have the same safeguards and rights as are admissible to those present here. Whatever property they have in Layya, shall be secure like wuj.
12. Similarly whoever is their partner in trade or their helper, shall have the same rights.
13. If someone commits a financial or physical excess or outrage on the people of Saqeef, all the Muslims shall help Saqeef against the offender.
14. Anybody whose entry into the area is not desired, shall not enter it.
15. These people can construct places for buying and selling in front of their houses.
16. A ruler for Saqeef shall be appointed from amongst them. Accordingly, Bani Malik and Bani Akhlaf shall have their own *Amirs*.
17. The people of Saqeef who will irrigate the gardens of Quraish, shall have right to half of the produce.
18. No interest shall be charged on the pawned articles. If they are in a position to pay the amount of pawn, they should pay it. If they are not able to pay immediately, they should pay up to the Jamadi-ul-Oola of the next year. And one whose time is up and does not pay, he has no doubt turned it into an interest transaction.
19. If the people of Saqeef are in debt, the amount of principal only shall be paid to the creditor.
20. If they have amongst them a prisoner, whom his master sold away, the transaction shall be regular. If he was not sold, his ransom shall be 6 she-camels, which can be given in two instalments.
21. Only a person purchasing an article, shall have the right of its sale.'

Allah's
Seal Prophet
Muhammad

Note: As in the present day, Taif was the summer resort of the wealthy Quraish. Being five thousand feet

1. *Abu Ubaid, Kitab-ul-Amuwal*, pp. 19 & 92.

above sea level, its climate is cool and pleasant. In the past it was full of gardens and produced fruits and vegetables. The City of Taif, is now a big centre of trade and is a highly developed and modernised city.

Despite the fact that the Quraish knew that the Holy Prophet (S.A.W.) was extremely noble, truthful, honest, charitable and truth-worthy person, they treated him with contempt, malice and animosity, when he declared that he was a Prophet of Allah. Day by day their attitude grew more and more hostile and bitter. When there was little hope of their listening to the voice of reason, the Holy Prophet (S.A.W.) went to Taif to preach Islam there. But unfortunately the people of Taif proved to be more callous, unreasonable and tyrannical.

In the city there lived wealthy and highly influential people. The Holy Prophet went to the three brothers named Abd ya lail, Mas'ood, and Habeeb, who belonged to the Omair tribe, which was the chief of all other tribes and invited them to accept Islam. What the three said was derogatory and humiliating to the extreme. One of them said, "If Allah has sent you as a Prophet, you are tearing the cover of Ka'ba". The second said, "Did not Allah get somebody else for prophethood except you?" The third said, "I cannot talk to you. If you are true, it would be discourteous to talk to you. If you are a liar, you do not deserve to be talked to."

Not content with this insulting behaviour, they roused the street urchins and rogues of Taif, to jeer and make fun of the Holy Prophet (S.A.W.). The result was that the rascals stood in line on both sides of the way. When the Holy Prophet (S.A.W.) went that way, they pelted stones and rocks on him, till his shoes were smeared with blood. When due to blows and wounds, his strength gave way, he sat down; but the callous miscreants held him by the arms and made him stand up. When he would begin walking again

they abuse him and clap their hands.' The Holy Prophet (S.A.W.) at last took refuge in a vineyard.

The Prophets (A.S.) were generally subjected to such injuries and insults. Some of them prayed for Allah's curse. Prophet Nooh's (A.S.) curse resulted in the destruction of a big part of earth, by the Deluge. But the Holy Prophet (S.A.W.) was sent for the good and benefit of the world, he could not even think of such a curse. His companion in the journey, Zaid (R.A.A.) requested him to invoke the curse of Allah on such a bad lot of people, but the Holy Prophet got piqued and said, "Never! I have been sent as a blessing for the world". Thereafter he prayed, "Oh Aliah! Give guidance to my people and give them a sense to differentiate between good and bad." But the moral and physical pain which he under-went can be easily gauged by the answer of the Holy Prophet to the query of Aisha (R.A.) as to which was the hardest day of his life. He (S.A.W.) referred to that day in Taif.

11. PACT OF AKBAR BIN ABDUL QAIS

In the name of Allah, the Compassionate, the Merciful

From Muhammad, Prophet of Allah —

To Akbar bin Abdul Qais

1. In the days of ignorance, those of them, who took part in mischiefs and riots and the sins they committed, Allah and His Prophet have no responsibility therein. But in future, it shall be obligatory on these people to fulfil their promise.
2. Neither shall the supply of their provisions and grains be interfered with, nor shall they be harassed at the time of the ripening of fruit.
3. They shall have the right to the use of the collected rain water.
4. 'Ula bin Al Hazrami (R.A.A.) shall continue to supervise them on behalf of the Holy Prophet (S.A.W.). It is obligatory on the people of Bahrain to cooperate with him.

1. Full account of this could be seen in *History of Tabari and Ibn-e-Hisham*.

5. It shall be incumbent on the Muslim army to share with them the goods captured in religious wars and treat them fairly and justly. At the time of religious wars moderation and the middle course of action, should be kept in view.
6. The two parties shall not be entitled to an alteration in this pact. These people shall neither alter any pact, or depart from it.
7. Allah and His Prophet testify to this pact.'

Allah's
Seal Prophet
Muhammad

Note: A chieftain of Bahrain, named Akbar bin Qais went with a delegation of his clan to the Holy Prophet (S.A.W.) and stated that as their way was unsafe, they were not in a position to come to him easily. They, therefore, requested that they be taught religious matters with the help of which they could distinguish between right and wrong, so that they could take them to their clan. The Holy Prophet (S.A.W.) taught them about the Oneness of Allah, his prophethood, prayers, Zakat, fasts etc. He also gave them the above pact.

PART II

LETTERS TO EMPERORS, KINGS, RULERS,
VICEGERENTS, GOVERNORS, ETC.

1. LETTER TO NEGUS, KING OF ETHIOPIA

In the name of Allah, the Compassionate, the Merciful.

From Muhammad (S.A.W.) Prophet of Allah to Negus King of Ethiopia.

I praise Allah, except Whom there is none to be worshipped, who is the Ruler of the world. He is innocent and pure (free from all blemishes, defects, flaws, or shortcomings). He gives refuge and sustains all.

I do admit that Isa (Jesus)(A.S.) son of Mariam (Mary), was the soul from Allah and His word (Order) he was infused to Mariam, who was clean and proof against evil. And Isa(A.S.) was born of Mariam. Allah created him from His soul and breath in the same manner as He created Adam (A.S.) with His own hand. I invite you towards Allah the One who has no associate. Believe in Him and join me in obedience to Him. Follow me and accept my prophethood because I am the Messenger of Allah. I have wished you well in conveying the message of Allah in all sincerity. It is up to you to accept my sympathetic advice. Extend the same invitation to your subjects. I am sending my cousin Jaffer (R.A.A.), with the other Muslims. When they reach you, treat them hospitably, by setting aside the vanity and pride of a ruler.

Peace be on him, who followed the right path.¹

Note: As mentioned earlier, after the Holy Prophet began to preach Islam, the Quraish became the bitterest enemies of Islam. In the beginning they taunted, teased and maltreated the Muslims. But by and by their opposition took the shape of tyranny. Their treatment of the Muslims, particularly of the poorer ones was so brutal, that they felt extremely unsafe in Mecca and feared annihilation at the hands of the Quraish. At that stage, (6th year before Hijri i.e. 614 A.D.) the Holy Prophet (S.A.W.) allowed the

1. *Tabari's History*, vol. 3, p. 789.

Muslims to temporarily migrate to Ethiopia, as he expected a good treatment by the King of Ethiopia. The Muslims began to migrate to the neighbouring country of Ethiopia. This continued till the famous Migration of the Holy Prophet, after which the migrants began to return to Madina. The last caravan returned from Ethiopia in 7th Hijri - about 629 A.D. when the second Caravan went to Ethiopia, the Holy Prophet (S.A.W.) addressed a letter to the King of Ethiopia.

The Quraish could not tolerate that the Muslims should live in peace even in Ethiopia. They sent a delegation to the Negus and pointed out to him that the Muslims had a strange faith which was altogether new and requested that the Muslims should be sent back. The King enquired from the Muslims about their beliefs. On that occasion Jaffer (R.A.) made a very impressive speech, saying,

"They were an extremely ignorant and pagan nation who worshipped self-made idols. Debauchery, cruelty and eating the dead was their way of life, but Allah sent a Prophet (S.A.W.) who changed their lives altogether. He admonished them to worship Allah only and to regard Him as their Master. He preached to them always to be truthful; and not to misappropriate a trust, treat neighbours kindly, avoid bloodshed and all that Allah has prohibited. Worship Allah, the One observe fasts and pay Zakat. This was the crime, for which their country-men forced them to leave their hearths and homes and they had to take refuge in Ethiopia."

The King of Ethiopia was highly moved by the speech and clearly announced that he would not allow such pious people to be tyrannised. *Oppressed people*

The Muslims, thereafter, always had a deep regard for Ethiopia and never did they think of attacking that country. They conquered big countries like Iran, but never touched the neighbouring Ethiopia.

210. LETTER TO ABU SUFYAN

Received your letter. I know that you have ever been steeped in pride and arrogance against Allah the Supreme.

You have mentioned of an attack to be made on Madina with a valiant army, which is bent on laying waste Madina. Let it be clear to you that this depends on the Will of Allah! If He will so wish, He could deprive you of the power even to utter the names of Lat' and Uzza.¹ You are amazed that I did not know the ditch method (for defence). You should know that this method has been made known to me by Allah because your wrath and rage has reached such a point that you are bent on dilapidating Madina.

You should know that far from your empty hopes being realized, time has now come when Lat and Uzza, Manat and Naela² are shattered to pieces.⁴

Note: When the Muslims, due to the unbearable oppression, migrated to Madina, the Quraish started preparation to invade the City, so that the Muslims should not stay in peace. In the 2nd Hijri they invaded with one thousand strong army, whereas the Muslims numbered only 313. The combat took place at Badr. The Quraish incurred heavy losses and laid down arms. All their famous and brave leaders were killed. The second battle was fought at Uhud, in which the Muslims suffered heavily due to their not complying with the orders of the Holy Prophet (S.A.W.). The combat was, however, indecisive. In the 5th Hijri, the Quraish collected a huge army of 10 thousand, which included the Jews of Khyber also. This time they hoped to crush the Muslims in the very first attack. The Holy Prophet (S.A.W.) had had trenches dug in the north of Madina and thus cut off the route of the Quraish. The latter were totally upset to see the trenches. Abu Sufyan, who was highly enraged, wrote a threatening letter to the Holy Prophet (S.A.W.), in which he said that his big army would totally devastate Madina. The above letter of the Holy Prophet (S.A.W.) was in reply thereto.

The Quraish besieged Madina for several weeks, but could not capture it. One day a strong and violent wind blew which uprooted the tents of the Quraish. Their camels

1 & 2. *Names of the two goddesses of Arabia.*

3. *Names of Arabic goddesses.*

4. Dr. Hameedullah, *Alwasaiq-ul-Siyasiya*, Cairo 1941, p. 10.

and horses ran away, and their cauldrons upturned. The result was that the Quraish were highly depressed and their courage gave way. They lost hope of a victory and left the battle field during the night. This was the last attack of the Quraish on Madina.

3. SECOND LETTER TO THE KING OF ETHIOPIA

In the name of Allah, the Compassionate, the Merciful

From Muhammad (S.A.W.) the Prophet of Allah to Negus, King of Ethiopia. Peace be on him who follows the guidance. I praise Allah Who alone is to be worshipped. He is the Master of the entire universe. He is Sublime. Only He is the haven of peace and security. I testify that Isa (Jesus) son of Mariam (Mary) is the spirit of Allah and His word, which He communed to Mariam (Mary) the pious and thus she became the mother of Allah's Prophet Isa (A.S.). Thus Allah created him from His spirit and infused it into Mariam just as He made Adam (A.S.) with His powerful hand.

Now I invite you to accept the obedience, sympathy, and love of Allah Who is One and Who is without an associate. You should follow me and should believe in the message of Allah which I have brought.

I call you and your army towards Allah Who is worthy of all respect and esteem. I have thus discharged my duty of conveying His message and advice. You should accept it. May peace be on the followers of the guidance.'

Allah's
Seal Prophet
Muhammad

Note: As Negus continued to listen to the holy message, he was being influenced by it. As soon as the holy text was over, he kissed the letter with extreme fondness and placed it over his head. He sent the following reply:

3.a. To Muhammad, Prophet of Allah. May peace be on him.

From As'hama, the Negus.

May peace be on you O Prophet of Allah! May blessings

1. *Tabaqat Ibn S'ad*, vol. 3, p. 15.



and favours of Allah be on you. Allah, except Whom there is none worthy of worship, Who has shown me the way of Islam and has guided me.

O Prophet of Allah! I had the honour of seeing your esteemed letter. Whatever you have written about Isa Jesus (A.S.) I swear by the Allah, Lord of earth and Heaven, that Isa (A.S.) is nothing more than that. I have well understood all these things which you have conveyed to me. Your cousin and his companions are my close companions.

I bear evidence that you are a true Prophet of Allah. I have taken *bai'at* (oath of allegiance to Allah and His Prophet) at the hand of your cousin, for the sake of Allah and have become a slave of Islam. O Allah's Prophet! I send my son Arha to you. If you will so order, I will present myself to you. May peace and blessings of Allah be on you.¹

4. THIRD LETTER TO THE KING OF ETHIOPIA

In the name of Allah, the Compassionate, the Merciful

May peace be on you. You treated us nicely. We have complete trust in you. The thing, we had hoped from you, has been realised and are safe and sound from the thing, we had feared. There is no capability (to do a thing) except from Allah.²

Allah's
Seal Prophet
Muhammad

Note: The main object in sending the letter was to call back the refugees to Madina. The Negus is stated to have kept the holy letters in an ivory casket and said that as long as the holy letters were there, the people of Ethiopia should be safe and secure.

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1. *Taban's History*, vol. 3, p. 89.
 2. *Tabaqat Ibn-e-S'ad*, vol. 3, p. 16.

5. LETTER TO HERACLES CAESAR

in the name of Allah, the Compassionate and the
 From Muhammad, who is the servant of Allah and His
 Prophet----- to Heracles Caesar.

Peace be on him, who follows the right path.

After this, I invite you to the fold of Islam. Therefore,
 if you desire security, accept Islam. If you accept Islam,
 Allah shall reward you doubly and if you refuse to do so, the
 responsibility for the transgression of the entire nation, shall
 be yours.

O people of the Book! Leaving aside all matters of
 differences and disputes, agree on a thing, which is equally
 incontrovertible both as you and we are concerned and it is
 that we should not worship any one else except Allah. And
 we should neither associate any one else with Him, nor
 regard any one else except Allah as our Sustainer.

If you deny this, you must know that we believe in
 Oneness of Allah, in all circumstances.¹

Allah's
 Seal Prophet
 Muhammad

Note: Just as in our time, there are two most powerful
 States which call themselves 'Super' powers; in the time
 of the Holy Prophet (S.A.W.) there were two most powerful
 States: One was Iran and the other Rome or Byzantium
 or Constantinople. The former was the biggest state of
 Asia and a cradle of a great civilization. It was towards the
 east of Arabia. Towards the north west was the Roman
 Empire. The two States were contiguous. Rome is at present
 the Capital of Italy. The Arabs called Byzantium by the
 name of Rome.

Some years back when this letter was sent, the Iranians
 attacked Syria and defeated the Romans. There is a
 reference to it in the Quran. The Romans, in order to avenge
 themselves, made big preparations and defeated the Iranians.
 Although the Iranians were at that time very powerful and

1. *Sahih Bukhari*, vol. 1, p. 5, Delhi, Asahul Matabe.

1. These people shall have the security of life and property.
2. These people shall be helped against whoever attacks them.
3. It shall be binding on these people always to help the Prophet (S.A.W.) and whenever the Prophet of Allah sends for their help, they shall give help, but assistance in religious wars shall not be essential.
4. As long as these people adhere to the pact, they shall be assisted.
5. Allah and His Prophet have a responsibility in this pact.¹

Note: A number of such pacts were concluded with the tribes living close to Bani Dhamra. Details could be seen in the *Tabaqat Ibne S'ad* - vol, 3, p. 24. The following pact with Bani Zur'a and Bani Rab'a of Juhaina is of the similar nature.

5. FOR BANI ZUR'A AND BANI RAB'A

1. The life and property of Bani Zur'a and Bani Rab'a shall have security and peace.
2. Bani Zur'a and Bani Rab'a shall be assisted against any person who invades them.
3. But there shall be no interference in their internal conflicts.
4. The pious and God-fearing people living in the vicinity of these tribes shall have the same rights to which the people of these tribes are entitled.²

6. PACT OF BANU GHIFAR

In the name of Allah the Compassionate, the Merciful.

1. Banu Ghifar shall be regarded as from amongst the Muslims. They shall have the same rights as that of the Muslims and Banu Ghifar shall be subject to the same injunctions, as are applicable to the Muslims.

1. *Tabaqat Ibne S'ad*, vol. 3, p. 27.

2. *Ibid.* p. 24.

2. Muhammad, the Prophet (S.A.W.) has entered into a pact to safeguard their life and property and the responsibility of Allah and His Prophet is for it.
3. They shall be helped against such an enemy as invades them outrageously.
4. It shall be incumbent on these people to give help, when it is called for by the Prophet of Allah (S.A.W.). But in religious wars each party shall remain impartial.
5. Whoever contravenes it, this pact shall not stand as an argument (of excuse) for him.

Note: Bani Ghifar Tribe sent a delegation to the Holy Prophet (S.A.W.) and offered to enter into a pact with him. The offer was accepted by the Holy Prophet (S.A.W.) who had a pact prepared. Before entering the fold of Islam, the people of the tribe were highway men and were professional dacoits who looted caravans and tribes. Abu Zar Ghifari (R.A.A.) the well-known companion of the Prophet (S.A.W.) belonged to this tribe.¹

7. TREATY OF HODAIBIYA

In Thy Name O Allah²

1. This is the treaty in which Muhammad (S.A.W.) son of Abdullah has made a compromise with Sohail son of 'Umar.
2. There shall be no mutual war for ten years.
3. During this period, every person belonging to the two parties shall be safe and secure and none shall raise sword against the other.
4. If any person from amongst the Quraish goes to Madina he shall be sent back, but if any Muslim goes to Mecca,

1. *Tabaqat Ibne S'ad*, vol. 3, p. 27.

2. As usual the Holy Prophet (S.A.W.) had "*Bismilla-hir-Rahman-ir-Rahim*" written at the top of the agreement, but due to the objection of Sohail, the representative of the Quraish, "*Bismie Kallahumma*" was written in its place, according to the custom of Arabia.

he shall not be sent back.¹

5. The tribes of Arabia would be free to enter into treaty from the side of either of the two parties.

6. The Muslims shall return this time and come back next year, but they shall not stay in Mecca for more than three days.

7. They shall not come back armed and shall bring with them swords only, but these shall not be kept out of scabbards and the scabbards kept in bags.²

8. PACT OF BANI GHADAYA AND BANI URAIZ

The following pact was made with the Jews of Bani Ghadaya

In the name of Allah, The Compassionate, the Merciful.

From Muhammad, Prophet of Allah —

To the Jews of Bani Ghadaya.

1. Responsibility in respect of the Jews of Ghadaya is assumed.
2. Jaziya has been laid down for these people.
3. These people shall not rise against the Prophet in any way.
4. These people shall not be exiled from their homes.
5. Nothing shall render this pact void.³

Allah's
Seal Prophet
Muhammad

9. PACT OF NAJRAN

In the name of Allah, the Compassionate, the Merciful.

This pact of Muhammad (S.A.W.), Prophet of Allah is for the people of Najran.

1. Although Prophet Muhammad (S.A.W.) had the power to take a share from their produce, gold, silver, weapons and

1.2. This treaty is an outstanding example of the Holy Prophet's extreme caution to fulfil promises. The treaty was in the process of being written, when Abu Jundal son of Suhail, who had accepted Islam, and as a punishment thereof, his father imprisoned him, escaped from the prison and appeared before the Holy Prophet (S.A.W.) in fetters and requested that he should be rescued from the tyranny of the Quraish. The companions were horrified to see his condition. But honouring the treaty the Holy Prophet (S.A.W.) sent him back to the Quraish.

2. Tabari's History, vol. 8. 3. Tabaqat Ibn S'ad, vol. 3, p. 27.

slaves, he treated the people generously and leaving aside all these things, he fixed for them two thousand *hullas*¹ of the value of one *Auqia* each, annually — one thousand (to be supplied) in the month of Rajab and one thousand in the month of Safar.

2. Each *hulla* shall be of the value of one *Auqia* and whichever is of more or less value, shall be accounted for accordingly.

3. If instead of *hullas*, something like armours or horses or riding camels are given it shall be accepted in accordance with its evaluation. evaluation.

4. It shall be obligatory on the people of Najran to arrange for the stay of my workers. But they will have to pay taxes within one month. They should not be made to stay for more than a month.

5. If due to a rebellion in Yemen we have to wage war, the people of Najran will have to lend 30 armours, 20 horses and 30 camels. If any of the animals are lost, the people of Najran shall be provided substitutes.

6. The lives of the people of Najran and its surrounding area, their religion, their land, property, cattle and those of them who are present or absent, their messengers and their places of worship are under the protection of Allah and guardianship of His Prophet. Their present state shall neither be interfered with, nor their rights meddled with, nor their idols deformed. No *Usquf*² (Bishop) *Rahib* or *Waga*, shall be removed from his office. The intention being that no change in whatever state every one is, shall be made (*status quo* shall be maintained).

7. Neither the people shall be punished for any past crime or murder, nor shall they be compelled to do military service. Neither shall *Ushr* be imposed on them nor any army shall enter their area.

1. *Hulla* is a kind of Arabian dress, comprising two sheets, which can cover the entire body of a man.

2. These were the religious ranks of the Najran people. These are equivalent of Bishop (Old Saxon *biscop*, Old High German *biscop* *Recluse* or *Hermit*).

8. If any one of the people of Najran demands his rights, justice shall be done between the plaintiff and respondent. Neither oppression shall be allowed to be perpetrated on them, nor shall they be permitted to oppress any one.

9. Whoever from the people of Najran takes interest after the conclusion of the pact, shall be excluded from my assurance

10. No one from the people of Najran shall be implicated in the crime of someone else.

11. Whatever has been written in this pact, Allah and Muhammad His Prophet (S.A.W.) are guarantors for it, unless there is an order from Allah, in this connection, and as long as the people of Najran remain faithful and adhere to the conditions which have been made for them, except that some one compels them to do otherwise.¹

Allah's
Seal Prophet
Muhammad

Note: Najran which was the biggest centre of Christianity in Arabia is a district of north Yemen. There was a very splendid cathedral which the Christians regarded as their Kaaba. Large estate attached to the Cathedral was a source of big income. When the people of Najran received the letter of the Holy Prophet (S.A.W.), they sent a delegation to the Prophet (S.A.W.), which studied the conditions and had discussions. The Holy Prophet (S.A.W.), invited them to a Mubahila (Invocation of Allah's Curse on the party which is in the wrong) and asked them to pray to Allah along with their kith and kin, to send His Curse on the liars. The delegation did not accept the challenge lest they should be destroyed and agreed to conclude a pact.

10. PACT OF SAQEEF (TAIF)

In the name of Allah, the compassionate, the Merciful.

1. This writing of Muhammad (S.A.W.) the Prophet of Allah — is for Saqeef.

1. *Bulazari, Futuhul-Buldan*, vol. 1, pp. 64, 65.

2. Whatever has been written in this deed, its responsibility is that of Allah Who is One and does not share His Powers with anybody, and of Prophet Muhamamd (S.A.W.) son of Abdullah.
3. The valley of Saqeef has been declared as Haram. The cutting of the wild thorny trees thereof, hunting therein, oppression, theft and evil actions in it are all haraam (strictly prohibited).
4. Saqeef has the greatest right to Wuj.¹ Neither army shall pass through the land of Taif, nor shall a Muslim go there and eject these people from there. These people may do whatever they like in Taif and its valley and construct whatever building they like.
5. The people of Taif shall be exempt from Ushr, Zakat and Military aid.. There shall be no coercion, in so far as their life and property is concerned.
6. These people shall be regarded as a group of the Muslims. They can, therefore, move amongst the Muslims without any restriction.
7. If someone is taken prisoner from amongst the people of Taif, they shall have the right to settle the case.
8. Whatever debt of the people of Taif may be due for payment on a pawned article and whatever debt on a pawned article may be payable till after the Ukaz² season, should be paid by Ukaz.³ Allah has no responsibility regarding interest.
9. In the books of the people of Taif whatever debts are due for receipt till the time of their acceptance of Islam, they shall be in their right to receive them.
10. If an article belonging to the people of Taif, held in trust, is destroyed by the trustee, it shall be caused to be returned to the owner.

1. It was a Sandy valley in Prophet's (S.A.W.) time. It is surrounded by hills. The present day Taif is situated in the same valley.

2 & 3. Ukaz was a fair, held for 20 days between Taif and Nakhlab before Islam. It was a sort of national literary arena. It is a valley which is situated at a distance of six miles from Taif.

11. The people of saqeef, who are not present here shall have the same safeguards and rights as are admissible to those present here. Whatever property they have in Layya, shall be secure like wuj.

12. Similarly whoever is their partner in trade or their helper, shall have the same rights.

13. If someone commits a financial or physical excess or outrage on the people of Saqeef, all the Muslims shall help Saqeef against the offender.

14. Anybody whose entry into the area is not desired, shall not enter it.

15. These people can construct places for buying and selling in front of their houses.

16. A ruler for Saqeef shall be appointed from amongst them. Accordingly, Bani Malik and Bani Akhlaf shall have their own *Amirs*.

17. The people of Saqeef who will irrigate the gardens of Quraish, shall have right to half of the produce.

18. No interest shall be charged on the pawned articles. If they are in a position to pay the amount of pawn, they should pay it. If they are not able to pay immediately, they should pay up to the Jamadi-ul-Oola of the next year. And one whose time is up and does not pay, he has no doubt turned it into an interest transaction.

19. If the people of Saqeef are in debt, the amount of principal only shall be paid to the creditor.

20. If they have amongst them a prisoner, whom his master sold away, the transaction shall be regular. If he was not sold, his ransom shall be 6 she-camels, which can be given in two instalments.

21. Only a person purchasing an article, shall have the right of its sale.¹

Allah's
Seal Prophet
Muhammad

Note: As in the present day, Taif was the summer resort of the wealthy Quraish. Being five thousand feet

1. *Abu Ubaid, Kitab-ul-Amwal*, pp. 19 & 92.

above sea level, its climate is cool and pleasant. In the past it was full of gardens and produced fruits and vegetables. The City of Taif, is now a big centre of trade and is a highly developed and modernised city.

Despite the fact that the Quraish knew that the Holy Prophet (S.A.W.) was extremely noble, truthful, honest, charitable and truth-worthy person, they treated him with contempt, malice and animosity, when he declared that he was a Prophet of Allah. Day by day their attitude grew more and more hostile and bitter. When there was little hope of their listening to the voice of reason, the Holy Prophet (S.A.W.) went to Taif to preach Islam there. But unfortunately the people of Taif proved to be more callous, unreasonable and tyrannical.

In the city there lived wealthy and highly influential people. The Holy Prophet went to the three brothers named Abd ya lail, Mas'ood, and Habeeb, who belonged to the Omair tribe, which was the chief of all other tribes and invited them to accept Islam. What the three said was derogatory and humiliating to the extreme. One of them said, "If Allah has sent you as a Prophet, you are tearing the cover of Ka'ba". The second said, "Did not Allah get somebody else for prophethood except you?" The third said, "I cannot talk to you. If you are true, it would be discourteous to talk to you. If you are a liar, you do not deserve to be talked to."

Not content with this insulting behaviour, they roused the street urchins and rogues of Taif, to jeer and make fun of the Holy Prophet (S.A.W.). The result was that the rascals stood in line on both sides of the way. When the Holy Prophet (S.A.W.) went that way, they pelted stones and rocks on him, till his shoes were smeared with blood.¹ When due to blows and wounds, his strength gave way, he sat down; but the callous miscreants held him by the arms and made him stand up. When he would begin walking again

1 & 2. *Seeratun Nabi* by Shibli Numani, vol. I, p. 232.

they abuse him and clap their hands.' The Holy Prophet (S.A.W.) at last took refuge in a vineyard.

The Prophets (A.S.) were generally subjected to such injuries and insults. Some of them prayed for Allah's curse. Prophet Nooh's (A.S.) curse resulted in the destruction of a big part of earth, by the Deluge. But the Holy Prophet (S.A.W.) was sent for the good and benefit of the world, he could not even think of such a curse. His companion in the journey, Zaid (R.A.A.) requested him to invoke the curse of Allah on such a bad lot of people, but the Holy Prophet got piqued and said, "Never! I have been sent as a blessing for the world". Thereafter he prayed, "Oh Allah! Give guidance to my people and give them a sense to differentiate between good and bad." But the moral and physical pain which he under-went can be easily gauged by the answer of the Holy Prophet to the query of Aisha (R.A.) as to which was the hardest day of his life. He (S.A.W.) referred to that day in Taif.

11. PACT OF AKBAR BIN ABDUL QAIS

In the name of Allah, the Compassionate, the Merciful

From Muhammad, Prophet of Allah —

To Akbar bin Abdul Qais

1. In the days of ignorance, those of them, who took part in mischiefs and riots and the sins they committed, Allah and His Prophet have no responsibility therein. But in future, it shall be obligatory on these people to fulfil their promise.
2. Neither shall the supply of their provisions and grains be interfered with, nor shall they be harassed at the time of the ripening of fruit.
3. They shall have the right to the use of the collected rain water.
4. 'Ula bin Al Hazrami (R.A.A.) shall continue to supervise them on behalf of the Holy Prophet (S.A.W.). It is obligatory on the people of Bahrain to cooperate with him.

1. Full account of this could be seen in *History of Tabari and Ibn-e-Hisham*.

5. It shall be incumbent on the Muslim army to share with them the goods captured in religious wars and treat them fairly and justly. At the time of religious wars moderation and the middle course of action, should be kept in view.

6. The two parties shall not be entitled to an alteration in this pact. These people shall neither alter any pact, or depart from it.

7. Allah and His Prophet testify to this pact.¹

Allah's
Seal Prophet
Muhammad

Note: A chieftain of Bahrain, named Akbar bin Qais went with a delegation of his clan to the Holy Prophet (S.A.W.) and stated that as their way was unsafe, they were not in a position to come to him easily. They, therefore, requested that they be taught religious matters with the help of which they could distinguish between right and wrong, so that they could take them to their clan. The Holy Prophet (S.A.W.) taught them about the Oneness of Allah, his prophethood, prayers, Zakat, fasts etc. He also gave them the above pact.

1. *Tabaqat Ibn S'ad*, vol. 3, p. 33.



PART II

LETTERS TO EMPERORS, KINGS, RULERS,
VICEGERENTS, GOVERNORS, ETC.

1. LETTER TO NEGUS, KING OF ETHIOPIA

In the name of Allah, the Compassionate, the Merciful.

From Muhammad (S.A.W.) Prophet of Allah to Negus King of Ethiopia.

I praise Allah, except Whom there is none to be worshipped, who is the Ruler of the world. He is innocent and pure (free from all blemishes, defects, flaws, or shortcomings). He gives refuge and sustains all.

I do admit that Isa (Jesus)(A.S.) son of Mariam (Mary), was the soul from Allah and His word (Order) he was infused to Mariam, who was clean and proof against evil. And Isa(A.S.) was born of Mariam. Allah created him from His soul and breath in the same manner as He created Adam (A.S.) with His own hand. I invite you towards Allah the One who has no associate. Believe in Him and join me in obedience to Him. Follow me and accept my prophethood because I am the Messenger of Allah. I have wished you well in conveying the message of Allah in all sincerity. It is up to you to accept my sympathetic advice. Extend the same invitation to your subjects. I am sending my cousin Jaffer (R.A.A.), with the other Muslims. When they reach you, treat them hospitably, by setting aside the vanity and pride of a ruler.

Peace be on him, who followed the right path.¹

Note: As mentioned earlier, after the Holy Prophet began to preach Islam, the Quraish became the bitterest enemies of Islam. In the beginning they taunted, teased and maltreated the Muslims. But by and by their opposition took the shape of tyranny. Their treatment of the Muslims, particularly of the poorer ones was so brutal, that they felt extremely unsafe in Mecca and feared annihilation at the hands of the Quraish. At that stage, (6th year before Hijri i.e. 614 A.D.) the Holy Prophet (S.A.W.) allowed the

1. *Tabari's History*, vol. 3, p. 789.

Muslims to temporarily migrate to Ethiopia, as he expected a good treatment by the King of Ethiopia. The Muslims began to migrate to the neighbouring country of Ethiopia. This continued till the famous Migration of the Holy Prophet, after which the migrants began to return to Madina. The last caravan returned from Ethiopia in 7th Hijri - about 629 A.D. when the second Caravan went to Ethiopia, the Holy Prophet (S.A.W.) addressed a letter to the King of Ethiopia.

The Quraish could not tolerate that the Muslims should live in peace even in Ethiopia. They sent a delegation to the Negus and pointed out to him that the Muslims had a strange faith which was altogether new and requested that the Muslims should be sent back. The King enquired from the Muslims about their beliefs. On that occasion Jaffer (R.A.) made a very impressive speech, saying,

"They were an extremely ignorant and pagan nation who worshipped self-made idols. Debauchery, cruelty and eating the dead was their way of life, but Allah sent a Prophet (S.A.W.) who changed their lives altogether. He admonished them to worship Allah only and to regard Him as their Master. He preached to them always to be truthful; and not to misappropriate a trust, treat neighbours kindly, avoid bloodshed and all that Allah has prohibited. Worship Allah, the One observe fasts and pay Zakat. This was the crime, for which their country-men forced them to leave their hearths and homes and they had to take refuge in Ethiopia."

The King of Ethiopia was highly moved by the speech and clearly announced that he would not allow such pious people to be tyrannised.

The Muslims, thereafter, always had a deep regard for Ethiopia and never did they think of attacking that country. They conquered big countries like Iran, but never touched the neighbouring Ethiopia.

10. LETTER TO ABU SUFYAN

Received your letter. I know that you have ever been steeped in pride and arrogance against Allah the Supreme.

You have mentioned of an attack to be made on Madina with a valiant army, which is bent on laying waste Madina. Let it be clear to you that this depends on the Will of Allah! If He will so wish, He could deprive you of the power even to utter the names of Lat¹ and Uzza.² You are amazed that I did not know the ditch method (for defence). You should know that this method has been made known to me by Allah because your wrath and rage has reached such a point that you are bent on dilapidating Madina.

You should know that far from your empty hopes being realized, time has now come when Lat and Uzza, Manat and Naela³ are shattered to pieces.⁴

Note: When the Muslims, due to the unbearable oppression, migrated to Madina, the Quraish started preparation to invade the City, so that the Muslims should not stay in peace. In the 2nd Hijri they invaded with one thousand strong army, whereas the Muslims numbered only 313. The combat took place at Badr. The Quraish incurred heavy losses and laid down arms. All their famous and brave leaders were killed. The second battle was fought at Uhud, in which the Muslims suffered heavily due to their not complying with the orders of the Holy Prophet (S.A.W.). The combat was, however, indecisive. In the 5th Hijri, the Quraish collected a huge army of 10 thousand, which included the Jews of Khyber also. This time they hoped to crush the Muslims in the very first attack. The Holy Prophet (S.A.W.) had had trenches dug in the north of Madina and thus cut off the route of the Quraish. The latter were totally upset to see the trenches. Abu Sufyan, who was highly enraged, wrote a threatening letter to the Holy Prophet (S.A.W.), in which he said that his big army would totally devastate Madina. The above letter of the Holy Prophet (S.A.W.) was in reply thereto.

The Quraish besieged Madina for several weeks, but could not capture it. One day a strong and violent wind blew which uprooted the tents of the Quraish. Their camels

1 & 2. *Names of the two goddesses of Arabia.*

3. *Names of Arabic gooddeesses.*

4. Dr. Hameedullah, *Alwasaiq-ul-Siyasiya*, Cairo 1941, p. 10.

and horses ran away, and their cauldrons upturned. The result was that the Quraish were highly depressed and their courage gave way. They lost hope of a victory and left the battle field during the night. This was the last attack of the Quraish on Madina.

3. SECOND LETTER TO THE KING OF ATHIOPIA

In the name of Allah, the Compassionate, the Merciful

From Muhammad (S.A.W.) the Prophet of Allah to Negus, King of Ethiopia. Peace be on him who follows the guidance. I praise Allah Who alone is to be worshipped. He is the Master of the entire universe. He is Sublime. Only He is the haven of peace and security. I testify that Isa (Jesus) son of Mariam (Mary) is the spirit of Allah and His word, which He communed to Mariam (Mary) the pious and thus she became the mother of Allah's Prophet Isa (A.S.). Thus Allah created him from His spirit and infused it into Mariam just as He made Adam (A.S.) with His powerful hand.

Now I invite you to accept the obedience, sympathy, and love of Allah Who is One and Who is without an associate. You should follow me and should believe in the message of Allah which I have brought.

I call you and your army towards Allah Who is worthy of all respect and esteem. I have thus discharged my duty of conveying His message and advice. You should accept it. May peace be on the followers of the guidance.'

Allah's
Seal Prophet
Muhammad

Note: As Negus continued to listen to the holy message, he was being influenced by it. As soon as the holy text was over, he kissed the letter with extreme fondness and placed it over his head. He sent the following reply:

3.a. To Muhammad, Prophet of Allah. May peace be on him.

From As'hama, the Negus.

May peace be on you O Prophet of Allah! May blessings

1. *Tabaqat Ibn S'ad*, vol. 3, p. 15.

and favours of Allah be on you. Allah, except Whom there is none worthy of worship, Who has shown me the way of Islam and has guided me.

O Prophet of Allah! I had the honour of seeing your esteemed letter. Whatever you have written about Isa Jesus (A.S.) I swear by the Allah, Lord of earth and Heaven, that Isa (A.S.) is nothing more than that. I have well understood all these things which you have conveyed to me. Your cousin and his companions are my close companions.

I bear evidence that you are a true Prophet of Allah. I have taken *bai'at* (oath of allegiance to Allah and His Prophet) at the hand of your cousin, for the sake of Allah and have become a slave of Islam. O Allah's Prophet! I send my son Arha to you. If you will so order, I will present myself to you. May peace and blessings of Allah be on you.¹

4. THIRD LETTER TO THE KING OF ETHIOPIA

In the name of Allah, the Compassionate, the Merciful

May peace be on you. You treated us nicely. We have complete trust in you. The thing, we had hoped from you, has been realised and are safe and sound from the thing, we had feared. There is no capability (to do a thing) except from Allah.²

Allah's
Seal Prophet
Muhammad

Note: The main object in sending the letter was to call back the refugees to Madina. The Negus is stated to have kept the holy letters in an ivory casket and said that as long as the holy letters were there, the people of Ethiopia should be safe and secure.

1. *Tabari's History*, vol. 3, p. 89.
2. *Tabaqat Ibn-e-S'ad*, vol. 3, p. 16.

5. LETTER TO HERACLES CAESAR

in the name of Allah, the Compassionate and the
From Muhammad, who is the servant of Allah and His
Prophet----- to Heracles Caesar.

Peace be on him, who follows the right path.

After this, I invite you to the fold of Islam. Therefore, if you desire security, accept Islam. If you accept Islam, Allah shall reward you doubly and if you refuse to do so, the responsibility for the transgression of the entire nation, shall be yours.

O people of the Book! Leaving aside all matters of differences and disputes, agree on a thing, which is equally incontrovertible both as you and we are concerned and it is that we should not worship any one else except Allah. And we should neither associate any one else with Him, nor regard any one else except Allah as our Sustainer.

If you deny this, you must know that we believe in Oneness of Allah, in all circumstances.¹

Allah's
Seal Prophet
Muhammad

Note: Just as in our time, there are two most powerful States which call themselves 'Super' powers; in the time of the Holy Prophet (S.A.W.) there were two most powerful States: One was Iran and the other Rome or Byzantium or Constantinople. The former was the biggest state of Asia and a cradle of a great civilization. It was towards the east of Arabia. Towards the north west was the Roman Empire. The two States were contiguous. Rome is at present the Capital of Italy. The Arabs called Byzantium by the name of Rome.

Some years back when this letter was sent, the Iranians attacked Syria and defeated the Romans. There is a reference to it in the Quran. The Romans, in order to avenge themselves, made big preparations and defeated the Iranians. Although the Iranians were at that time very powerful and

1. *Sahih Bukhari*, vol. 1, p. 5, Delhi, Asahul Matabe.

الله الرحيم الرحمن محمد عبد الله ورسوله

الذي قد عظمه الروم على من اسع الله واما ما بعد
وادي دعوكم مدعا به لا يسلمه سلبه سلبه
الحق كمرس فان لم يزلوا فاني قد
سألوا ان كلمة سوي
والسنة كد سوي
دوق الله فان يوقه
لن

Letter of the Holy Prophet Muhammad (P.B.U.H) to Heracles Caesar



الله الرحيم الرحيم من عند الله ورسوله
 الى من اعظمه الروم سلام على من اسلم اليه
 واني اذعنوك بعد عاقله اسلم اليه سلامي
 اذركم من قافلتي اسلم اليه سلامي
 فقالوا ان كلمة سوا سلامي اسلم اليه
 واذكر كده سي واذكر مصداقنا من
 دون الله فان يوقو لنا سلامي وانا من

(١)
 ليو

the Romans did not seem to have a chance of a victory against them, the Quran prophesied a clear triumph for the Romans. Heracles came to Jerusalem in token of his gratefulness. It was here that he received the letter of the Holy Prophet (S.A.W.). He ordered that somebody from Arabia, should be presented before him. Perchance Abu Sufyan was staying at Ghaza with his merchandise. The men of Caesar brought him from Ghaza.

Caesar held a grand court. He donned a Crown and sat on his throne. Then addressing the Arabs, he enquired as to who was the relative of the person who claimed himself to be a Prophet. Abu Sufyan said that he was related to the Holy Prophet (S.A.W.). The following dialogue then took place:

Caesar: To what sort of family does the Claimant to Prophethood belong?

Abu Sufyan: Is noble.

Caesar: Did some one else in the family claim Prophethood?

Abu Sufyan: No.

Caesar: Did someone from the family happen to be a King?

Abu Sufyan: No.

Caesar: Are the people who have accepted this religion, poor or influential?

Abu Sufyan: They are poor people.

Caesar: Are his followers growing in number or decreasing?

Abu Sufyan: They are growing.

Caesar: Have you ever experienced an untruthfulness from him?

Abu Sufyan: No.

Caesar: Does he ever break promise or agreement?

Abu Sufyan: Thus far he has never done it. But it is to be seen if he adheres to the new peace pact which has been concluded.

Caesar: Have you ever fought a battle against him?

Abu Sufyan: Yes.

Caesar: What was the result of the battle?

Abu Sufyan: Sometime we were victorious and some time he was successful.

Caesar: What does he teach?

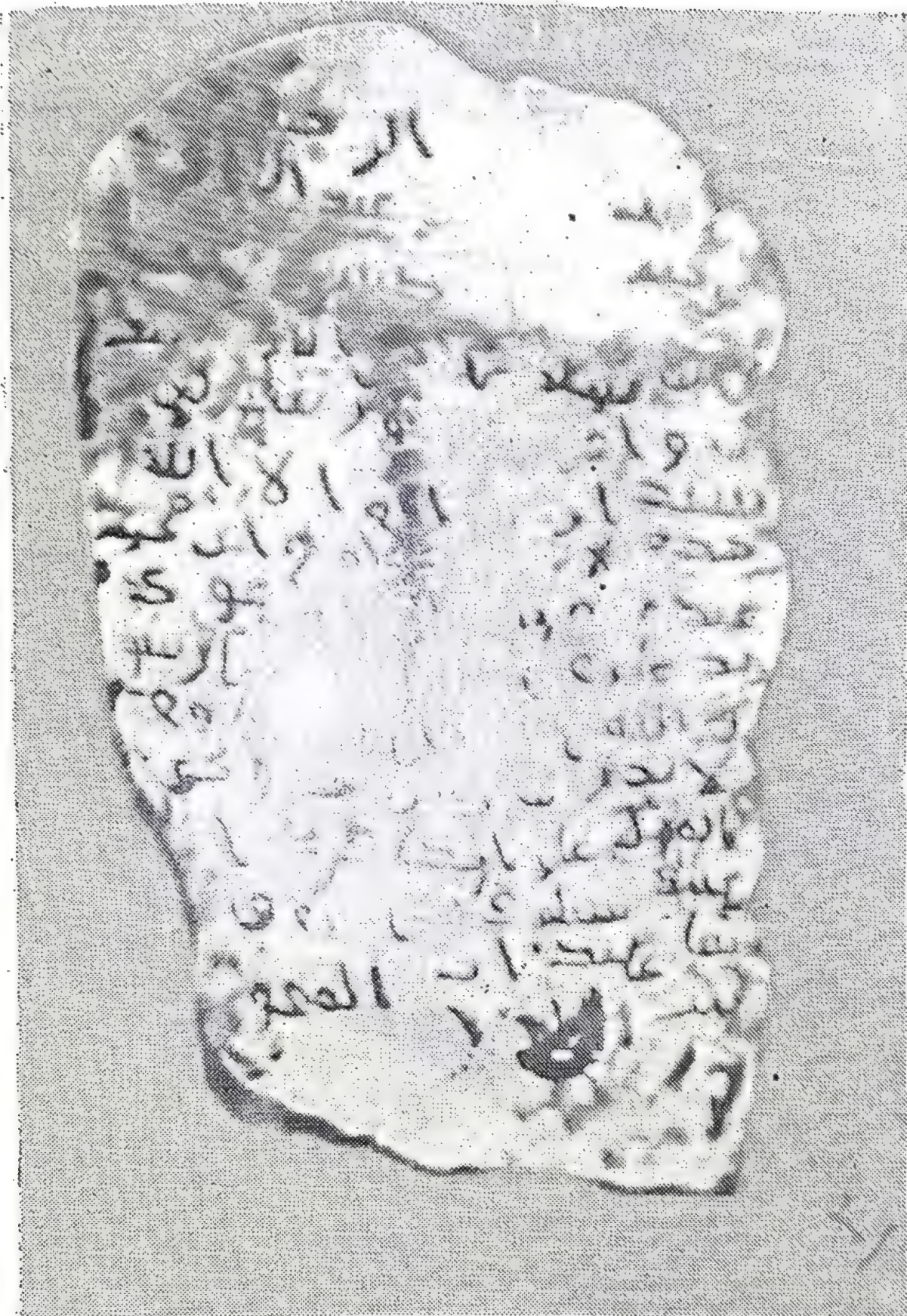
Abu Sufyan: He says, "Worship One God - Allah. Associate none else with Allah. Say prayers. Take to piety. Speak the truth. Treat relatives with kindness.

After this dialogue Caesar remarked that the Prophets always belonged to noble families. Further he said that as nobody else from the family of the Holy Prophet (S.A.W.) laid claim to Prophethood it was, therefore, clear that there was no hereditary influence involved in his claim to prophethood. Similarly absence of any king in the family, proved that the Holy Prophet was not prompted by a desire of kingship. As he never spoke a lie, he could hardly be expected to lie about Allah. Caesar further observed that the followers of the Prophets, in the beginning, are poor and that a true religion goes on making progress. Also Prophets never cheat anybody. As he preached piety, cleanliness and worship of Allah alone, he should one day be a master of the place he (Caesar) was occupying. Thereafter Caesar ordered that the letter of Holy Prophet (S.A.W.) be read.

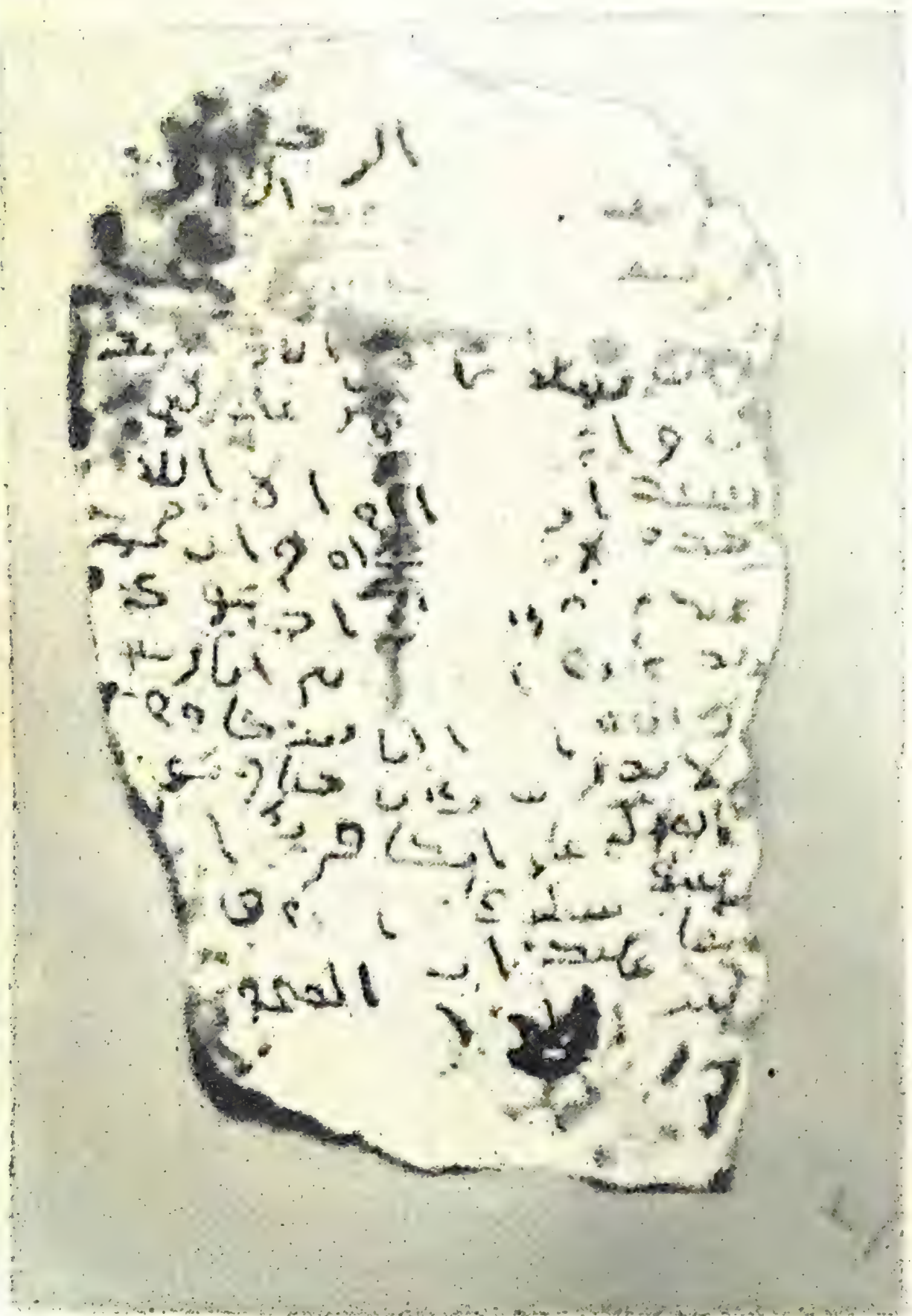
The dialogue of Caesar with Abu Sufyan, highly enraged the courtiers. The Caesar, therefore, sent away the Arabs from the court. The love of crown and throne and the opposition of the courtiers, however, did not allow Caesar to accept Islam. But his searching questions and his talk clearly show that he was convinced of the truthfulness of Islam, as he had correctly judged that a person who never in his life, uttered even a trifling lie, could hardly say anything wrong about Allah. He was also certain that worldly riches, splendour and ascendancy were not the aims and objects of the Holy Prophet (S.A.W.), but the communication of the message of Islam to the entire world, was his mission.

When Caesar was about to return to Constantinople, he again advised his courtiers to follow the Holy Prophet (S.A.W.) as he was the one, they were awaiting. He further mentioned that their books contained the description of the





**Letter of the Holy Prophet Muhammad (P.B.U.H)
to Khusro Pervez, Emperor Of Iran**



**Letter of the Holy Prophet Muhammad (P.B.U.H)
to Khusro Pervez, Emperor Of Iran**

Holy Prophet, Muhâmmad (S.A.W.), and these clearly and unequivocally indicate that he was the true Prophet of Allah. It was, therefore, in their own interest to follow the guidance given by the Holy Prophet (S.A.W.).

The courtiers, however, said that it would mean their acceptance of the overlordship of the Arabs, although their's was the biggest kingdom of the world and their nation the greatest nation of the world. Caesar, thereon, said that although they were not prepared to accept Islam then, very shortly they would be overpowered by the Arabs. He was much displeased by the arrogant attitude of the courtiers and immediately left Syria. While departing he looked at the Syrian territory and said that he was leaving Syria for ever. And it was true, he was never to return to Syria.¹

6. LETTER TO KHUSRO PERWEZ, EMPEROR OF FARS

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah to Kisra, King of Fars

May peace be on him who follows the guidance, believes in Allah and his Prophet. I testify that there is none worthy of worship except Allah, who is alone and without an associate and Muhammad is His Servant and Prophet. Allah has made me a Prophet and sent me for the entire world, in order that I may infuse the fear of Allah in every living person. Accept Islam and be secure. If you refuse, the sins of all the Zoroastrians shall be your responsibility.²

Allah's
Seal Prophet
Muhammad

Note: The shock which his false pride received and his rage at being thus addressed have been mentioned in some detail elsewhere.

7. LETTER TO HURMUZ

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah, to Hurmuz

1. *Sahih Bukhari*, vol.1, pl. 5, Printed Delhi

2.. *Tabari's History*, vol. 3, p. 90 and *Saheeh Bukhari*

I invite you towards Islam. Accept Islam in order that you may get security in this world and the next.¹

Allah's
Seal Prophet
Muhammad

Note: The Holy Prophet (S.A.W.) while addressing a letter to Khusro Perwez, had also sent a letter to Hurmuz, who belonged to the Iranian royal family and was the maternal uncle of Sheroya. Although at that time he did not pay heed to the Holy letter, subsequently he embraced Islam.

8. LETTER TO THE VICEGERENT OF EGYPT

In the name of Allah, the Compassionate, the Merciful.

From Muhammad Servant of Allah and His Prophet

To Muqawqis, Vicegerent of Egypt

Peace be on him who has taken the right course. Thereafter, I invite you to accept Islam. Therefore, if you want security, accept Islam. If you accept Islam, Allah, the sublime, shall reward you doubly. But if you refuse to do so, responsibility for the transgression of the entire nation shall be yours.

O people of the Book! leaving aside all matters of difference and dispute, agree on a matter which is equally consistent between you and us and it is that we should not worship anyone except Allah and that we should neither associate anyone with Him, nor make anyone else as our god.

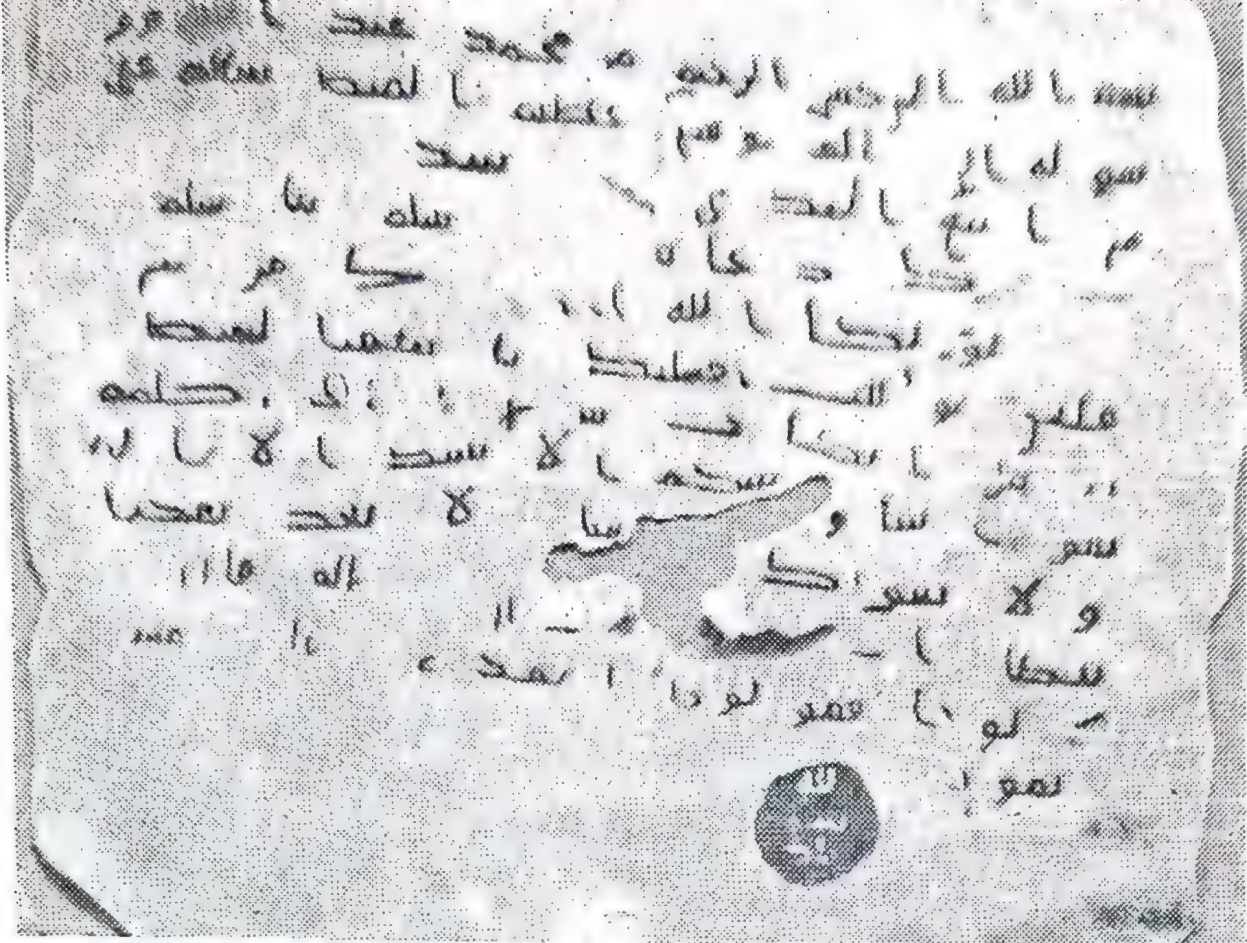
If you refuse it, you must know that we, in all circumstances, believe in Oneness of Allah.²

Allah's
Seal Prophet
Muhammad

Note: Muqawqis who was appointed as vicegerent of Egypt by the Roman Empire. He was a great scholar of his

1. *Risalat Nabawtyya*, vol. II, p. 313.

2. *Zadul Ma'ad*, vol. 3, p. 61.



**Letter of the Holy Prophet Muhammad (P.B.U.H)
to Muqawqis, Vicegerent of Egypt**



Seal of the Holy Prophet Muhammad (P.B.U.H)

religion. Egypt had always been a great centre of civilization and made great advances in various branches of art and astrology. It was also a commercial link between East and West. But like Iran, Egypt had also become morally depraved.

Muqawqis was highly affected by the sincerity of the letter and he remarked that it was the time that the awaited Prophet appeared, but that he was under the impression that he would be born in Syria. He further observed that from Torah and Bible, he had come to know that the Prophet would not eat of charity, but would accept presents and that the poor and indigent would be his companions. He ordered that the Holy letter should be placed in an ivory casket which should be preserved safely in the government treasury. He sent the following reply to the Holy Prophet (S.A.W.).

8(a) TO HUHAMMAD SON OF ABDULLAH

From Muqawqis

"I read your letter and understood what you have written. I know that the coming of a Prophet is still due. But I thought, he would be born in Syria — I have treated your messenger with respect and honour. I am sending two maids for you as presents. These maids belong to a very respectable family amongst us. In addition I send for you clothes and a *duldul* (steed) for riding. May Allah bestow security on you.¹"

Note: Just as Caesar could not benefit from the light of Islam; power and lust pulled him back from availing himself of the blessings of Islam. The gifts sent by Muqawqis were accepted by the Holy Prophet (S.A.W.).

The letter which was placed in an ivory casket by Muqawqis, found its way into the Christian monastery of Akheem in Egypt. There a recluse pasted it on his Bible. The letter was written on a parchment. From there a French orientalist obtained it and sold it to Sultan Abdul Majeed Khan of Turkey, for a consideration of 300 Pounds. The Sultan had the Holy letter fixed in a golden frame and had it preserved in the treasury of the royal palace, along with other sacred relics.

High Muslim scholars have affirmed that the Holy letter

1. *Tabaqat Ibn S'ad*, vol. 3, p. 17.

was written by as high and sacred a personality as Abu Bakr Siddiq (R.A.A.).

Muqawqis, like Caesar, too had a dialogue with Mugheera bin Sh'oba, an exalted companion of the Holy Prophet (S.A.W.). Mugheera (R.A.A.) said: "Once I went to the court of Muqawqis, who enquired of me, about the family of the Holy Prophet (S.A.W.). I informed him that he belonged to a high and noble family. Muqawqis remarked that Prophets always belong to noble families. Then he asked if I had an experience of the truthfulness of the Prophet (S.A.W.). I told that he always spoke the truth. Therefore, in spite of our opposition to him, we call him Ameen (truthworthy). Muqawqis observed that a man who did not speak lies to men, how could he speak a lie about Allah? Then he enquired what sort of people were his followers and what did the Jews think of him. I replied that his followers were mostly poor, but the Jews were his bitter enemies. Muqawqis stated that the followers of the Prophets in the beginning are usually poor, and that he must be a Prophet of Allah. He further stated that the Jews opposed him out of envy and jealousy, otherwise they must have been certain of his truthfulness and that they too awaited a Prophet. The Messiah (A.S.) also preached that following and submitting to the Holy Prophet (S.A.W.) was essential and that whatever qualities of his had been mentioned, the same were the qualities of the earlier prophets.

Mugheera (R.A.A.) was highly impressed by the dialogue. On his return from Egypt, he happened to meet a great Christian scholar, from whom he enquired if he awaited a Prophet, and if so, what qualities of his were mentioned in Torah and Bible? The Christian scholar informed him in detail that indeed they awaited a Prophet, and he would be the last Prophet. Messiah (A.S.) preached to them that when that Prophet appeared, they should follow him. He further preached that the Prophet would be illiterate and an Arab and his name would be Ahmad and his features and characteristics would be as follows:

"Middling height; big eyes with red capillaries showing in them, his complexion would be red and white. He would use coarse clothes and eat ordinary food. He would not be afraid of the greatest power; whoever would fight against him, he would face him. His companions would be prepared to sacrifice their lives at his slightest indication, and would regard him dearer than their own offsprings, mothers, fathers and brothers. From one harem he would stay in another Harem whose land would be rocky and where date-palms would be growing in abundance. His faith would be that of Ibrahim (A.S.)! He shall not adopt the way of the arrogant. His Prophethood shall be for all. The entire earth shall be his prayer - Carpet".¹

Mugheera was so moved by talks that he went to the Holy Prophet (S.A.W.) and accepted Islam.²

9.LETTER TO HAUZA BIN ALI, GOVERNOR OF YAMAMA

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —
To Hauza bin Ali

May peace be on him who follows the guidance. It may be clarified that my deen (faith) shall reach the boundaries of the entire Arabia and Iran and shall prevail. Therefore you should accept Islam. There in lies security.

I have nothing to do with your country. It shall, as before, remain under your jurisdiction.³

Allah's
Seal Prophet
Muhammad

9(a) REPLY OF THE GOVERNOR OF YAMAMA

"The *deen* (faith) towards which you invite me, is very good. I am a famous orator and poet. Therefore the Arabs

1 & 2. Seoti, *Hasan-ul-Muhazira*, pp. 50-51.

3. *Mawahibe Luddunniya*, quoted by *Risalat-e-Nabaviya*, p.314.

highly respect me. If you include me in your government, I am prepared to follow you".¹

Note: The Holy Prophet did not accept the demand of Hauza. He usually refused such peremptory demands and would say that the matter was in the control of Allah, who gave His land to whoever he wanted.

A Christian scholar had advised Hauza to accept Islam and told him that the Arab Prophet (S.A.W.) would not have deprived him of his lands. He had informed him that Isa (Jesus, A.S.) had given the good news in the Bible, that a Prophet would come. Hauza, however, could not overcome the fear of losing his country and did not accept Islam.

10. LETTER TO HARIZ GHASSANI, KING OF DAMISHQ (DAMASCAS)

In the name of Allah the Compassionate, the Merciful
From Muhammad, Prophet of Allah —

To Haris Bin Abi Shimr

Peace be on him who follows the right path, believes in it and regards it as true.

I invite you to believe in One Allah, who has no associate. Your country would remain with you.²

Allah's
Seal Prophet
Muhammad

Note: Haris, the King of Syria, belonged to Ghassani family of Arabia, which had settled in Syria towards the end of the 2nd Century A.D. and by and by established its rule over the country.

Shuja (R.A.A.) had the honour of taking the letter to Haris, happened to meet Muree, a courtier of the King. Muree enquired of Shuja, about the Holy Prophet (S.A.W.) and was highly moved by the account of the Holy Prophet. He remarked that exactly the same account of the Holy Prophet (S.A.W.) was to be found in the Bible. He, therefore, accepted Islam but warned Shuja, not to mention his acceptance of Islam to anybody.

1. *Tabaqat-e-Ibn S'ad*, vol. 3, p. 18.

2. *Tabaqat-e-Ibn S'ad*, vol. 3, p. 17.

Muree mentioned Shuja to the King, who called Shuja to his court and had the letter read. He was highly infuriated after listening to the letter and said, "who dares even look towards my country"? He ordered his army to make preparations. On his return, Haris gave an account of his meeting to the Holy Prophet (S.A.W.) who said, "In his arrogance of kingship, he has declined to accept Islam, but his rule shall not last". Under the leadership of Caesar, Haris started war against Islam, soon after the victory of Mecca, but ultimately the Ghassani rule was effaced from Syria in the 14th Hijra i.e. 625 A.D.

11. LETTER TO MUNZIR BIN SAWA, GOVERNOR OF BAHRAIN

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah —

To Munzir bin Sawa

May peace be on you! I praise Allah, Who is One and there is none to be worshipped but except Him. I bear evidence to the Oneness of Allah and that I am a servant of Allah and His Prophet.

Thereafter I remind you of Allah. Whoever accepts admonition, does it for his own good.

Whoever followed my messengers and acted in accordance with their guidance; he, in fact, accepted my advice.

My messengers have highly praised your behaviour. You shall continue in your present office. You should remain faithful to Allah and His Prophet.

I accept your recommendation regarding the people of Bahrain. I forgive the offences of the offenders. Therefore, you may also forgive them.

Of the people of Bahrain whoever want to continue in their Jewish or Majusi faith, should be made to pay Jizia.¹

Allah's

Seal Prophet

Muhammad

1. *Zadul M'aad*, vol. 3, pp. 61—62, *Tabaqat Ibn S'ad*, vol. 3.

The above letter was written in reply to the following letter of Munzir Bin Sawa:

11.(a) "Allah's Prophet! I received your injunctions. Prior to this, I have also seen the letter, you wrote to the people of Bahrain, extending to them an invitation to Islam. I accept Islam out of my own will.

Some of the people of Bahrain like Islam and entered the Islamic fold, while others continue in their old faith. In my country, there live Zoroastrians and Jews. You may inform me of the treatment which is to be extended to them".¹

It may be mentioned here that Bahrain was under the jurisdiction of Iran in the 6th Century A.D. Munzir bin Sawa was the Iranian Governor of Bahrain. The latter received the message of Islam and accepted it.

12. SECOND LETTER TO MUNZIR

In the name of Allah, the Compassionate and the Merciful

Peace be on you. I am sending Abu Huraira and Qudama (R.A.A.) to you. You may hand over to them, whatever amount of Ush'r, Zakat and Jiziya, you have collected in your area.²

Allah's
Seal Prophet
Muhammad

13. LETTER TO JAIFER AND 'ABD, RULERS OF OMAN

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah—

To Jaifer and 'Abd.

Peace be on him who adopts the right course. Thereafter, I invite both of you to Islam. Embrace Islam. Therein lies security! Allah has sent me as a Prophet to his creatures, in order that I may instil fear of Allah in His disobedient creatures and thus there may be left no excuse for those who deny Allah.

1. *Tabaqat Ibn-S'ad*, vol. 3, p. 19.

2. *Tabaqat Ibn S'ad*, vol. 3, p. 28.

My prophethood is about to reach your country. If you two accept Islam, your country will, as usual, remain with you. But if you refuse or object, it is a perishable thing.¹

Allah's
Seal Prophet
Muhammad

Note: Jaifer and 'Abd accepted Islam after a slight hesitation and said that the Prophet (S.A.W.), himself acted before ordering others to act and before prohibiting others from a thing, himself abstained from it. They further observed that if he attained victory, he was not proud; and overpowered, he did not deflect from his objective. They further said that the Prophet always fulfilled promises. They testified that he was the Prophet of Allah.²

14. LETTER TO THE SECESSOR OF AS'HAMA THE NEGSUS

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, Prophet of Allah —
To Negus, King of Ethiopia.

Peace be on him who follows guidance, believes in Allah and His Prophet (S.A.W.).

I bear witness that there is none to be worshipped except Allah. No one is His associate or partner. He does not stand in need of a wife or children. And I affirm that I am his servant and his Prophet.

I invite you to believe in Allah who is One. If you want security, accept Islam.

O people of the Book! Ignore all matters of difference and dispute, and agree to a thing to which you and we are equally committed, and it is that we should not worship anyone except Allah. And neither should we associate anyone else with Him nor should we regard anyone else as our Sustainer. If they object to it, tell them, "you will bear witness that we believe in Allah."³

1. *Mawalub-ludun-niya*, vol.1,p.294, quoted by *Al-Wasaiq-us-Siyasa*, p. 62.

2. *Balagh-e-Mubeen*, p. 184.

3. In this para, verse 64, from *Sura-e-Ale Imran* of the Quran has been quoted, which was addressed to the Jews and the Christians.

If you will not accept these, the responsibility of the transgression of your Christian people shall be yours.¹

Allah's
Seal, Prophet
Muhammad

The Negus did not accept Islam. He also did not send a reply to the letter.

15. LETTER TO THE KINGS OF HIMYAR

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah—,

To Haris, etc.

May peace be on you, till you believe in Allah and His Prophet.

Undoubtedly Allah is He Who is unique and who has no associate. He sent Musa (Moses, A.S.) with miracles and created Isa (Jesus, A.S.) by His word. But the Jews say that "Uzair is son of Allah" and the Christians say that Isa (A.S.) is son of Allah and is one out of the three".²

Allah's
Seal Prophet
Muhammad

Note: The Kings of Himyar after listening to the letter, gladly accepted Islam, sent a delegation to the Holy Prophet (S.A.W.) to communicate the news of their acceptance of Islam. The Himyar dynasty ruled over the southern part of Yemen, in the time of the Holy Prophet (S.A.W.). Yemen then comprised the south Western portion of Arabia and its area was over 127 thousand square miles. There were a number of Kingdoms in Yemen at that time. The two brothers whom the Holy Prophet (S.A.W.) addressed a letter also ruled over parts of Yemen.

1. *Risalat-e-Nabaviyya*, vp. 291.

2. *Tabaqat Ibn-e-S'ad*, vol. 3, p. 32.

16. SECOND LETTER TO THE KINGS OF THE HIMYAR

The Holy Prophet expressed his deep sense of joy at the acceptance of Islam by the Kings of Himyar and communicated to them injunctions about Zakat and Jizia in the letter that follows:

In the name of Allah, the Compassionate, the Merciful.
 From Muhammad, Prophet of Allah,
 To Kings of Himyar

May peace be on you. I praise Allah, except whom there is none to be worshipped.

Your messengers reached here at the time of my return from Room (Byzantium). They delivered your message; related details of your war against the infidels and conditions existing there. Allah has honoured you with His guidance. You should make the obedience of Allah and His Prophet obligatory on you.

Keep saying prayers, paying *Zakat* and fifth of the benefits gained in religious wars, for Allah and His Prophet.

Allah has fixed the payment of charity money on landed property and it is Ushr (One tenth of the produce in rainfed; and canal irrigated lands and in the case of well-irrigated lands, it is at the rate of half Ushr (One twentieth). As *Zakat* per 40 camels one she-camel; per 30 camels, one young camel; per 5 camels a goat and per 10 camels two goats, be given.

A young cow per 40 bulls and a calf per 30 cows or bulls.

A young goat per 40 sheep, and goats. This is the rate of *Zakat* on cattle.

This rate of *Zakat* has been made obligatory on the Muslims. Whoever gives more than this, it is a source of more *Sawab* (recompense) for him.

But whoever pays the fixed amount; and proclaims his (acceptance of) Islam and helps the Muslims against infidels, is a Muslim. Similarly all the duties and responsibilities of the Muslims shall be applicable to him.

For the fulfilment of this promise, I give the guarantee of Allah and His Prophet.

If a Jew or a Christian embraces Islam, he shall be treated in the same manner. Whoever wishes to continue in Jewish or Christian religion, shall not be forced to change his religion, but he shall have to pay Jiziya, the rate of which for each adult is one dinar,¹ or its equivalent in value, cloth of the same value. Whoever shall pay this amount to the Prophet of Allah (S.A.W.), the responsibility for his protection shall be that of Allah and His Prophet. Whoever refuses Jiziya, shall be regarded as an enemy of Allah and His Prophet.²

Allah's
Seal Prophet
Muhammad

17. LETTER TO FARWAH, GOVERNOR OF M'AAN

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah—

To Farwah bin 'Amar

Your messenger came to me and delivered the presents you sent me, gave me an account of yourself and conveyed to me the good news of your acceptance of Islam.

Allah as honoured you with His guidance. If you continue to remain obedient to Allah and His Prophet and remain faithful to them, keep saying prayers and paying *Zakat*, it is the greatest blessing of Allah; and take it that Allah has blessed you with His guidance.³

Allah's
Seal Prophet
Muhammad

Note: Farwah had been appointed as Governor of M'aan by the Byzantine Government. M'aan which now forms part of Jordan, is situated towards the north-west of Arabia.

1. Dinar was a gold coin and in the present money is equal to a pound sterling.

2. *Tabari's History*, vol. 3, p. 153.

3. *Tabaqat Ibn S'ad*, vol. 3, p. 31.



When Caesar came to know of the acceptance of Islam by Farwah, he reprimanded him and ordered him to give up his new faith, otherwise he threatened to remove him from his office. But Farwah boldly refused. Thereon Caesar imprisoned him, but seeing that even the hardships of the prison could not deflect him from resolution, he ordered that Farwah should be put to death. His last words were "Convey the message to the Holy Prophet(peace be on him), that even my bones remained subservient to Allah"

18. LETTER TO 'AMR BIN HAZM ANSARI GOVERNOR OF YEMEN

In the name of Allah, the Compassionate, the Merciful

This writing from the side of Allah the Great and His Prophet, is given to 'Amr bin Hazm Ansari and has been written at the time of his deputation to Yemen.

"Allah, the Sublime has said,

'O faithful ones! Fulfil your promise'

I impress on him that in every matter, he should fear Allah, for "Allah is with those, who fear Him, and take to virtue". I have admonished 'Amr bin Haz'm (R.A.A.) to receive the due of Allah, according to His order. Treat the people with kindness and order them to do good deeds. Teach them the Holy Quran and make them understand the fundamentals of Islam. Only he who is clean, should touch the Quran. The people should be prohibited from evils. They should be made aware of their rights and duties. In ordering them to do good deeds, the people should be treated politely. But there should be no hesitation in taking to task the one who is guilty of oppression and outrage, as Allah, the sublime does not like cruelty. He has strictly prohibited tyranny. Allah sends curses on tyrants.

People should be informed of the actions and ways which lead to Parádise and warned of the actions which take a person to Hell.

All the people should be treated nicely, in order that they get to understand the elements of the faith adequately.

The tenets of Hajj should also be told in detail in *Farz* (essentially and obligatory) and *Sunnat* (what is lesser essential, but was done by the Holy Prophet (S.A.W.) should be clearly described. All the commands of Allah in respect of Hajj and *Umra* should be made known to the people.

People should be prohibited from saying prayers in such clothes, as do not cover the body and during the prayer there is a risk of the private parts being exposed. The instructions in respect of *Wudu* (ablution) should be fully explained. It is ordered that the prayers should be offered at the fixed times and it is directed that the *Ruku* (bowing before Allah), during the prayer) should be completely performed. And during the prayers, there should be *Riqqat* (tendency to repent and weep). The *Fajr* (morning) prayers should be said early in the morning (much before sunrise). The *Zuh'r* (early after-noon) prayer should be offered after the sun pasts its zenith and begins to decline. The '*Asr* (late after-noon) prayer offered after the shadow gets oblique. *Maghrib* (evening) prayer should be offered immediately after the sunset, and should not be delayed till the stars appear in the sky. *Isha* (night) prayer should be said in the first part of night.

Regarding Friday prayers, it is ordered that when there is *Azan* (call for prayers), one should immediately leave to say the prayers and before leaving for the Friday prayers, bath taken.

From the goods gained in religious wars, *Khums* (fifth part) be paid, in the way of Allah. From the produce of land of every Muslim, a quantity equal to *Ush'r* (one tenth) should be charged by way of land revenue. *Ush'r* is for the land which is rain-fed or irrigated by a spring. The land irrigated by manual or animal labour, should be charged half of *Ush'r* (one twentieth).

As for cattle, two goats be taken per 10 camels and four goats per 20 camels. one cow per 40 cows and one calf per 30 cows and one goat per 40 goats.

This rate has been made obligatory on the Muslims, as *Zakat*, by Allah. Whoever pays more, shall deserve greater recompense.



People should not call one another for help in war, in the name of their tribe and family. A person should be helped only for the sake of Allah the One. And whoever invites people to war in the name of tribe or family only instead of Allah, such a rioter should be put to an end.

Invitation to war is only for Allah who is One. If any Jew or Christian embraces Islam of his own free will and with a sincere heart and accepts the way of Allah, he is a Muslim. His rights and duties shall be the same as those of other Muslims.

And whoever continues to adhere to his Jewish or Christian religion, should never be compelled to change his religion. But for each adult of them, a dinar should be levied, which shall be received annually in cash or kind. Cloth of this value can also be accepted.

Whoever refuses to pay this amount, should be regarded as an enemy of Allah, His Prophet and all the Muslims.¹

Allah's
Seal Prophet
Muhammad

Note: 'Amr (R.A.A.) not only preserved this document, but also collected the other letters of the Holy Prophet (S.A.W.) sent to the different clans, particularly of Jews, Christians and had them bound into a volume. This subsequently served as an authentic source of information, particularly reg. Zakat, Charities, Rights of the Muslims and non-Muslims, their duties, etc.

19. LETTER TO UKAIDIR, RULER OF DUMAT-UL-JANDAL

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah —

To Ukaidir and people of Duma.

Now that they have embraced Islam and given up idol worship.

The lands of the ponds of Duma, non-agricultural lands, unowned and *nazool* (state property), lands, armours and parts, shall be for us.

1. *Tabaris' History*, vol. 3, pp. 156—157.

All rivers, springs, cultivated lands, trees, grass, etc., shall be the property of the people of Duma.

Zakat shall not be levied on cattle, except those which graze in meadows. Unaccounted for cattle, shall not be included in *Zakat*.

Prayers shall be offered on time, and *Zakat* paid honestly.

It shall be incumbent on all of you to adhere to this promise and pact. If you will stick to the promise, then sincerity and faithfulness is assured from our side to which Allah and all the Muslims present, bear witness.¹

Allah's
Seal Prophet
Muhammad

Note: Dumatul Jandal, at present known as Jauf, a big caravan centre, is situated half way between Syria and Madina. Kanana, a clan of Arabia lived there. Although the clan was Arab, it had accepted Christianity under the influence of the Roman Empire. Caesar had appointed Ukaidir as the ruler of Duma, on his behalf. Ukaidir embraced Islam gladly and voluntarily.

¹ *Tabaqat Ibn S'ad*, vol. 3, p. 36.

PART III

LETTERS AND INJUNCTIONS SENT TO THE
CHIEFTAINS, LEADERS AND HEADS OF
VARIOUS TRIBES AND INDIVIDUALS

1. LETTER TO THE POPE OF ROME

In the name of Allah, the Compassionate, the Merciful.

Peace be on him, who believes in Allah. I am of the faith that Isa (Jesus A.S.) son of Mariam (Mary) was the spirit of Allah and His word! Allah infused him in the pious Mariam.

I believe in Allah, all His Books and His Commands which he sent to Me and which He sent to Ibrahim, Ismail, Ishaq and Yaqub (A.S.) and their descendants. I also believe in what was given to Musa and Isa (A.S.) and other prophets by Allah! In faith and belief, we do not differentiate in accepting any of the prophets. We are Muslims (meaning obedient to Allah) Peace be on him who follows the guidance.¹

Allah's
Seal Prophet
Muhammad

Note: Alongwith the letter to Caesar, the Holy Prophet (S.A.W.) had also sent a letter to the Pope. The latter testified to his Prophethood and observed, "No doubt, he is a true Prophet". Thereafter he addressed a congregation in the cathedral and informed the people that he had received a letter from the Arabian Prophet Ahmad (S.A.W.) who had invited them to accept the true faith of Allah, the One. He then testified that there is no god save Allah and that Ahmad (S.A.W.) was the servant and prophet of Allah. The people were highly infuriated to hear this truthful declaration and they beat him so much that he died.²

1. *Tabari's History*, vol. 3, p. 88.

2. *Tabaqat Ibn-e-S'ad*, vol. 3, p. 28.

2. LETTER TO THE JEWS OF KHYBER

In the name of Allah, the Compassionate, the Merciful

From Muhammad, the Prophet of Allah who is like Moosa (Moses A.S.) a prophet and messenger and he testifies to what Moosa (A.S.) had brought.

O people of Torah, has Allah not stated in the Torah that "Muhammad (S.A.W.) is a Prophet of Allah. The people who will be with him, shall be harsh towards the enemies of Allah. And amongst themselves, they shall be kind and loving. They shall bow and prostrate before Allah. And they shall seek His bounty and goodwill".

I ask you to swear by Allah, who sent Torah for you and who made your forefathers eat 'mann' and 'salva' and dried sea for them and rid them of the tyranny of pharaoh. It is not written in Torah that you should believe in me?

After the explanation about me in the Torah, do guidance and transgression become apparent?

Therefore I invite you towards Allah and His Prophet.¹

Allah's
Seal Prophet
Muhammad

Note: The Jews and Christians knew well that a prophet would come and they were awaiting his appearance. The Holy Prophet (S.A.W.) was absolutely certain of the prophesy about him in the Torah.

3. LETTER TO BUDAIL BIN WARQA

In the name of Allah the Compassionate, the Merciful

From Muhammad, Prophet of Allah—

To Budail bin Waraqa, etc.

I praise Allah except whom there is no god.

Thereafter, you should know that the people of Tihama are the dearest to me and in relationship are the nearest to

1. *Kanz-ul-Ummal*, vol. 5, p. 285.

me. Whatever I like for myself, I like for the one who migrates from amongst you, although he may migrate to a place in his own region.

The people of Tihama, who are a party to the Agreement, shall deserve the same treatment, as the people of Tihama.

I value the people of Tihama and nothing would be done from my side, as is not in accordance with their dinity.

At the time of my treaty with the tribes of Arabia, your people should feel secure.

Alqama son of Ulasa and Houza's two sons have already embraced Islam and both of them have migrated, and have taken *bai'at* (vow) on the same terms as the people of Ikrama have done. We are all equal as regards *Halal* (permissible) and *haram* (forbidden) By Allah, I do not say anything incorrect to you. Allah shall certainly love you.¹

Allah's
Seal Prophet
Muhammad

Note: Abdul Muttalib, the grandfather of the Holy Prophet (S.A.W.) had entered into a treaty with the Khuza'a tribe to help each other and descendants of each other. The tribe, therefore, always helped the Holy Prophet (S.A.W.) The tribe informed the Holy Prophet (S.A.W.) of the invasion by the Quraish and the Jews, on Madina.

The tribe lived in the Tihama Valley lying towards the South of Mecca, along the Red Sea and the Serat Mountain. Aslam was a branch of this tribe. Its people presented themselves to the Holy Prophet (S.A.W.) and accepted Islam. The Prophet wrote the following to the tribe.

4. LETTER TO THE PEOPLE OF ASLAM TRIBE

In the name of Allah, the Compassionate, the Merciful.

1. Whoever from the Aslam tribe believes in Allah, says prayers, pays *Zakat* and is sincere to the *deen* of Allah, shall

1. *Tabaqat Ibn S'ad*, vol. 3, p. 25.

be helped, if somebody attacks them.

2. When the Prophet (S.A.W.) needs their help, it shall be obligatory on them to help him.

3. Their villagers shall have the same rights, as those of their citizens.

4. These people can migrate wherever they like.¹

Allah's
Seal Prophet
Muhammad

5. LETTER TO THE PEOPLE OF TIHAMA RANGE

In the name of Allah the Compassionate, the Merciful

From Muhammad, Prophet of Allah

To the free people of Allah

All those who believe in Allah, offer prayers, and pay *Zakat* are free from bondage. Muhammad (S.A.W.) is their ruler. They shall not be sent back, except to their own tribes and they shall not be answerable for their past crimes. The people from whom their debt is due, shall be made to pay it.

These people shall not be subjected to any oppression or outrage. Whoever embraces Islam, shall be the responsibility of Allah and Prophet Muhammad (S.A.W.) in all the matters mentioned above.

May peace be on you.²

Allah's
Seal Prophet
Muhammad

Note: As mentioned earlier, Tihama is a long valley lying between the Red Sea and Serat Hill. In the mountain range of Tihama lived people belonging to a number of Arabian tribes. They had no regular occupation or calling, but resorted to looting and waylaying. They sent a delegation to the Holy Prophet (S.A.W.) who assured them that their past crimes would be condoned and their slaves would be free.

1. *Tabaqat Ibn S'ad*, vol. 3, p. 24.

2. *Ibid.*, p. 29.

6. LETTER TO KHALID BIN ZIMAD-UL-AZDI

In the name of Allah the Compassionate, the Merciful.

The cultivated lands in the possession of Khalid bin Zimad-ul-Azdi at the time of embracing Islam, shall remain his property, provided he believes in Allah, who does not have an associate, testifies that Muhammad is His servant and Prophet; says prayers, pays *Zakat*, keep fasts of the month of Ramazan and performs Hajj of the House of Allah. He shall neither give refuge to anyone who introduces new things in religion; nor doubts the rightness of Islam; shall remain faithful to Allah and His Prophet; befriend friends of Allah and is hostile to His enemies.

It is obligatory on Prophet Muhammad (S.A.W.) to guard them just as he guards his life and property and that of his kith and kin.

Allah and His Prophet are responsible for Khalid-ul-Azdi, provided there is no disloyalty on his part.¹

Allah's
Seal Prophet
Muhammad

Note: Prior to the advent of Islam, Khalid's father Zimad-ul-Azdi, who belonged to Yemen, practised medicine and surgery. During the course of the Prophethood of the Holy Prophet (S.A.W.) he happened to visit Mecca and saw a crowd of street urchins following the Holy Prophet (S.A.W.) and calling him Majnoon (mad). Zimad, thereafter, went to the Holy Prophet (S.A.W.) and informed him that he could cure madness. The Holy Prophet (S.A.W.) spoke a few impressive sentences in praise of Allah, which impressed Zimad to such a degree that he embraced Islam immediately. The Holy Prophet (S.A.W.) wrote the above letter to Khalid.

7. LETTER TO HILAL BIN UMAYYA, CHIEF OF BAHRAIN

In the name of Allah the Compassionate, the Merciful
May peace be on you. I praise Allah who is one and

1. *Tabaqat Ibn S'ad*, vol. 2, page 21.

there is no associate of His.

I invite you to believe in Allah, the One. Obey Allah, and enter the fold of Islam. This is the best way for you, and security is for him who follows the straight course.¹

Allah's
Seal Prophet
Muhammad

8. LETTER TO USAIBUKHT BIN ABDULLAH, CHIEF OF HAJAR

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah

To Usaibukht Bin Abdullah, Chief of Hajar.

Aq'r'a brought your letter and made a recommendation on behalf of your tribe. I have accepted his recommendation.. I convey to you the good news that I agree to what you have asked for and what you have demanded, in accordance with your wishes. But to me, it seems reasonable that you explain your demands.

If you come here, you will be honoured. Even if you are unable to come, there is respect for you in my heart.

Although I do not seek any present, but if you want to send me a present, I shall gladly accept it.

My workers have spoken of high and esteemed level of your rank. I exhort you to give full regard to prayers, *Zakat* and relationship with the Muslims.

I have proposed the name of Banu Abdullah for your community. You should order your people to say prayers and do good deeds and obtain for yourself the happy news.

May peace be on you and your community of believers.²

Allah's
Seal Prophet
Muhammad

1. *Tabaqat Ibn S'ad*, vol. 3, page 27.
2. *Tabaqat Ibn S'ad*, vol. 3, p. 27.



Note: Usaibukht, also called Sehbukht, was the Chieftain of Hajar which was, at one time, a big city and is a part of the Arabian province of Al-Hisa and is situated on the Persian Gulf. Usaibukht gladly embraced Islam. The Holy Prophet (S.A.W.) also addressed the following letter to Abdullah.

9. LETTER TO BANU ABDULLAH

In the name of Allah, the Compassionate, the Merciful

I admonish your people to remain devoted to Allah and not to get astray after receiving guidance and not to lean towards deviation after accepting the right course.

Your delegation has come to me. I have treated it in the manners which pleased it.

I did not consider it proper to oust you from Hajar. I have accepted the request of your delegation. You should remember the munificence with which Allah has blessed you. I have come to know whatever you people have done. Whoever, from amongst you, will remain faithful, shall not be implicated in the crimes of rioting of others.

When my messengers reach you, do help them in the work of Allah. Whoever from amongst you will perform a virtuous act, his good action not be overlooked either by Allah, or by me.

Security is for him who follows the right path.¹

Allah's
Seal Prophet
Muhammad

After the conquest of Mecca, the Holy Prophet (S.A.W.) addressed letters which follow, to a number of tribes, many of whom had already accepted Islam.

1. *Tabaqat Ibn S'ad*, vol. 3, p. 27.

10. LETTER TO NAHSHALL BIN MAALIK, CHIEF OF BANI VA'IL

In the name of Allah, the Compassionate, the Merciful

From Muhammad, Prophet of Allah

To Nahshall bin Maalik and the people of Bani Va'il, who have already accepted Islam.

All the people should keep on saying prayers; paying Zakat; obeying Allah and His Prophet and paying one fifth out of the benefits of holy wars for Allah and His Prophet. Keep on proclaiming acceptance of Islam; and staying away from the infidels. All such people are in the protection and trust of Allah, and Muhammad (S.A.W.) who are responsible for saving them from every kind of oppression and excesses.

Neither shall these people be exiled, nor Ush'r (One tenth) charged from their produce. Their ruler shall be from amongst them.¹

Allah's
Seal Prophet
Muhammad

11. LETTER TO RIFA'A BIN ZAID JUZAMI

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah

To Rifa'a Bin Zaid.

I am sending Rifa'a to his community. He will extend the invitation of Allah and His Prophet to his community.

Whoever will accept his invitation, shall be taken as belonging to the organization of Allah and His Prophet and whoever will refuse to do so, shall be secure for two months.²

Note: Rifa'a had accepted Islam earlier. The Holy Prophet (S.A.W.) gave him a letter and sent him as a preacher to his tribe.

1. *Tabaqat Ibn S'ad*, vol. 3, pp. 33 and 49.

2. *Risalat Nabaviyya*, pp. 150-151.

12. LETTER TO BANU ASAD

In the name of Allah, the Compassionate, the Merciful
 From Prophet Muhammad
 To Banu Asad

Peace be on you. I praise Allah, except Whom there is no god to be worshipped.

Thereafter, you have no right to take over the ownership of the wells and lands of Tai tribe. The use of their wells is not permissible (Halal) for you.. Also none shall enter their lands, without their permission.

Whoever will not obey me, shall not be my responsibility.

Qaza'i bin Umar who is their administrator should manage this.¹

Allah's
 Seal Prophet
 Muhammad

13. LETTER TO THE CHIEFS OF AQABA

In the name of Allah, the Compassionate, the Merciful
 From Muhammad, Prophet of Allah
 To the People of Aqaba

May peace be on you. I praise Allah who is One and except whom there is nobody else to be worshipped.

I do not intend to wage war against you till you receive my written reason for it. It is better for you, either to accept Islam or agree to pay Jiziya and consent to remain obedient to Allah, His Prophet and his messengers. My messengers deserve honour. Treat them with respect. Whatever pleases my messengers, will also please me.

These people have been informed of the orders about Jiziya. If you desire that there should be peace and security in the world, obey Allah and His Prophet. Thereafter none in Arabia and Ajam (Iran) shall dare cast an evil eye on you. But the rights of Allah and His Prophet can at no time be waived.

¹ *Tabaqat Ibn S'ad*, vol. 3, p. 23.

If you do not accept these terms and set them aside, I do not need your presents and gifts. In that case, I shall have to wage war (to establish peace and security). Its result would be that the big ones shall be killed in war and the commoners shall be taken prisoners.

I assure you that I am a true Prophet of Allah. I believe in Allah, and His Books, and His Prophets and am of the faith that Maseeh (Messiah) son of Mariam (Mary), is a Prophet of Allah and His word.

Hurmala (R.A.A.) who brought to me 3 *wasag* (about 6 quintals) of barley, recommended your case. Had it not been in compliance of the command of Allah and the good opinion of Hurmala about you, it would not have been necessary for me to correspond with you and instead of it, there would have been a war. If you will obey my messengers, you shall immediately have my support and the help and support of everyone who is attached to me.

My messengers are Shuraih-beel, Obaiy, Hurmala and Hurais (R.A.A.) and whatever decision they take in respect of you, shall be acceptable to me.

You people are under the protection and responsibility of Allah and His Prophet.

Supply provisions to the Jews of Maqna, for their journey to their country.

If you accept obedience, may peace be on you.¹

Allah's
Seal Prophet
Muhammad

Note: As in the present day, Aqaba was an important port of the Red Sea. In ancient times also, due to its being an international trade centre, trade caravans to Palestine and Africa went through Aqaba and trade goods to the Coastal towns of the Red Sea also came from it. Under the influence of the Romans, the local Arab tribes who ruled here, got converted to Christianity, but due to the oppressive behaviour of the Romans, the Arab tribes, living by the side of the Roman frontiers, got hostile to the Romans and wanted to be free.

1. *Tabaqat Ibn S'ad*, vol. 3, pp. 29, 37.

During the time of the Holy Prophet (S.A.W.), Yuhanna, a bishop, was the ruler of Aqaba. In the beginning he was not prepared to be-friend the Muslims. But seeing that Caesar avoided facing the Muslims he came to the side of Islam. Subsequently in the 9th Hijri 630 A.D. the Caesar wanted to invade Madina with a large army. The Holy Prophet (S.A.W.) however, made up his mind to stem the tide of invasion in the country of the enemies. He, therefore, moved his valiant companions to Tabuk, where he waited for the Roman army for about 12 days. The Roman army was highly frustrated by the courage of the Muslims and quietly dispersed without fighting. Yuhanna and other heads of the different tribal states sent delegations and assurances of their obedience to the Holy Prophet, who addressed the letter, given above. Yuhanna himself went to the Holy Prophet (S.A.W.) and entered the sanctuary of Islam.

14. LETTER TO THE PEOPLE OF MAQNA

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, Prophet of Allah —

To Bani Janba and People of Maqna

Peace be on you. I have come to know that you are going to your villages. You will be in security, when this writing reaches you. I have forgiven all your crimes. None shall be allowed to oppress you. For you is the guarantee of Allah and His Prophet. You shall be protected, just we protect ourselves.

One fourth of the produce of datepalm gardens, Sea-Catch and the Yarn spun, is due from you. After its payment, you shall be exempt from *Jizya* and all kinds of free labour. If you will remain loyal, it shall be obligatory on us to honour your respectable people and to forgive all your past offences!

Towards the end of the holy letter, the following direction for the Muslims was written:

Whoever will treat the people of Maqna nicely, it shall be better for him and who ever will maltreat them, it shall be harmful for him.

A ruler for you, shall either be appointed from amongst you or from those connected with me.¹

Allah's
Seal Prophet
Muhammad

Note: The people of Maqna which is situated on the Gulf Aqaba, were Jews. They sent a messenger to the Prophet (S.A.W.) assuring him of their loyalty and requested for an injunction.

15. LETTER TO THE PEOPLE OF AZRUH

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, Prophet of Allah
To the people of Azruh

These people are under the refuge and protection of Allah and his Prophet (S.A.W.) In every Rajab (7th month of the Islamic Calendar) one hundred dinars shall be payable by them. Allah shall be their custodian, in return for their goodwill and good turn to the faithful.

These people shall be in every sort of security unless informed otherwise by Muhammad (S.A.W.).²

Allah's
Seal Prophet
Muhammad

16. LETTER TO THE CHIEF OF HAMDAN

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, Prophet of Allah —
To Umair Zimaran

May peace be on you. I praise Allah, except whom there is none to be worshipped.

Thereafter; On return from Rome, I received the news about the acceptance of Islam by your tribe. Congratulations to the people of the Hamdan that Allah has honoured them

1. *Tabaqat Ibn S'ad*, vol. 3, p. 28.

2. *Maqdisi*, p. 178.

with His guidance. Your people should make a declaration of Islam and that there is none to be worshipped except Allah and that Muhammad (S.A.W.) is His Prophet! Those who say their prayers and pay *zakat*, shall be the responsibility of Allah and His Prophet. None shall be oppressed, or outraged. And whoever owns something, shall remain owner thereof.

It is not permissible for the Ahle bait (Kins) of the Prophet (S.A.W.) to accept any Charity. Malik bin Musara Ruhawi (R.A.) has delivered your message. I emphasise on you to treat him nicely. He is amongst the best people of his group.¹

Allah's
Seal Prophet
Muhammad

Note: The above letter was sent on the occasion of the receipt of the good news that as a result of the preaching of Qais bin Malik who belonged to the Hamdan Tribe, the entire tribe embraced Islam. Earlier Qais had presented himself to the Holy Prophet (S.A.W.) and accepted Islam. He was deputed to preach Islam to his tribe.

17. LETTER TO KHALID BIN WALEED (R.A.A.)

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, Prophet of Allah.—

To Khalid bin Waleed.

Peace be on you! I praise Allah, except whom there is none to be worshipped.

Thereafter, received your letter, through your messenger, in which you have informed about the acceptance of Islam by Bani Al-Haris. I came to know that they have accepted the invitation which you took to them and that they testify that there is none to be worshipped except Allah, the One, who is without an associate and that Muhammad (S.A.W.) is His servant and Prophet.

1. *Tabaqat Ibne S'ad* vol. 2, pages 73 and 74.

Allah has honoured them with His guidance. Give them the good news about Paradise and frighten them from Hell.

After performing this work, come here and tell the people to send a deputation to me.¹

Peace be on you and
Kindness of Allah and
His blessings

Note: The Holy Prophet (S.A.W.) had sent Khalid bin Waleed (R.A.) to the Bani Haris tribe who lived in Yemen with an invitation to embrace Islam. The entire tribe accepted Islam. When Waleed conveyed the good news the Holy Prophet (S.A.W.) wrote to him the above letter.

18. LETTER TO MUSAILMA KAZZAB (THE LIAR)

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, Prophet of Allah —
To Musailma Kazzab

Peace be on him, who follows guidance.

Land is that of Allah, Who makes, anyone of his men, whom He desires, its inheritor.

And good ending is for those who fear Allah.²

Allah's
Seal Prophet
Muhammad

Note: It has previously been mentioned that Hauza, the Governor of Yamama had written to the Holy Prophet (S.A.W.) that in case the Prophet was agreeable to include him in his Government, he was ready to accept Islam. This demand was rejected by the Holy Prophet (S.A.W.). After the death of Hauza, Musailma succeeded him. Immediately thereafter he falsely declared himself a prophet and wrote to the Holy Prophet (S.A.W.) that he had been associated in the prophethood and therefore, half the country should be

1. *Tabari*, vol. 3, p. 156.

2. *Ibid.*, vol. 3, p. 167.

given for him. In reply the Holy Prophet (S.A.) verse of the Holy Quran from Surah A'raf writtation of which appears above and had it sent to M Such a brief and yet so eloquent a reply, has no parallel. Musailma was killed in a battle with Khalid bin Waleed (R.A.A.), after the passing away of the Holy Prophet (S.A.W.).

19. LETTER TO M'UAZ BIN JABAL (R.A.A.)

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, Prophet of Allah —
To M'uz bin Jabal (R.A.)

May peace be on you! I praise Allah the One. May Allah add to your recompense and calm your sad heart and give you endurance to thank Him.

As a matter of fact, our lives, our kith and kin and our property are merely a trust temporarily reposed in us from amongst the gifts of Allah. He benefits his servant by it, till he likes and when the fixed time comes, He takes it back.

The duty of a man is to thank Allah, when He bestows on him a munificence and when it is taken back, he should endure it with patience.

Your son was a good trust of Allah. He kept you blessed with him, till He liked. And when He desired He took him away from you, in return for a great recompense, provided you keep yourself contented with the will of Allah.

Oh M'uz (R.A.A.), If you show impatience you will lose your recompense or reward with Allah. If you get to know, how much return and recompense has been granted to you for it, then this loss would appear very meagre in your eye.

The promise which Allah has made with the people who endure misfortune and pain with patience, shall be fully fulfilled in the life to come. The promise of Allah should reduce your grief. Whatever is destined to take place, must occur.

Peace be there!

Allah's
Seal Prophet
Muhammad

contented = ishlah

Note: M'uaz was an esteemed Companion of the Holy Prophet (S.A.W.) who embraced Islam at the young age of 18. He belonged to the Ansars. The Holy Prophet (S.A.W.) sent him to educate the Muslims, in Yemen while there, his son died. On that occasion the Holy Prophet (S.A.W.) wrote to him the above letter of condolence, exhorting him to bear the loss of patiently.

20. LETTER TO GENIE

In the name of Allah, the Compassionate, the Merciful.
This writing of the Prophet of Allah, the Sustainer of the world, is for the person Who, due to some reason, enters a house at night or resides in a house and inflict harm. O Rahman! bestow goodness on him!

Thereafter! Between us and you, there is an extensiveness and room as regards rights. Therefore if you love someone and have a liking for him and do not distinguish between right and wrong and want to resort to force, and belie what is right, then you should know that the Book of Allah gives the right judgment between us and you. Says Allah the Sublime, "This is My Book, which speaks out what is right, as compared to yourself. We record, whatever you do and Our Angels, too keep it writing.

Therefore, let alone the person who has this writing of mine and flee to the idol-worshippers, or go to a person who associates someone else with the worship of Allah although there is none else worthy of worship except Allah. Everything except Him is perishable. In this world, His is the rule and to Him, all have to return (after death)."

"Thaghlaboon" "Ha Meem" They should not be helped. "Ha Meem 'Aen Seen Qaf". The enemies of Allah get dispersed! The proof has already come from Allah. Nobody except Allah wields power and force! Therefore Allah Who is All-Knowing and All-Hearing, is enough to save you from their mischief!

Allah's
Seal Prophet
Muhammad

1. Seoti, Khasa'is-ul-Kubra, vol. 2, pp 98, 99.

Note: Abu Dujana (R.A.) a brave and fearless warrior and a companion of the Holy Prophet (S.A.W.), came to him and related that one night when he lay down on his bed to sleep, he heard a horrible sound and saw something like lightning; and saw a shadow moving in the courtyard. He further mentioned that as he proceeded towards it, a flame leapt in his direction and he was afraid lest it should burn him. The Holy Prophet (S.A.W.) observed that it might have been a genie. He, therefore, had the above letter written, which Abu Dujana kept under his pillow and lay down. He heard somebody saying", Oh Abu Dujana, By Lat and Uzza¹ you have burnt me. If you remove the writing from under your pillow, then by the wirtter of the letter, I shall never visit your house or your neighbourhood again." Abu Dujana related the incident to the Holy Prophet (S.A.W.) Who said, "Abu Dujana! Remove the writing otherwise, by the One Who has sent me as a Prophet, the community of genii shall remain in agony, till the Day of Judgment."

21. LETTER TO ZUL GHUSSA QAIS

In the name of Allah, the Compassionate, the Merciful.
Bani Al Haris and Bani Nahad are the responsibility of Allah and His Prophet (S.A.W.). Neither shall they be ousted from their habitations nor *ushr* taken from them, provided they continue to say their prayers, pay *zakat*, live apart from infidels and declare their Islam.

Besides these, the protection of roads shall be included among their duties.²

Allah's
Seal Prophet
Muhammad

Note: Zul Ghussa Qais was a Chief of the Bani Nahad Tribe.

1. Lat and Uzza were two big idols of Arabia. Lat was installed in Taif and Uzza in the vicinity of Mecca.

2. Tabaqate Ibne S'ad, vol. 3, p. 22.

22. LETTER TO 'AMR BIN M'ABAD AL-JUHANI

In the name of Allah, the Compassionate, the Merciful.

Whoever from amongst these people accepts Islam, says prayers, pays *zakat* remains obedient to Allah and His Prophet (S.A.W.), declares his Islam, keeps away from infidels and keeps paying the share of Allah and His Prophet from the benefits of holy wars, shall be in the protection of Allah and His Prophet (S.A.W.).

Whoever from amongst the Muslims, whom payment of a debt is due from somebody, shall receive the amount of the principal only and interest on the pawned amount shall not be admissible.

Zakat on fruits shall be one tenth of the produce.

Whoever will join these people, will have to abide by these injunctions.¹

Allah's
Seal Prophet
Muhammad

23. LETTER TO BANI ZUHAIR

In the name of Allah, the Compassionate, the Merciful.

From Muhammad, the Prophet of Allah —

To Bani Zuhair

If the people of Bani Zuhair bin Uqaish (a branch of Ukal Tribe), believe in Allah and His Prophet and have faith in them; say prayers, pay *zakat*, keep away from infidels and accept the share of Allah and His Prophet in the benefits of holy wars; they shall be secure in the protection of Allah and His Prophet.²

Allah's
Seal Prophet
Muhammad

1. *Tabaqate Ihne Sad*, vol. 3, pp. 24 and 25.

2. *Tabaqate Ibna S'ad* vol. 3, p. 22.

Note: The above letter was written on a parchment found with a person named Al Namir bin Taulab, who stated it contained the injunctions issued by the Holy Prophet (S.A.W.) to his tribe.

24. LETTER TO SOHAIL BIN 'AMR

In the name of Allah, the Compassionate, the Merciful
Immediately on receipt of this letter, send me zamzam¹
water.²

Allah's
Seal Prophet
Muhammad

Note: Al already mentioned elsewhere in this book, Sohail bin Omar was a bitter enemy of Islam and made highly inflammable and virulent speeches against the Holy Prophet (S.A.W.). He was the person who made peace with the Holy Prophet (S.A.W.) on behalf of the Quraish on his own terms, after a considerable argumentation. After the conquest of Mecca, he hid himself in his home and requested his son Abu Jundal (R.A.) to have his life spared. An account of the persecution, of Abu Jundal, who had embraced Islam, by his father Sohail, appears elsewhere in this book. The Holy Prophet (S.A.W.) generously forgave all his past faults. Sohail was so moved by the limitless kindness of the Holy Prophet (S.A.W.), that he sincerely embraced Islam and became one of the greatest devotees of Islam. It is well known that none excelled him in saying more prayers, or keeping more fasts and giving more charity. The excess of prayers and fasts extremely emaciated him. As soon as he received the above letter, he sent two water skins of Zamzam Water to the Holy Prophet (S.A.W.).

25. LETTER TO KHAS'AM TRIBE

In the name of Allah, the Compassionate, the Merciful.

-
1. The name of the Well in the precinct of Haram K'aba.
 2. *Risalat-e-Nabaviyya*, p. 154.

Of the people of Khas'am, who live in jungle or villages and who in their dark days (before embracing Islam) committed murders, are forgiven.

Whoever from these people accepts Islam, will have to pay one twentieth of the produce of the land, irrigated by springs and one tenth of the produce of rainfed lands.¹

Allah's
Seal Prophet
Muhammad

Note: The people of Khas'am tribe were agriculturists. The Holy Prophet(S.A.W.) gave general amnesty to the criminals of the tribe in the above letter.

26. LETTER TO ZAMAL BIN 'AMR-AL-UZRI

In the name of Allah, the Compassionate, the Merciful
I send Zamal bin 'Amr to his people. Whoever embraces Islam, is included in the group of Allah.

And whoever refuses to accept Islam, there is a guarantee for his security too, for two months.²

Allah's
Seal Prophet
Muhammad

Note: Zamal Bin 'Amr, presented himself to the Holy Prophet (S.A.W.) and embraced Islam. The Holy Prophet (S.A.W.) sent him with the above letter, to his people.

1. *Tabaqat Ibn S'ad*, vol. 3, p. 34.

2. *Risalat-e-Nabaviyya*, pp. 151 and 152.

PART IV

THE INJUNCTIONS, ORDERS, INSTRUCTIONS, DEEDS
ETC. ISSUED BY THE HOLY PROPHET (S.A.W.) TO
DIFFERENT HEADS OF TRIBES AND INDIVIDUALS

1. INJUNCTIONS OF THE HOLY PROPHET (S.A.W.)
TO 'AMR BIN MURRA JUHANI

In the name of Allah, the Compassionate, the Merciful.

This writing is from Allah, the Sublime, the Great. He disclosed what is right through His Prophet (S.A.W.) and gave him an eloquent Book. 'Amr Bin Murra shall have complete authority over his land. He may graze his cattle, wherever he likes and may water them, provided he keeps paying the fixed *Zakat* in respect of his cattle. There is no *Zakat* on draught cattle.

Allah and all the Muslims testify this agreement.¹

Note: Amar Bin Murra belonged to Juhaina tribe and owned some land. He had gone to perform Hajj, when one night he saw in a dream, above Kaba a glare which clearly showed the mountains of Madina and Juhaina. He also heard somebody say "Darkness has gone and light has appeared. The last of the Prophets has come; Islam has appeared. Their idols have got shattered and the period of friendship and love has begun." He woke much perturbed. After some time he came to know of the Holy Prophet (S.A.W.) and went to him. The Holy Prophet (S.A.W.) informed him of his prophethood and told him that Islam prohibited unlawful murder, rioting and idolatry and enjoined on them to keep fasts for a month in a year. He further affirmed that the person who accepted these injunctions, would go to paradise and who refused to do so would go to Hell. 'Amr immediately embraced Islam and asked for permission to go to his tribe and preach Islam to them. The people of his tribe except one, embraced Islam. On his return, the Holy Prophet (S.A.W.) gave the above injunctions for the people of his tribe.

1. *Kanz-ul-mumal*, quoted by *Risalat-e-Nabaviyya*, p. 225-228.

2. INJUNCTIONS TO MUTTARIF BIN KAHIN-UL-BAHILI

In the name of Allah, the Compassionate, the Merciful.
From Muhammad, the Prophet of Allah —

To Muttarif bin Kahin-ul-Bahili

Whoever from your tribe will render cultivable any waste land, that land shall be his.

Such people shall owe as *Zakat* a cow per 30 cows; a year old sheep per 40 sheep and one six year old camel per 50 camels.

The collectors of *Zakat* shall have no right to compel them to receive *Zakat* from them at any place, other than their meadows. All the people of the tribe are under the protection of Allah.¹

Allah's
Seal Prophet
Muhammad

3. INJUNCTIONS TO YUHANNA FOR PEACE

In the name of Allah, the Compassionate, the Merciful
From Allah and Muhammad Prophet of Allah, this letter of peace is for Yuhanna, people of Ela, their scholars; for the boats and caravans which may be on sea and land. Those of the people of Syria Yemen and Seamen who may be with them are also included in this protection. For all of them is the guaranty of Allah and Muhammad, His Prophet! But whoever will violate this promise, shall not be under their protective responsibility.

The water of the wells, where these people stay, shall not be denied to anybody and they will not have a right to block any land or sea routes.²

Allah's
Seal Prophet
Muhammad

Note: The above injunctions were given by the Holy Prophet (S.A.W.) to Yuhanna.

1. *Tabaqate Ibn S'ad*, vol. 3, pp. 43, 49.

2. *Ibid.*, p. 37.

4. DEED GRANTED TO TAMIM-UD-DARI(R.A.A.)

In the name of Allah, the Compassionate, the Merciful.
 Muhammad, the Prophet of Allah, has conferred the ownership of Baite Habroon, Baite Aenoon, Al Martoom and Baite Ibraheem to Tamim-ud-Dari and his companions. Whatever be therein, shall be theirs.

After them, their descendants shall be their owners.

Whoever will try to deprive them of this ownership, curse of Allah and His angels be on him.¹

Allah's
 Seal Prophet
 Muhammad

Note: Tamimud-Dari, a Christian hermit of Palestine, presented himself, alongwith a man of his tribe, to the Holy Prophet (S.A.W.) and embraced Islam. He was so sure of the righteousness of Islam and its rapid spread, that he requested the Holy Prophet (S.A.W.) to give the ownership deed, in respect of Baite Habroon, etc., although at the time the Quraish had made life for the Holy Prophet (S.A.W.) and his companion miserable and extremely difficult. The Holy Prophet (S.A.W.) was gracious enough to comply with his request. When the latter returned after the battle of Tabuk, Tamim-ud-Dari again presented himself to the Prophet (S.A.W.) and requested for the renewal of the deed. The above document was given in compliance with the request.

5. INJUNCTIONS TO THE TRIBE OF LAKHAM

In the name of Allah, the Compassionate, the Merciful

1. Whoever from the Tribe of Lakham will embrace Islam, say prayers, pay Zakat, pay the Khums (fifth) to Allah and His Prophet, keep aloof from the infidels, shall be under the protection and responsibility of Allah, and His Prophet.

1. *Tabaqat Ibne S'ad*, vol. 3, p. 75.

2. But whoever will turn his back upon Islam, Allah and His Prophet shall not be responsible for him.

3. If any Muslim will bear testimony to a person's being a Muslim, that person shall be under the protection and responsibility of Muhammad, the Prophet (S.A.W.) and he shall be included amongst the Muslims.¹

Allah's
Seal Prophet
Muhammad

6. INJUNCTIONS TO BANI-AL-BAKKA

In the name of Allah, the Compassionate, the Merciful
From Muhammad, the Prophet —
To Bani-al-Bakka

Whoever from you embraces Islam, says prayers, pays *Zakat*, remains obedient to Allah and His Prophet (S.A.W.) and his companions, pro-claims his Islam and severs connection with infidels, is under the security of Allah, the Sublime and Great and His Prophet (S.A.W.).²

Allah's
Seal Prophet
Muhammad

Note: A three-man deputation of Bani-al-Bakka, including M'uavia bin Saur, presented itself to the Holy Prophet (S.A.W.). Saur requested the Holy Prophet (S.A.W.) to bless his son Bishr. The Prophet (S.A.W.) passed his hand over the face of Bishr and prayed for their prosperity. It is stated that never did the Tribe, which usually faced famines, had famine in their area and were always prosperous, thereafter.

7. TO BANI UQAIL

In the name of Allah, the Compassionate, the Merciful

1. *Tabaqate Ibn S'ad*, vol. 3, p. 37
2. *Ibid.*, vol. 3, p. 45.

This certification of Muhammad, Prophet of Allah is for Rabi, Muttarif and Anas.

These people are given the land of Aqiq Valley. Till they continue to say prayers, pay *Zakat* and remain obedient to Allah and His Prophet (S.A.W.), they shall be entitled to receive benefit from the Aqiq valley.¹

Allah's
Seal Prophet
Muhammad

Note: A deputation of the Uqail Tribe presented itself to the Holy Prophet (S.A.W.) and embraced Islam. The Holy Prophet (S.A.W.) gave them a tract of land in Aqiq Valley. Another delegation of Bani Uqail received a watering place named Nozaim.²

8. LETTER TO BANI UQAIL

In the name of Allah, the Compassionate, the Merciful

This certification of Muhammad, Prophet of Allah is for Rabi, Muttarif and Anas.

These people are given the land of Aqiq Valley. Till they continue to say prayers, pay *Zakat* and remain obedient to Allah and His Prophet (S.A.W.) they shall be entitled to receive benefit from the Aqiq Valley.³

Allah's
Seal Prophet
Muhammad

1. *Tabaqate Ibn S'ad*, vol. 3, p. 45.

2. *Ibid.*, p. 45.

3. *Ibid.*, p. 45.

9. TO BARIQ TRIBE

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah (S.A.W.)

To the People of Bariq

None shall pluck the fruits produced by the people of Bariq, except with their permission. It shall not be permissible to graze cattle in their meadows in any season of winter and summer. However, if any Muslim, not having a meadow, passes through their land with cattle for grazing them, it shall be the responsibility of the people of Bariq to entertain him for three days at the maximum. When fruits in their gardens ripen, a traveller shall be entitled to pick and eat as many fallen fruit as can satisfy his hunger, but he shall not be entitled to carry the fruit with him.¹

Allah's
Seal Prophet
Muhammad

10. TO ZUR'A ZI YAZAN

In the name of Allah the Compassionate, the Merciful
From Muhammad, the Prophet of Allah—

To Zur'a Zi Yazan

I declare that there is none to be worshipped except Allah and I am his servant and prophet.

When my messengers Ma'az Bin Jabal, Adullah Bin Zaid, Malik Bin Ibada, Aqaba Bin Nimr, Malik Bin Murara and their companions reach there, you should welcome them and hand over to them *zakat* and *Jizya* after collecting these.

Malik Bin Murara has reported to me that from amongst the Zumair Tribe, you have embraced Islam first of all, and that you have been fighting against the infidels. For this, I give you the good news of blessings and I impress upon you to do good to your subjects. Neither should they be treated dishonestly, nor their help withdrawn.

The Prophet of Allah must be obeyed by all, rich or poor. It is not permissible for him or any of his kins to accept charity. *Zakat* which is received, is for the indigent

¹. *Tabaqat Ibn S'ad*, vol. 3, p. 81.

Muslims, and travellers and that its payment is meant to cleanse wealth.

The people whom I have sent to you, are good followers of mine, by virtue of their knowledge and actions. Therefore, they deserve your good treatment.¹

Peace be on you and kindness of Allah and His blessings.

Allah's
Seal Prophet
Muhammad

11. TO THE CHIEFS OF 'ABAHILA, HADAR MAUT

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —
To Chiefs of Abahila

You should keep saying prayers and paying *Zakat*. It is obligatory and necessary for every one from whom *Zakat* is due, to pay *Zakat* on the cattle, which have been grazing in meadows for the major part of a year.

As regards *Zakat*, it is not right to cheat the collector in order to escape *Zakat* or get it reduced.

It is also your responsibility and obligation to help the Islamic army with provisions. And for every group of ten men, to provide a camel-load of grains is essential.

The person who hides his wealth shall be saving his money in this manner, he like a usurer who lives on interest.²

Allah's
Seal Prophet
Muhammad

Note: Due to the intensive efforts of Hazrat Ali, Mu'az Bin Jabal and Abu Musa (R.A.A.) whom the Holy Prophet (S.A.W.) had sent to Hadar Maut, the entire population of Yemen got converted to Islam. When Wa'il, a chief of Hadar Maut presented himself to the Holy Prophet, he blessed him and gave the above injunction for his people.

1. *Tabari's History*, vol. 3, pp. 153—54.

2. *Risalat-e-Nabaviyya*, pp. 295, 297.

In another order the Holy Prophet (S.A.W.) stated the rate of *Zakat* and punishment for lechery. Its text was as follows:

12. *In the name of Allah the Compassionate, the Merciful*

1. An average goat as *Zakat* per 40 goats is essential.
2. On the material which is obtained from the mines, one fifth should be paid.
3. A person who violates the modesty of a virgin, shall be given 100 lashes and exiled for one year. And the person who is guilty of adultery with a married woman, should be stoned to death.
4. There must not be a shame or indolence (in executing) whatever Allah has made obligatory.
5. Every intoxicant is forbidden.
6. Wa'il Bin Hujar has been appointed as Governor of all the people of Hadar Maut.'

Allah's
Seal Prophet
Muhammad

13. TO WA'IL BIN HUJAR

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —
To Wa'il Bin Hujar

As you have embraced Islam, I therefore, let all your property and forts remain in your ownership. You shall, as usual, own them all.

However, you will have to give one tenth of the produce (*'Ushr*). The decision regarding the division shall be jointly made by two judges. Steps will be taken to see that oppression of no sort is committed against you, till the establishment of the rule of the religion.

Allah's Prophet and all the Muslims are your helpers in this matter.²

Allah's
Seal Prophet
Muhammad

1. *Risalat-e-Nabaviyya*, pp. 295, 297.
2. *Tabaqat Ibn S'ad*, vol. 3, pp. 25, 79.

Note: Wa'il had complained to the Holy Prophet (S.A.W.) that his relatives had illegally taken possession of much of his landed property. The Holy Prophet (S.A.W.) promised to give him much more than his demand and gave him the above orders. However, Wa'il was soon fed up with the worldly pomp and preferred to the Holy Prophet (S.A.W.) personally and was ultimately a prominent companion of the Holy Prophet (S.A.W.). To those who grasp the real meaning of this life, temporal glamour becomes meaningless.

14. TO THE CHIEFS OF YEMAN

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —

To Shuraihbeel and Haris, etc.

Your messenger reached here with *Khums* (one-fifth) of the benefit of the Holy wars, sent by you.

Allah has fixed '*Ushr*' on the produce of rain-red land and fruits of gardens. But '*ushr*' on the fields and gardens which are irrigated, is half (20th part or 5%) provided in both the cases, the quantity of the produce comes to five *wasaq* (about two quintals of the present day).

The rate of *Zakat* on camels and goats is:

1. On every five camels upto 24, grazing on meadows, one goat be given.
2. From 25 to 35, one *binte makhaz* (the young one of camel, which has entered the second year of life) be given
3. From 36 to 45, one *binte laboon* (the young camel which has entered the third year) be given
4. From 46 to 60, one *hiqqa* (he/she camel which has entered fourth year) be given
5. From 61 to 90, one *Jiz'a* (one he/she camel which has entered fifth year) be given
6. From 91 to 120, two *hiqqas* be given
7. On more than 120 camels, one *binte laboon* on every 40 additional camels and on every 50 additional camels one *hiqqa* is fixed.
8. On the goats grazing on meadows, *Zakat* from 40 to 120 goats, is one goat.

9. From 121 to 200, two goats
10. From 201 to 300, three goats be given and likewise on every 100, one goat be added.
11. Useless, deformed and old cattle should not be given in *Zakat*.
12. To avoid *Zakat*, the cattle of two persons should neither be combined nor separated
13. On every 5 *auqias*¹ of silver, the obligatory *Zakat* is 5 *dirham* and on less than 5 *auqias*, there no *Zakat*.
14. On more than five *auqias*, *Zakat* is one *dirham* on every 40 *dirhams*.
15. On gold, on every 40 *dinars*,² one *dinar* is obligatory
16. It is not admissible for Muhammad (S.A.W.) and his kins to accept *Sadaqa* (charity) and *Zakat*. It is for the poor travellers, etc. only.
17. To associate someone with Allah, to kill a sinless Muslim, to avoid *Jihad* (holy war), to disobey parents, to falsely accuse a sinless person, to learn magic, to take interest and to grab the property of an orphan, are the major sins in the eyes of Allah.
18. None should touch the Quran without cleansing himself.
19. The *Umra* of the House of Allah, is a smaller *Hajj*.
20. There can be no divorce before *nikah* (formal marriage). In order to set a slave free it is essential first to purchase him.
21. Prayers should not be offered in a cloth which cannot cover the entire body. It is not permissible (for a woman) to say prayers, after tying her hair, in the shape of a hump.
22. Whoever will murder a *momin* (true believer) *qisas* (death punishment) shall be imposed on him, but if the heirs of the murdered person agree to accept *diat* (blood money), 100 camels shall be given as compensation for the murder. Compensation for eyes, lips, backs, tongues and private parts, is the same.
23. Compensation for a foot is 50 camels. The same is the compensation for *mamuma* (the wound of skull)

1. *Auqia* = 40 *dirhams* and a *dirham* is about 1/10th of an ounce.
 2. *Dinar*, a gold coin, is equivalent of the present day pound.

which penetrates to the membrane of the brain). Compensation for *jaefa* (wound of belly) is one third. The compensation of the wound, inflicted with a stick is 15 camels and that for the fingers of hand or foot, is 10 camels for each finger. And for each tooth, the compensation is 5 camels. Compensation for *muzeha* (the wound of head, which exposes skull) is also 5 camels.

In the *qisas* of a woman, the murderer whether man or woman, shall be put to death.

This is the rate of compensation for the common men. A wealthy person will have to pay one thousand dinars, as compensation.¹

Allah's
Seal Prophet
Muhammad

Note: It has been mentioned elsewhere that the Holy Prophet (S.A.W.) had sent 'Amar Bin Hazm Ansari as Governor of Yemen. At that time he sent the above injunctions to his administrators Shuraih-beel and Haris.

15. INJUNCTIONS TO YAZEED BINAL-MUHAIJAL HARISI

In the name of Allah, the Compassionate, the Merciful
The place of Nimra and its means of irrigation and Wadi Ar-Rahman in the jungle of Nimra, shall remain in his ownership.

Yazeed and after him his successors shall be the chiefs of their tribe Bani Malik. Neither shall war be waged against them, nor shall they be ousted from their colonies.

Written by Mugheera Bin Sh'oba.²

Allah's
Seal Prophet
Muhammad

1. *Risalat Nabaviyya*, pp. 155 and 156.

2. *Tabaqat Ibn S'ad*, vol. 3, p. 22.

Note: The above injunctions were issued to the delegation of Bani Al-Haris which visited the Holy Prophet (S.A.W.) under the leadership of Yazeed Al-Harisi.

16. TO BANI MUAVIYA BIN JARWAL

In the name of Allah, the Compassionate, the Merciful
Whoever from these people embraces Islam says prayers, pays Zakat, obeys His Prophet (S.A.W.), pay Khums to Allah and His Prophet (S.A.W.), out of the holy wars benefits and declares his Islam, is under the protection of Allah and His Prophet (S.A.W.). Whatever is with them at the time of the acceptance of Islam, shall be theirs. Upto whatever point the sheeps reach while grazing, they shall be regarded as owners of the land upto that point.¹

Allah's
Seal Prophet
Muhammad

17. ORDERS TO DHUMAIRA LAISI

In the name of Allah, the Compassionate, the Merciful
This writing of Muhammad, Prophet of Allah is for Dhumaira Laisi.

The Prophet of Allah (S.A.W.) has set free from slavery, Dhumaira Laisi. Now he is absolutely free. If he desires to stay with the Prophet of Allah (S.A.W.) he can do so. And if wishes to go to his family, he can go there.

No person should interfere with him in any way except in so far as the rights of Allah and rights of men, are concerned. And whichever Muslim meets him, should treat Dhumaira nicely.²

Allah's
Seal Prophet
Muhammad

1. *Tabaqate Ibn S'ad*, vol. 3, p. 23.
2. *Isti'ab*, vol. 1, p. 229.

Note: Once the Holy Prophet (S.A.W.) found a woman weeping. He stopped and enquired of her the reason of her grief. The woman informed him that her son was made a slave and sold. She further stated that as he was the only support of her life, she was weeping. The Holy Prophet (S.A.W.) was much moved by her story. He immediately sent a person and purchased Dhumaira from his master, set him free and issued the above orders.

18. INJUNCTIONS TO BANI NAHAD

In the name of Allah, the Compassionate, the Merciful
Peace be on him who believes in Allah and His Prophet
Whichever person says prayers, is a *momin* (faithful)
and whoever pays *Zakat* is a Muslim. And whoever affirms
Oneness of Allah and believes in His Prophet, shall not be
counted as a delinquent in the eyes of Allah.

You shall have full rights of the use of your meadows
and none shall cut down your trees. Leniency shall be shown
in the collection of *Zakat* from you, but sick, old cattle
should not be given in *Zakat*.

Whoever will adhere to this promise, it shall be obli-
gatory on the Holy Prophet (S.A.W.) to help him. And
whoever will violate this promise it would be an excess on
his part.¹

Allah's
Seal Prophet
Muhammad

19. ORDER TO 'ABD YAGHOOS AL-HARISI

In the name of Allah, the Compassionate, the Merciful
While in possession of cultivable lands, Abde Yaghoos
Al-Harisi embraced Islam, those lands, all their things and
date-palm gardens, etc., shall remain with him and the people
of his tribe, who will obey and follow Abde Yaghoos.

1. *Risalat-e-Nabaviyya*, p. 105-107

Till these people continue to say their prayers, pay *Zakat* and pay *Khums* from the benefits of holy wars, neither *'ushr* on the produce of their lands shall be charged, nor shall they be dispossessed of their lands.¹

Allah's
Seal Prophet
Muhammad

20. ORDERS TO RABI'A BIN ZI-MARHAB AL-HADRAMI

In the name of Allah, the Compassionate, the Merciful
The wealth and goods of these people, their slaves, wells, canals, villages, trees, the grass of jungle, which grows in Hadar Maut, shall be for the family of Zi-Marhab.

The canal with which these people carry out irrigation, and which flows upto Ale Qais, shall be theirs.

The produce of gardens which are pawned with them, shall be the right of the person who pawned them. The pawnee can not draw profit from the pawned thing. Allah and His Prophet (S.A.W.) shall have nothing to do with the one who contravenes this. It shall be obligatory on the Muslims to help the family of Zi-Marhab. It shall be imperative on the Muslims to save them from loss of life and property. Allah and His Prophet (S.A.W.) are their helpers.²

Allah's
Seal Prophet
Muhammad

21. INJUNCTIONS TO THE KALB TRIBE

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —

To Bani Jinab of the Kalb Tribe and his helpers.

It is obligatory on those who say their prayers, pay *Zakat*, keep their faith firm and exert themselves in fulfilling

1. *Tabaqat Ibn S'ad*, vol. 3, p. 221.

2. *Ibid.*, p. 21.

their promises, to give by way of *Zakat* one goat on every five goats, which are tended by a goat herd and a faultless she-camel on 50 she-camels, whose young ones die.

No *Zakat* shall be levied on load bearing animals on the land which is irrigated by canal, and half *'ushr* on the rainfed land, is to be paid.

The cattle which stray into their area, shall be theirs. No more than the fixed amount shall be charged from them.

Allah and His Prophet are responsible for this writing.

Allah's
Seal Prophet
Muhammad

22. INJUNCTIONS TO MEHRI BIN AL-ABYAD

In the name of Allah, the Compassionate, the Merciful

1. The colonies of the true Muslims of Mehra Tribe shall not be devastated or ruined. Neither could they be invaded, nor war waged against them.
2. It is incumbent on these people to act according to the commandments of the religion.
3. A lost thing will have to be restored to its owner.
4. The cattle shall not be kept thirsty.
5. Disobedience, impolite talk and blood-shed should be avoided
6. Any person who will abide by these injunctions, shall be the responsibility of Allah and His Prophet (S.A.W.) and the violator shall be considered, as if waging war against Allah.¹

Allah's
Seal Prophet
Muhammad

Note: A delegation of the Mehra Tribe went to the Holy Prophet (S.A.W.) under the leadership of Mehri bin Abyad and embraced Islam. The above injunctions were given to them on that occasion.

1. *Tabaqat Ibn S'ad*, vol. 3, p. 34.

23. INJUNCTIONS TO 'AMIR BIN ASWAD TAI

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —

To 'Amir Bin Aswad Tai

The colonies, wells and springs of 'Amir and his tribe Tai, shall remain in their possession, provided they keep saying prayers and paying *Zakat*, and remain aloof from the infidels.

Written by Mugheera.¹

Allah's
Seal Prophet
Muhammad

24. INJUNCTIONS TO HABIB BIN 'AAMAR AL-TAI

In the name of Allah, the Compassionate, the Merciful

The wealth, lands and residential property and wells of any person, who embraces Islam and says prayers, shall remain in his ownership. None of his articles shall be taken possession of Allah and His Prophet(S.A.W.) are responsible for this writing.²

Allah's
Seal Prophet
Muhammad

Note: The above two injunctions were issued by the Holy Prophet (S.A.W.) to the two chiefs of the Tai tribes, when they presented themselves to the Holy Prophet (S.A.W.), and requested for the restoration of the rights of their property. The tribe is well known throughout the world on account of Hatim Tai, whose charity was boundless.

1. *Tabaqat Ibn S'ud*, vol. 3, p. 34.

2. *Tabaqat Ibn S'ud*, vol. 3, p. 23.



25. ORDERS TO BANI JUWAIN

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah —

To Bani Juwain

Whoever from Bani Juwain believes in Allah, says prayers, pays *Zakat*, keeps away from infidels, remains obedient to Allah and His Prophet, continues to pay the share of Allah and His Prophet and adheres firmly to Islam, every such person is the responsibility of Allah and His Prophet (S.A.W.).

The lands, wells and all those things which they possessed and used legally, shall remain in their ownership.¹

Allah's
Seal Prophet
Muhammad

26. DEED GRANTED TO ZUBAIR BIN AWWAM

In the name of Allah, the Compassionate, the Merciful
From Muhammad, Prophet of Allah

To Zubair Bin Awwam

I have granted to entire land of Shawaq to Zubair. None shall interfere with him.

Written by Ali (R.A.A.).

Allah's
Seal Prophet
Muhammad

Note: Zubair (R.A.A.) was a cousin (son of his father's sister) of the Holy Prophet (S.A.W.), and embraced Islam at an early age of 16. The Holy Prophet used to say that every prophet had *Hawari* (apostles) and that Zubair was his apostle. He was the person who participate in all the holy wars. The Holy Prophet (S.A.W.) granted him an estate, as in the above deed.

1. *Tabaqat Ibn S'ad*, vol. 3, p. 22.

27. DEED GRANTED TO AUSAJA BIN HURMALA JUHANI

In the name of Allah, the Compassionate, the Merciful
The Prophet of Allah (S.A.W.) has granted the land of Zil-Marwah to Ausaja Bin Hurmala. This document is for the same. He (S.A.W.) has bestowed on him the entire piece of land from Balkasa to Musn'a and from Jafalat to the boundary of Jabal-e-Qibla. None shall interfere with him in this respect. Whoever disputes with him in the matter, shall not be in the right.¹

Allah's
Seal Prophet
Muhammad

28. ORDERS TO BANI JURMUZ

In the name of Allah, the Compassionate, the Merciful
The people of Bani Jurmuz will have peace and security in their colonies. Whatever wealth and property they had at the time of the acceptance of Islam, shall remain in their ownership.²

Written by Mugheera (R.A.A.).

Allah's
Seal Prophet
Muhammad

29. DEED GRANTED TO BANI SHAMAKH

In the name of Allah, the Compassionate, the Merciful
This is the deed, which Prophet Muhammad (S.A.W.) has granted to Bani Shamakh of Juhaina Tribe. I have given to them the land of Sufaina, which they have marked and begun cultivation. None shall interfere with them.³

Written by Aqaba (R.A.A.).

Allah's
Seal Prophet
Muhammad

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1. *Tabaqat Ibn S'ad*, vol. 3, p. 26.
 2. *Tabaqat Ibn S'ad*, vol. 3, p. 24.
 3. *Tabaqat Ibn S'ad*, vol. 3, p. 24.

30. DEED GRANTED TO BANI AL-HARIS

In the name of Allah, the Compassionate, the Merciful
Saria and its high land have been given to Bani Al-Haris, provided they say prayers, give Zakat keep away from infidels, and remain faithful and obedient to Allah and His Prophet (S.A.W.).¹

Allah's
Seal Prophet
Muhammad

31. DEED GRANTED TO BILAL BIN HARIS AL-MUZANI

In the name of Allah, the Compassionate, the Merciful
Al-Nahal, Juz'a, etc. have been given to Bilal Al-Muzni. In addition, Al-Muzza and Ghaila are granted to them. The high and low lands of all these places shall be theirs. They shall also own the mines, which are situated in these lands, provided they adhere firmly to Islam.²

Allah's
Seal Prophet
Muhammad

32. DEED GRANTED TO HIRAM BIN ABD-AS-SULAMI

In the name of Allah, the Compassionate, the Merciful
Hiram Bin Abd is granted 'Izama and the part of Shawaq which is his, is allowed to remain with him. Neither shall anyone commit an oppression or excess on him in this respect, nor will these people be allowed to outrage or tyrannise others.³

Written by Khalid bin Sa'ed.

Allah's
Seal Prophet
Muhammad

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1. *Tabaqat Ibn S'ad*, vol. 3, p. 22.
 2. *Tabaqat Ibn S'ad*, vol. 3, p. 25.
 3. *Tabaqat Ibn S'ad*, vol. 3, p. 26.

33. DEED GRANTED TO SA'EED BIN SUFYAN

In the name of Allah, the Compassionate, the Merciful
 This document is an instrument by virtue thereof the Prophet of Allah (S.A.W.) has granted the date-palm garden of As-Swaraqia to Saed Bin Sufyan As-R'ali. None shall question him in this regard.

Written by Khalid Bin Saed.¹

Allah's
 Seal Prophet
 Muhammad

34. DEED GRANTED TO 'UTBA BIN FARQAD

In the name of Allah, the Compassionate, the Merciful
 By virtue of this deed, the Prophet (S.A.W.) has granted land near the Mount of Marwa in Mecca for the construction of a house, to Utba Bin Farqad. None shall interfere with him, in this respect.²

Written by M'uaviya

Allah's
 Seal Prophet
 Muhammad

1. *Tabaqat Ibn S'ad*, vol. 3, p. 34.
 2. *Tabaqat Ibn S'ad*, vol. 3, p. 34.

EPILOGUE

I wish to conclude this compilation with an expression of highest gratitude and thanks to Allah, who enabled me to translate the letters, treaties, pacts, injunctions and orders of the Holy Prophet Muhammad (S.A.W.) for the benefit and guidance of the people who speak or understand English. May Allah in His infinite Mercy and Benevolence, condescend to favour this humble effort, with His kind approval. The aim of the Holy Prophet (S.A.W.) was to convey the message of Allah, to all the people of Arabia and contiguous and far off countries, different emperors, kings, vice-gerents, governors, chieftains, leaders, etc. and to invite them to accept Islam. Similarly the object of this humble compilation is to communicate the guidance of Holy Prophet of Allah (S.A.W.) to as many people as possible and to apprise them of their real duties and responsibilities. Then, on the Day of Judgment, they will not be able to put forward the excuse that nobody informed them of the teachings of Islam, which only point to the correct and true way of life. Thousands and thousands of prophets (A.S.) were sent by Allah, to bring the transgressors back to the straight course.

When due to the instigation of Satan, Adam (A.S.) committed the first sin, against which Allah had forewarned him, he, with his wife, was ordered to go out of Paradise, as a punishment. After being pardoned by Allah, they were sent to earth. Allah, however, told them that whoever would act upon whatever guidance was sent to them by Him, would have neither fear, nor sorrow.¹ This was meant for the descendants of Adam (A.S.). Therefore, whenever mankind went astray, prophets were sent to keep them on to the right track. Neither did any prophet contradict any other prophet, who came before him, nor did any Book of Allah go against any other Book of His. None of the prophets introduced any new religion. Accordingly, the Holy Quran clearly states:

1. (Holy Quran, 2:38).

"We sent Torah, in which there was guidance and light. The prophets who were Muslims, decided all the matters of the people, who had turned Jews, in accordance with it (Torah). Similarly did the saintly people and the religious scholars, as they were made responsible to guard the Book of Allah and they were witness to it.."

(5:44)

In verse 46 of the same Surah, it is again stated:

"And after them, we sent Isa, son of Mariam (A.S.) who testified to the correctness of Torah, the Book which was sent before him. And we gave him Injeel, in which there was guidance and light and which testified to the truth of the Book sent before, namely Torah. And it is altogether a guidance and admonition." (5:46).

The Holy Quran reiterates that of all the prophets whom Allah sent, there was none, who contradicted the teachings of his predecessors or who introduced his own religion. Similarly Allah did not send any of the Books, which contained anything contrary to the earlier Books. As a matter of fact, each Book of Allah confirmed the previous Books. The author or sender of the Books being One; their aim and object must be one. So should their teachings be.

It was a sense of false pride and importance, which made certain people call themselves Jews, Christians, etc. Allah did not create such distinctions, otherwise He and His Prophets (A.S.) would have given indications thereof. If the origin, progress and vicissitudes of the Jewish and Christian religions and the life and work of Musa and Isa (A.S.) are minutely and closely studied, it would be found that both the religions did not have the appellations they now have, for a very long period of time, at least not during the life time of the two prophets. This obviously shows that they did not intend to give any other name except Islam to their teachings. Similarly none of the prophets claimed any relationship with Almighty Allah, as He does not stand in need of any relatives and does not require any help or succour from anybody, for any work. He is One and Omnipotent.

(Oneness of Allah and His Omnipotence is one of the most important and distinctive features of Islam. All

other religions, either associate someone else with Allah or divide Him into many gods, and this is what is the real source of conflict, confusion and trouble. Obviously difference of opinion and confusion is the essential and natural consequence of the division of responsibility, in any sphere of activity. ~~If there is a clash at the very source of power and authority, the entire field of activity falling under the jurisdiction of that authority, is bound to be thrown into chaos and confusion.~~ Islam, therefore, regards *Shirk* (association of someone else with Allah) as the greatest and most heinous sin. It, most emphatically and vehemently establishes that "THERE IS NO GOD EXCEPT ALLAH AND MUHAMMAD IS HIS PROPHET." Without a firm belief in this, no one can be a Muslim.

Human vanity, false pride, exaggerated opinion of wisdom and capabilities, wealth and high position have often stood in the way of believing in Allah, His Prophets and His Books. Nimrod regarded himself as a god simply because he could get an innocent man killed and set free a criminal. Most of the prophets were ridiculed by men of rank and position. Their faulty and perverted minds lead them into thinking that the entire world came into being of itself or haphazardly or by chance. It is really unbelievable that a thing which itself came into existence just haphazardly, could possibly develop clock-work accuracy, precision and regularity. The Holy Quran, time and again, refers to the wonders created by Allah, in the shape of the sun, the moon, the stars, hills, seas, rivers, rain, water, fertile lands, fruits, foodgrains, flowers, vegetables, animals, cattle and countless such objects. Can men with all their combined efforts create even a tiny live object, like a fly or a mosquito. It is, therefore, not reasonable that instead of putting up with a mere conjecture that the world came into existence just by chance or through interaction of some elements; one should believe in Allah, who created all things, with a purpose and not playfully.

Just as some people do not believe in Allah, they doubt the veracity of the Books of Allah. During the early period

of the rise of Islam, the Arabs stated that the Holy Prophet (S.A.W.) had himself produced the Quran. Allah, the Sublime Himself refuted this assertion and challenged them to produce a small surah like that of the Quran and to summon their helpers to assist them in the task. It may not be out of place to mention in this connection that the Arabs considered themselves highly accomplished and skilled literary and rhetorical poets and writers and regarded others as dumb, but they were unable to pick up the gauntlet. Does it stand to reason that a person who did not absolutely know reading and writing, however, capable or sagacious he might have been, could compile a book like the Holy Quran, which contains guidance and light for the entire mankind, for all times to come; which besides being an exquisite and unimitable piece of highest and noblest literature, contains brilliant jewels of counsel and injunctions on how to live in this temporal home in a spirit of brotherly love and in blissful peace and tranquility. It also relates in beautiful style, for the benefit of mankind, tales of transgression, callousness, unreasonable hatred and despicable behaviour of the people towards the prophets of their times. As a result of their misdoings the wrath of Allah visited them in the shape of earthquakes, horrible thunderstorms, famines, pestilences and above all the Deluge, which laid waste the earth. Despite the severe punishment of Allah, mankind continued to tread the path of evil and sin and continues to do so.

As in the case of the Holy Scriptures, mankind belied the prophets (A.S.). Even today, a multitude of ignorant and unimaginative people deny the truthfulness of the Holy Prophet (S.A.W.) due to bigotry and prejudice. It is now clear as daylight that the original Torah and Bible did contain references about the coming of the Holy Prophet (S.A.W.). It was for this reason that the rabbis, priests and bishops, who had read the original and unaltered Torah and Bible and who were really upright and honest and believed in Allah, openly confirmed the prophethood of the Holy Prophet (S.A.W.). It has been stated elsewhere in this book that the Holy Prophet (S.A.W.) had written a letter to

the Pope at Rome and informed him about his prophethood. The Pope not only believed in his prophethood but also testified to it in a congregation. But the ignorant audience took it as an insult to their faith and in their wild fury beat the Pope to death. There are references to other Christian scholars, who also confirmed his Prophethood. But those who had a false sense of pride and were led astray by worldly considerations and lucre, not only kept the prophecies secret, but changed the scriptures. There were even pen-pictures of the Holy Prophet (S.A.W.) in the scriptures and these were intentionally changed so that the correct identity of the Holy Prophet (S.A.W.) might become dubious.

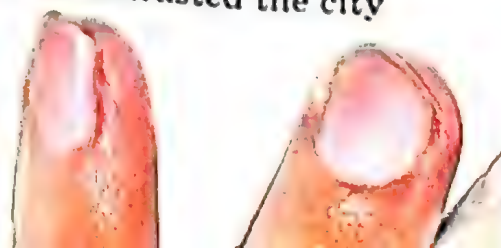
In the present day, expert artists can draw pictures of men, after carefully listening to the description about their physical features, particularly in respect of the eyes, nose, mouth, chin, hair, stature, build etc. Such imaginary pictures are usually fairly accurate. Similarly in ancient times, artists could draw pictures of men, after being appraised of their shape, size, stature, build and discription of the face. In this book there is a reference to a letter which the Holy Prophet (S.A.W.) addressed to Caesar and entrusted it to the care of Dahiya(R.A.A.), who presented it to Caesar, at his court.

Ibne-Jauzi, a well known research worker and critic of Islamic history made an interesting revelation in the Biography of Umar (R.A.A.). He has disclosed that Dahiya (R.A.A.) saw a large number of pictures on all sides of a room in the palace of Caesar. The latter informed him that they were the pictures of prophets and enquired of him, as to which was the picture of the Holy Prophet (S.A.W.). After carefully looking at the picture, Dahiya pointed to a picture and said that it was the picture of the Holy Prophet (S.A.W.). Caesar said, "Indeed! This is the picture of the Holy Prophet (S.A.W.). Again he enquired as to whose picture was to the right of it? Dahiya indicated that it was the picture of Abu Bakr Siddiq (R.A.A.), a companion of the Holy Prophet (S.A.W.). Then Caesar asked whose picture was to the left of it?" Dahiya stated that it was the picture of Umar Farooq (R.A.A.), the Second companion." After listening to this Caesar said, "According to the prophesy of the Torah, these are the two persons, under whom your religion would attain its zenith".

Obviously some expert painter must have studied minutely the description of the Holy Prophet (S.A.W.) and his companions (R.A.A.) in the Torah and the Bible and then painted the pictures. This assumption is corroborated by the Holy Quran, which stated, "The people of the Book recognise (the Holy Prophet) just as they know their sons. But some of them (due to enmity and envy) intentionally suppress the truth". (Al-Quran, 2:17). Caesar stated that the pictures had come in his possession through the Prophet Danial. Jubair and Ibn-e-Wahb are also stated to have seen the pictures of the Holy Prophet (S.A.W.), in a Christian monastery at Basra and in the court of the Emperor of China, respectively.

There is another very important and interesting historical event which fully establishes beyond an iota of doubt that the People of the Book had certain and unambiguous evidence with the assistance of which they had little difficulty or hesitation in recognising the Holy Prophet (S.A.W.) and his companions. It was the year 639 A.D. or 17th Hijri. 'Amr Bin Al-'Asa's laid siege to Jerusalem and sent a letter to the Commander of the place through a person who knew the Roman language, but he was instructed not to disclose that he knew the language. The idea was to ascertain the views of the people of Jerusalem. When the letter was read out, the commander said to his people that it seemed impossible that 'Amr Bin Al-'Aas would be in a position to capture Jerusalem, which could be conquered by a person in whose name there were three letters only. After this he described the man who would conquer Jerusalem and said that the description did not fit in with 'Amr. He, therefore, reached the conclusion that 'Amr would not be able to capture Jerusalem. In the circumstances he sent back the ambassador rather unconcernedly and unceremoniously. On his return he apprised 'Amr about all that he had heard. 'Amr said that the description corresponded with Umar Farooq (R.A.A.) who was caliph at that time.

When Umar (R.A.A.) was apprised of the position, he immediately went to Jerusalem, where he was immediately recognised by the people, who entrusted the city



to him, without any hesitation.¹ This evidence about the truthfulness of the prophethood of Muhammad (S.A.W.) has reached mankind through Scriptures and history. But even otherwise it is not difficult to reach the same conclusion by logic or reason.

It is a fact that there have been real prophets and pseudo-prophets. But it does not seem to be difficult to differentiate between the two. It is true that it is the natural ambition of all men to reach the pinnacle of fame, become wealthy and wield influence, power and authority. To achieve these objectives, a man sometimes resorts to objectionable means. This is what brings in the difference. A true prophet is never attracted by these small temporal considerations and never deflects from the mission, for the attainment of which he is sent to this world.

When the Holy Prophet (S.A.W.), at the command of Allah, started bringing back the miscreants and transgressors on to the straight course and openly repudiated idol worship, the Quraish were shocked. They made fun of the Holy Prophet (S.A.W.), insulted and abused him and inflicted injuries and hurts on him. They thought that the Holy Prophet (S.A.W.) was actuated by a desire to gain fame, wealth, power and high status. Therefore Utba bin Rabia met the Holy Prophet (S.A.W.) on behalf of the Quraish and enquired of him as to what he desired? Did he want the State of Mecca? Or did he wish to marry a girl of a high family? Did he want a heap of wealth? They promised to place all those things at his disposal. They also agreed to place Mecca under his command, provided he refrained from his teachings. The Quraish were absolutely certain that he would accept their offer. In reply the Holy Prophet (S.A.W.) recited. Verses 6 to 9 of Ha Meem Sajda (Chapter of the Quran, which means:

"O! Muhammad. Say that I am a man like you. I have received a revelation that your God is Allah, the One. So go straight to him and ask for forgiveness from Him. Say, do you people deny Allah, who created this earth in two days. And you associate (others) with Allah. He is the Sustainer of the entire world."

1. *Tabari's History*, vol. 4, p. 158, *Al-Bidaya wan Nihaya*, vol. 4, p. 55 and *Tarikh-ul-Kamil*, vol. 4, p. 193.

When 'Utba returned, he was altogether a changed man. He informed the Quraish what Muhammad (S.A.W.) proffered was not poetry, but something else. He was, therefore, of the opinion that the Holy Prophet (S.A.W.) should not be interfered with. He further stated that if he is successful and takes over Arabia it would be an honour for them; otherwise Arabia would put an end to him. The Quraish did not accept this course of action.

Umar (R.A.A.) was dead against Islam and the bitterest enemy of the Holy Prophet (S.A.W.). He was extremely agonistic towards even those who accepted Islam. At last he set out to put an end to the life of the Holy Prophet (S.A.W.). - On the way, he incidentally met Naem Bin Abdullah, who enquired where he was going Umar (R.A.A.) informed him of his intentions. Naem told him first to set his own house in order and informed him that his sister and brother-in-law had already embraced Islam. This further infuriated Umar (R.A.A.). He immediately returned and went to the house of his sister and heard them reciting the Holy Quran. They tried to hide Quran, out of fear. He began to belabour his brother-in-law. His sister tried to save her husband, but Umar began to beat her too. But she said "Umar, do whatever you like, Islam cannot be uprooted from my heart now." These words moved him much. He looked at his bleeding sister with compassion and love and asked her to recite what they were reading. His sister placed the Quran before him and he began to read, *Sura Al-Hadeed*, first verse of which is:

"Whatever is there in earth and heaven praises Allah. And Allah is All-powerful and All-wise."

He was highly impressed by each word. When he came to the beginning of verse 6 which says:

"Believe in Allah and His Prophet," he exclaimed, "I testify that there is no god except Allah and that Muhammad is His Prophet." Immediately he hurried to the Holy Prophet (S.A.W.) who enquired, "Umar! with what intention have you come?" These words sent a shiver through him and he humbly answered, "To acquire belief (in Allah and His Prophet)."

This incident brought in a revolutionary change and Islam began to grow slowly. It was mainly due to the

courage, fortitude, endurance, perseverance and patience of the Holy Prophet (S.A.W.) and his steadfast companions who cared little for hardships troubles, trials and tribulations, penury and privations. Even gold, silver and money was of little significance to them. Large quantities of gold, silver, dinars and dirhams were sent to the Holy Prophet (S.A.W.). But he distributed all of it to the needy, helpless and indigent. Once a piece of gold was left undisposed of. The Holy Prophet (S.A.W.) went home, but did not have peace of mind and could not rest until he had given the gold to a destitute. But in his own house no food could be cooked for days together. Here lies the real acid test of a person's truthfulness and above all, prophethood. Elsewhere in this book, there is a brief reference to a false prophet, who was after the worldly pelf, power and fame.

The Holy Prophet (S.A.W.) could have amassed countless wealth. He could have been a despotic and powerful emperor. He could have built for himself matchless palaces. He could have any number of servants and maids. But he would have none of these. He rather went penniless, ate coarse barley bread, which he gulped down his throat with the help of water, to satisfy his hunger. He would lie down on bed of date-palm leaves or bare bedstead knitted with rough date-palm leaf strings, which left deep marks on his body. Once Umar (R.A.A.) went to see the Holy Prophet (S.A.W.) whom he found lying on a bedstead. There were deep marks on his body left by the rough strings. In a corner there was a handful of Oats. In another corner there hung a water skin. Tears ebbed into the eyes of Umar (R.A.A.) and he began to weep profusely. The Holy Prophet (S.A.W.) asked what made him weep. Umar (R.A.A.) said, "What a greater occasion could there be for weeping. Caesar and Kisra are rolling in the luxury of gardens and palaces and although you are a prophet, so poor is your condition." The Holy Prophet (S.A.W.) calmly replied, "Are you not satisfied with the fact that they get this world and we the next one." Could there be a greater proof of his truthfulness.

The world cannot produce even a single example of any other person who shines so brilliantly in all the possible fields of human activity as does the Holy Prophet (S.A.W.) He was born an orphan and when he was 6 years old, his

mother passed away. Thereafter he was brought up by his grandfather and after his death, by his uncle. At ten or twelve years of age, he tended goats. This was perhaps meant as an initiation into his future gigantic responsibility of guiding the entire world. He was taken by his uncle on a trade trip to Syria at the age of twelve. In Basra they alighted in a monastery of a christian recluse, who on seeing the Holy Prophet (S.A.W.) said, "He is *Syed-ul-Mursaleen*" (Leader of the Prophets).

Thereafter the Holy Prophet (S.A.W.) as a child accompanied his uncle Abu Talib in his trade journeys many times and gained experience of trade deals. His fame as a man of fair, just and honest deals spread far and wide. Traders requested for his participation in their business enterprises which he gladly accepted. Thus we see him in his youth in the garb of an "Honest Trader". He presented himself as an epitome of truth, justice and uprightness. He would always stick to his word and promise and kept his dealings clean and above-board. People gave him the title of "Ameen" (Honest and truthful). It was on account of these qualities that Khadeeja (R.A.A.) a very wealthy and pious widow, requested him to take her trade goods to Syria and promised to pay him double the recompense, she usually paid to others. The Holy Prophet (S.A.W.) accepted the offer and took the goods to Syria. Khadeeja (R.A.A.) sent the proposal of marriage to the Holy Prophet (S.A.W.) three months after his return and the marriage took place at her house.

After this comes the phase of prophethood. It must be stated in this connection that even before his prophethood the Holy Prophet (S.A.W.) always abstained from the customs which smacked of *shirk* (associating someone with Allah). He never paid any respect to any idol. He would often go to the cave of *Hira* and would stay there for days. There he would meditate and contemplate. (It was there that he received the first revelation. The Holy Prophet (S.A.W.) got alarmed. When he came back and mentioned the matter to Khadeeja (R.A.A.), she took him to a Christian relative of her, Warqa Bin Naufil, who was a scholar of Torah and Bible. On hearing the whole event, he testified to his prophethood. He was not only a Prophet, but also a judge, a law-giver, an

administrator, a ruler, and a general too.

Whatever the capacity, in which he worked and however difficult the task before him, he proved to the world that he was the most judicious, just and equitable judge, for whom both friends and foes were equal; the noblest law-giver and constitutionalist, most efficient and clear-headed administrator, and the most benign, gracious and benevolent ruler, who was more a benefactor, teacher and a servant of Allah than a ruler. As a general he was well aware of the strategy of war and even small details did not escape his notice. He would himself arrange the rank and file of the warriors and kept them in a straight line. He strictly prohibited hues and cries during the course of fighting. He himself gave instructions about all matters. In the battle of Uhud, the Muslims suffered heavily for not following his instructions.

In the 5th Hijri, the Quraish invaded Madina with a huge force of 24 thousand which comprised all the tribes of Arabia and Jews. The Holy Prophet (S.A.W.) saw that on three sides of Madina there were houses and date-palm gardens; which provided a good protection. He, therefore, had a ditch dug on the fourth unprotected side. The Quraish attacked with full force and fury. They could not, however, cross the ditch. As the battle continued for about a month, the enemy began to lose heart. At that time a strong wind uprooted the enemy tents. The enemy left the battle-field absolutely disheartened.

Thus the Holy Prophet (S.A.W.) gave the proof of his perfection in all the fields of life. The world has not thus far produced such a perfect personality.)

Thus Allah is One and Omnipotent. All the Prophets (A.S.) particularly His last Prophet (S.A.W.), and His Books are true. Why should not all follow the right path of Allah, which alone leads to peace, tranquillity, welfare and well-being of the entire mankind. Every human being, whatever his colour or language or country, deserves respect and has a right to live in this world with honour and in peace. It is now for us to make this world a heaven of peace or turn it into hell.

LEADING LADIES

WHO MADE A DIFFERENCE
IN THE LIVES OF OTHERS

Approved By :

JUSTICE MUFTI MUHAMMAD TAQI USMANI

&

MAULANA MUFTI ABDUL QADIR

Publisher

IDARA TALIFAT-E-ASHRAFIA
MULTAN, PAKISTAN

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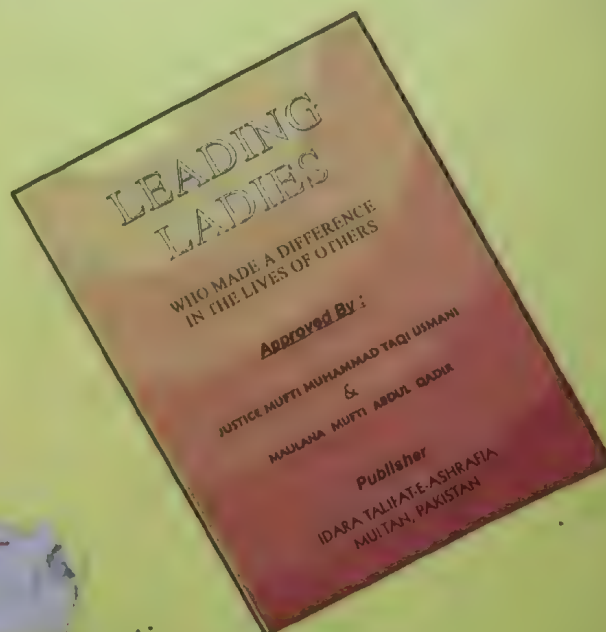
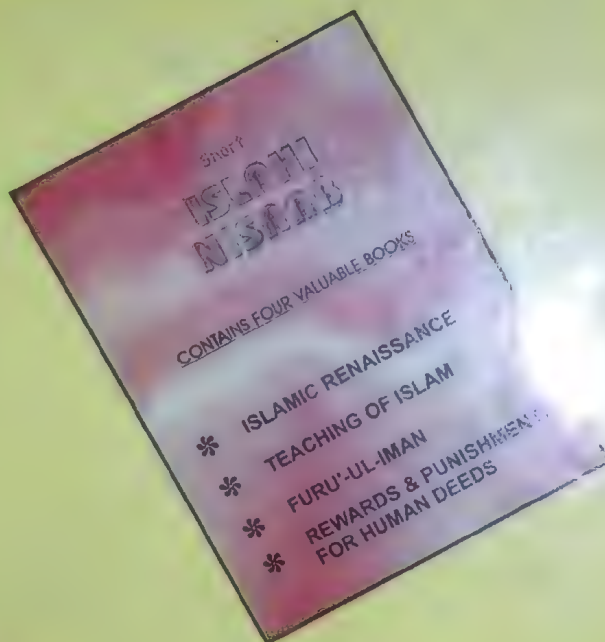
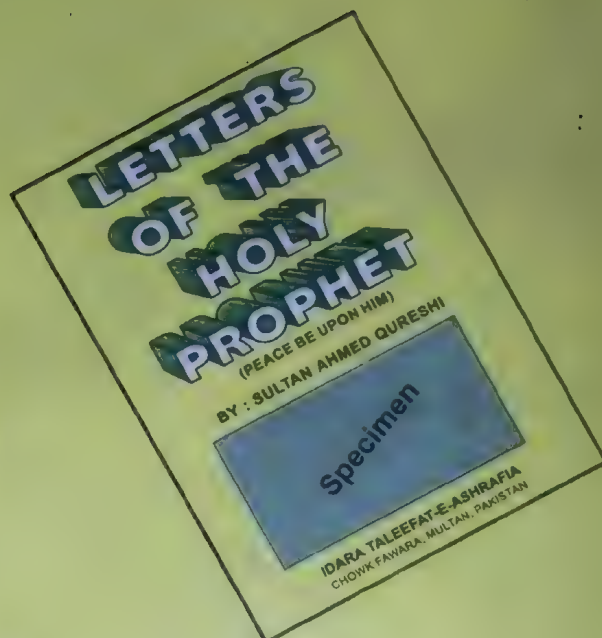
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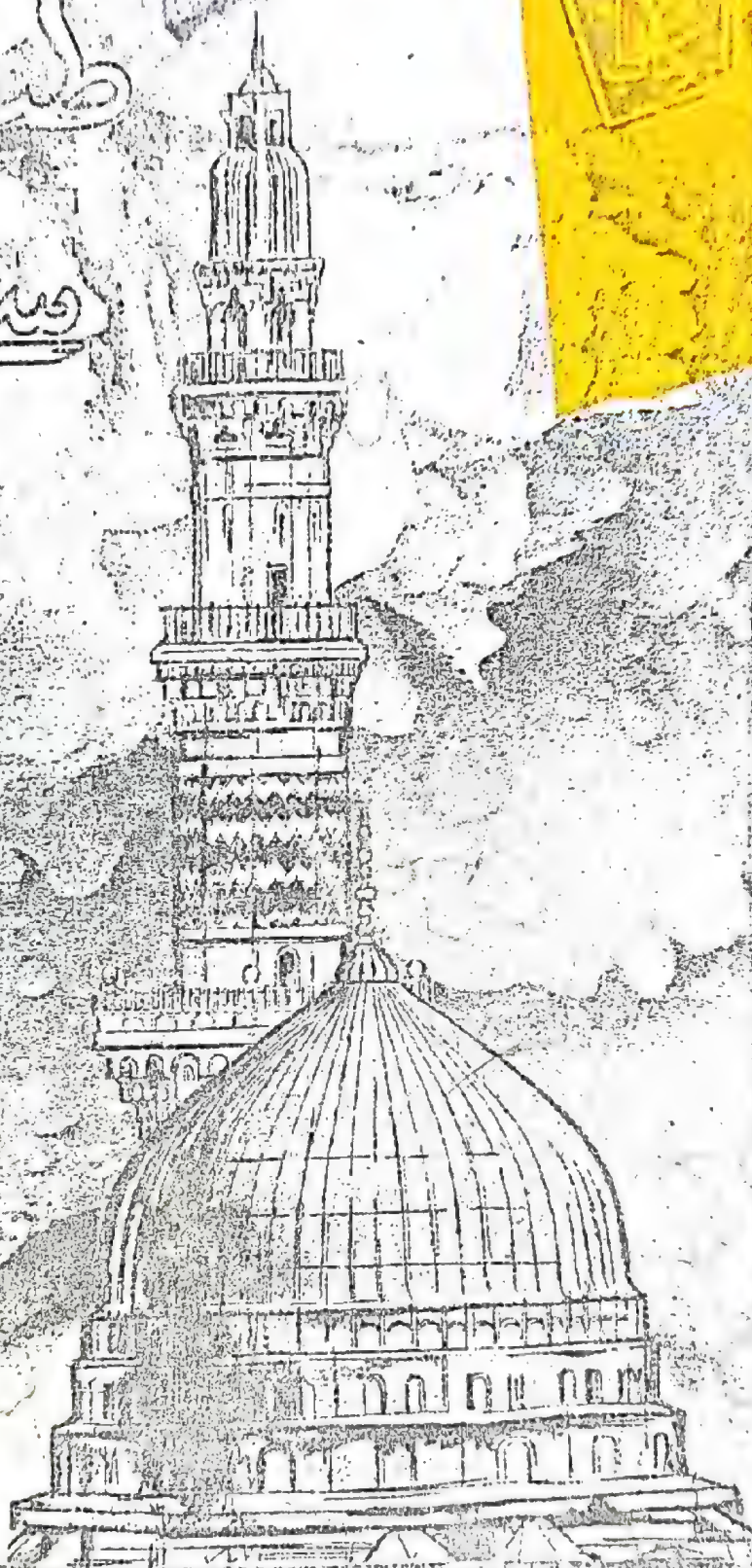
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IDARA TALIFAT-E-ASHRAFIA
MULTAN, PAKISTAN





کتابت
میں سے علاج



کون کتاب

طبیعی سے علاج

انجیر

انجیر بنیادی طور پر مشرق وسطیٰ اور ایشیائے کوچک کا پھل ہے، یہ آب ہندوستان اور پاکستان میں بھی پایا جاتا ہے مگر مسلمانوں کی آمد سے قبل اس کا متعارف نہیں ملتا۔ یہ زیادہ تر ترکی، اطالیہ، اسپین، ترکی، ایران، فلسطین، شام اور لبنان میں پایا جاتا ہے۔ پاکستان میں چترال اور ہنزہ کے علاقے اس کا وطن ہیں۔ پھلوں میں یہ سب سے نازک پھل ہے، پکنے کے بعد خود بخود پیڑ سے گر جاتا ہے اور اگلے دن کے لیے محفوظ نہیں کیا جاسکتا۔ البتہ اسے خشک کر کے زیادہ عرصے تک قابل استعمال بنایا جاسکتا ہے۔ انجیر کے درخت کی چھال، پتے اور دودھ اور یہ میں استعمال ہوتے ہیں۔ اس کی دواہم قسمیں دستیاب ہیں۔ ایک وہ جسے لوگ باقاعدہ کاشت کرتے ہیں بستانی کہلاتی ہے، دوسری خود رو جنگلی کہلاتی ہے جنگلی حجم میں چھوٹی اور ذائقہ میں لذیذ نہیں ہوتی جبکہ بستانی کاشتکاروں کے مختلف تجربات کے باعث زائستہ دار ہو گئی ہے۔

فوائد

اس کی بہترین قسم مفید ہے۔ یہ گردہ اور مثانہ سے پتھری کو حل کر کے نکال دیتی ہے ہر قسم کے ہرودہ اثرات سے بچاتی ہے۔ خلق کی سوزش، سینے کے بوجھ، پھیپھڑوں کی سوجن میں مفید ہے، جگر اور تلی کو صاف کرتی ہے، بھگم کو جمع نہیں ہونے دیتی۔ انجیر کو بازام، اخروٹ اور ناریل کے ساتھ ملا کر کھایا جائے تو خطرناک زہروں سے محفوظ رکھتی ہے۔

انجیر کو تیار نہ کھانا بلکہ خالص مفید ہے۔ یہ آنتوں کے بند کھولتی ہے، پیٹ کی اکثر بیماریوں میں فائدہ دیتی ہے۔ پانی بھنی کھانسی، پانی قبض، اومہ اور دلکھانے کے لیے مفید ہے۔ پر اسے قبض کو دور کرنے کے لیے پانچ دانے کھانے چاہئیں جبکہ مڑا پاکم کر کے لیے تین دانے ہی کافی ہیں۔ چھیک کے علاج میں بھی یہ فائدہ دیتی ہے۔ بواسیر کو مٹاتی ہے اور گردوں کے فعل کو درست کرتی ہے۔

جدید مشاہدات

جدید تحقیق سے یہ بات ثابت ہوئی ہے کہ انجیر ایک مکمل غذائیت لیے ہوئے اور بہترین پھل ہے۔ اس کے استعمال سے بے شمار بیماریاں جڑ سے ختم ہو جاتی ہیں۔ یہ مہیوگ لگانے والی سکون آور جسم کو ٹھنڈک پہنچانے والی ہے۔ انجیر کے دودھ میں غذا کو ہضم کرنے والے جوہر PAPAINE کی مانند ہوتے ہیں۔ یہ غذا میں موجود نشاستہ کو منٹوں میں ہضم کر دیتے ہیں۔

تازہ انجیروں کو رات شبینم میں رکھ کر کسی مٹھاس اور باداموں کے ساتھ اگر نہار منہ کھایا جائے تو یہ منہ کے زخموں، زبان کی جلن اور جسم کی حدت کو چند دن میں ٹھیک کر دیتی ہے۔ خشک انجیر کو تو بے پرجلا کر اس کی راکھ کا منجن بنا لیا جائے اور اس سے دانت صاف کیے جائیں تو دانتوں کا میل اتر جاتا ہے اور مسوڑھوں کی سوزش میں بھی کمی واقع ہوتی ہے۔

انجیر اور بواسیر

نبی اکرم صلی اللہ علیہ وسلم نے انجیر کے فوائد کے سلسلے میں دعا ہم ارشادات فرمائے ہیں۔
۱۔ یہ بواسیر کو ختم کر دیتی ہے۔

۲۔ جھڑوں کے درد میں مفید ہے۔

جن لوگوں کو بواسیر کی تکلیف ہو، ان کو صبح نہار منہ شہد کے شربت کے ساتھ پانچ سے چھ دانے خشک انجیر استعمال کرنی چاہیے اور جن کے تکلیف کم اور بدھنسی زیادہ ہو، ان کو ہر کھانے سے آدھا گھنٹہ پہلے انجیر کھانے سے فائدہ حاصل ہوگا۔

تریوز

تریوز دنیا کے اکثر گرم ملکوں میں کثرت سے پایا جاتا ہے۔ مشرق وسطیٰ کے ہر ملک میں پایا جاتا ہے، ہندوستان میں بھی عام ملتا ہے۔ امریکی ریاست کیلی فورنیا کا تریوز اپنی سرخی اور ملاوت میں مشہور ہے۔ کہتے ہیں کہ ریتے علاقوں کا تریوز زیادہ میٹھا ہوتا ہے۔ دنیا میں اس وقت پاکستان کے ضلع سکھر کے علاقے ٹرہی نہیں کے تریوز ذائقہ اور حجم میں بہترین مانے جاتے ہیں۔

بنیادی طور پر یہ افریقہ کا پھل ہے جو سیاحوں کی بدولت پوری دنیا میں مقبول ہو گیا۔ آج کل پاکستان میں چین کے درآمدی بیج سے چھوٹے حجم کے ایسے تریوز کثرت سے پیدا ہو رہے ہیں جو لذیذ بھی ہیں۔ پھل وزنی ہونے کی وجہ سے اس کا پودا زمین پر لیٹنے والا ہے۔ بیج بونے کے بعد چار ماہ میں پھل یک کر تیار ہو جاتا ہے۔ یکے ہوئے پھل کی پہچان میں کہا جاتا ہے کہ اگر اس پر ہلکا ہاتھ ماریں تو جواب میں مدھم آواز دے گی کی علامت ہے۔

فوائد

تریوز جلد ہضم ہو جاتا ہے، گروہ اور شانہ سے پیٹری کون کا ملتا ہے۔ معدہ سے غلاظت کو نکال کر پیٹ کو صاف کرتا ہے۔ بخار کے مریضوں کو اسے سرکہ کی سکنجبین کے ساتھ دینا مفید رہتا ہے۔ اسے کھلنے سے چہرے کے دم اتر جاتے ہیں اور رنگت صاف ہو جاتی ہے۔ اگر کسی کو جسم میں ٹھنڈک محسوس ہوتی

ہو تو وہ اسے اور کب کے ساتھ کھائے۔ یہاں پر ٹھنڈک سے مراد جسم کی قوتِ دفعہ میں کمی ہے اسے کھانے سے جسم میں بیماریوں کا مقابلہ کرنے کی صلاحیت میں اضافہ ہوتا ہے۔

جلدِ مشاہرات

بنیادی طور پر تربوز مفرح، پیشاب آور، پیٹ سے جلن اور سوزش کو رفع کرنے والا غذائیات سے بھرپور ہے۔ اس کے بیج پیٹ سے کیڑے نکالتے ہیں، اس کا جوس پیاس کو بجھاتا ہے۔ اس کے جوس میں کھانڈ اور زیرہ ملا کر گردہ، مثانہ اور پیشاب کی نالی کی سوزشوں میں دینا مفید ہے۔ یہ نسخہ جگر کی سوزش اور یرقان میں بھی مفید ہے۔ تربوز کھانے سے معدہ اور آنتوں کے زخم مندمل ہو جاتے ہیں۔ اس میں بھی کی طرح PECTIN کی موجودگی اسے اسہال اور پیش میں بھی مفید بنا دیتی ہے۔ سندھ میں پایا جانے والا جنگلی تربوز، کریت، کڑوا ہوتا ہے۔ مگر وہ بھوک بڑھاتا ہے اور قبض میں فائدہ دیتا ہے۔ سوزش معدہ، پیشاب کی نالیوں کی سوزش، حلق کی تکالیف، گردہ اور مثانہ کی پتھری اور تپ محرقہ میں مفید ہے۔ اس میں غذائی عناصر کی مقدار اسے جسم کے لیے مفید بلکہ وزن کو بڑھانے والا بنا دیتی ہے۔

جو

خوردنی اجناس میں جو ایک عام سی جنس ہیں۔ یہ گندم کے کھیتوں میں پائے جاتے ہیں اور گندم سے پہلے یک جاتے ہیں۔ اگرچہ یہ کاشت کیے جاتے ہیں مگر اس کی خورد و قسم بھی پائی جاتی ہے۔ نبی اکرم صلی اللہ علیہ وآلہ وسلم کو جو بہت پسند تھے۔ ان کی ذاتِ گرامی کے ساتھ ان کا واسطہ بطور روٹی، بطور دلیہ اور بطور ستوا حدیث سے پتا چلتا ہے۔ عہدِ رسالت میں عام طور پر لوگ جو کی روٹی کھاتے تھے یا گندم اور جو ملا کر روٹی پکائی جاتی تھی۔ خالص گیہوں کی روٹی تقریبات تک محدود تھی۔

فوائد

جو کھانے سے قوت حاصل ہوتی ہے۔ یہ جسمانی کمزوری کے علاوہ کھانسی اور حلق کی سوزش کے لیے مفید ہیں۔ معدہ کی سوزش کو ختم کرتے ہیں، جسم سے غلاظتوں کا اخراج کرتے ہیں، پیشاب آور ہیں، پیاس کو تسکین دیتے ہیں۔

نبی اکرم صلی اللہ علیہ وسلم نے جو کے فوائد میں دو اہم باتیں ارشاد فرمائی ہیں۔

۱۔ مریض کے دل سے بوجھ کو اتار دیتا ہے۔

۲۔ فکر اور غم سے نجات دیتا ہے۔

جو کھانے سے جو خون پیدا ہوتا ہے وہ معتدل، صالح اور کم گاڑھا ہوتا ہے۔ جو کو اس کے وزن سے پندرہ گنا پانی میں اتنی دیر ہلکی آگ پر پکایا جائے کہ تیسرا حصہ اڑ جائے۔ یہ پانی جسم کی تقریباً ایک سو بیماریوں میں مفید ہے، یہ جسم کی گرمی اور پیش کو کم کرتا ہے، بدن کو مضبوط کرتا ہے، چونکہ یہ جلد ہضم ہو جاتا ہے اس لیے کمزور اور بد ہضمی کے مریضوں کے لیے غذا اور دوا ہے۔ اس کا گرم پانی پینے سے گلے کی سوزش میں کمی آتی ہے۔ اس کا حریرہ قابض دواؤں کے ساتھ دست روکتا ہے۔ جو کا آٹا گوندھ کر اس میں چھاپا ملا کر پیٹ سے مفرایں، پیاس کی شدت اور معدہ کی سوزش میں فائدہ ہوتا ہے۔ جو کا آٹا سرکہ میں گوندھ کر ہر قسم کی خارش میں لگانا مفید ہے۔ سرکہ کی پھینچوڑی کو دھو کر تپا ہے۔ جو کے آٹے کو شہد کے پانی میں گوندھ کر لپیٹ کر پی تو لینی اور ام تحلیل ہوتے ہیں۔ سفر جلی (بھی) کا چھلکا اتار کر اسے جو اور سرکہ کے ساتھ پیس

کرجوڑوں کے درد اور اعصابی درووں پر لگانا فائدہ مند ہے۔ جو اور گیموں کی بھوس کی پانی میں اُبال کر اس پانی سے گلیاں کریں تو دانت کا درد جاتا رہتا ہے۔

جدید تحقیقات

اپنے افعال اور اثر کے لحاظ سے جو مقوی غذا، مقامی طور پر قابض اور تپش کو مقامی طور پر تسکین دینے والے ہوتے ہیں۔ انگریزی جو کے چار بڑے پیمے (ڈھائی اونس) چار سیر پانی میں اتنی دیر پکائے جائیں کہ پانی نصف رہ جائے۔ یہ پانی بخاروں کی تپش، پیشاب کی جلن اور آنتوں کی سوزش میں مفید ہونے کے علاوہ غذائی کمی میں بھی مددگار ہے۔ اس پانی میں دودھ اور جینی ملائی جاسکتی ہے۔ بعض لوگ اس میں لیموں چھوڑ لیتے ہیں۔ اگر لیموں ڈالا جائے تو پھر دودھ نہ شامل کیا جائے۔ اس نسخے کا موازنہ نبی اکرم صلی اللہ علیہ وسلم کے نسخے سے کریں تو اس کی افادیت میں اضافہ کی اچھی راہ نکل آتی ہے۔ حصوڑ کے نسخے میں جو کا دلیا، دودھ اور شہد میں پکایا جاتا ہے۔ اسی ترتیب سے جو اُبال کر ان میں شہد ملا کر دیا جائے تو اس میں غذائیت بھی بڑھے گی اور مقامی طور پر زیادہ سکون آوے گی۔

احادیث میں جو کے فوائد کی روشنی میں معدہ اور آنتوں کے السر کے مریضوں کو صبح ناشتے میں سرکار دوا عالم کے نسخے کے مطابق تبیین دیا گیا، السر کا ہر مریض دو سے تین ماہ میں تندرست ہو گیا۔ پیشاب میں خون اور پیپ کے مریضوں میں وجہ جو کوئی بھی ہو مناسب علاج کے ساتھ جو کا پانی اگر شہد ڈال کر پلایا جائے تو یہ تکلیف پندرہ روز میں ختم ہو جاتی ہے۔ بعض اوقات یہی طریقہ تپھری نکالنے کا باعث بھی ہوا۔ پرانی قبض کے لیے جو کے دلیا سے بہتر اور محفوظ کوئی دوائی دیکھی نہ گئی۔

حب الرشاد

حب الرشاد ایک قدیم دوائی ہے جس کا ذکر ایرانی کتابوں میں مختلف ناموں سے ملتا ہے۔ احادیث میں اسے الشفا کا نام دیا گیا ہے۔ یہ آدھ میٹر سے کم بلندی کی جھاڑیاں ہیں جو سارے ایشیا میں کاشت کی جاتی ہے۔ اس کے پتوں کو سلاو کے طور پر شوق سے کھایا جاتا ہے۔ کہتے ہیں کہ اس پر دے کا اصل وطن حبشہ ہے جہاں سے لوگ اسے فوائد کی بناء پر ایشیائی ملکوں میں لے آئے۔ اس کے پتوں کا جو شاندر بڑے شوق سے پیا جاتا ہے۔

ان جھاڑیوں میں پھلیاں لگتی ہیں، جن میں گلابی رنگ کے چھوٹے چھوٹے بیج ہوتے ہیں۔ ان بیجوں کو حب الرشاد کہتے ہیں۔ بعض اطباء نے اسے جر جیر بھی قرار دیا ہے۔ ماہرین نباتات نے جر جیر اور الشفا کو دو مختلف چیزیں قرار دیا ہے۔ جر جیر اصل میں ERUCA STAIYA ہے۔ اسے سفید سرسوں بھی کہتے ہیں اور یہ ماضی کی اقسام میں سے ہے۔

فوائد

اس کی دھونی کیڑے مکوڑوں کو ہلاک کر دیتی ہے، اسے شہد میں ملا کر اگر پیٹ پر لپیپ کیا جائے تو تنگی کے درد کو دور کرتی ہے۔ اس کا جو شاندر سر میں ڈالنے سے گرتے بالی رُک جاتے ہیں۔ اسے جو کے آٹے میں ملا کر بہرہ میں حل کر کے کسی چوٹ یا دم پر لپیپ کیا جائے تو چھوٹی کی اکڑن اور عرق النساء کو دور کرتی ہے۔ اسے پانی میں گھول کر پھنسیوں پر لگایا جائے تو وہ بیٹھ جاتی ہیں۔ اسی طرح یہ کمر کے درد میں بھی

مفید ہے۔ اگر اسے جلا کر برص پر لگایا جائے بلکہ ساتھ پلایا بھی جائے تو اسے دور کرتا ہے۔ پھلپھری کے علاوہ اس کا لگانا چھپ میں بھی مفید ہے۔ یہ طبیعت کی ٹھنڈک کو دور کرتی ہے اور پیٹ سے پھوٹے بڑے تمام کیڑے نکال دیتی ہے۔

اس کا لیب چہرے سے داغ دھبے آتا دیتا ہے۔ اس کے بیج پیس کر کھانے یا ان کا جوشاندہ پینے سے سینے میں رگی ہوئی بلغم نکل جاتی ہے۔ سردی کی وجہ سے جو بھی مرض لاحق ہو، دور ہو جاتا ہے۔ معدے کا درد ختم ہو جاتا ہے، معدہ میں قوت آ جاتی ہے۔ اس کی ٹہنیوں کا جوشاندہ پینے سے سوکھی کھانسی اور دمہ کو فائدہ ہوتا ہے۔ اس کے شربت سے بوا سیر میں بہنے والا خون رگ جاتا ہے۔

جدید مشاہدات

اسے چھپ اور برص پر لگانا مفید ہے۔ اس کے بیجوں کو پانی کی آٹھ گنا مقدار میں آدھ گھنٹہ ابال کر اس پانی کے دو بڑے چمچے اس وقت تک دیتے رہیں جب تک کہ ہچکی دور نہ ہو جائے۔ بیج پیس کر ان میں مینی ملا کر استعمال کرنا اسہال اور بد ہضمی میں مفید ہے۔ عام کمزوری دور کرنے کے لیے اسے مینی میں ملا کر بھی میں بھون کر سردی کے موسم میں بطور قوی غذا استعمال کرتے ہیں، دودھ میں پکا کر اس کی فرنی سی بنائی جاتی ہے۔ اس کو کھانے سے جسمانی درد ٹھیک ہو جاتا ہے۔ بیرونی استعمال میں لیموں کے عرق کے ساتھ حب الرشاد کا سفوف اور ام کو دور کرنے میں مفید ہے۔

اگر کسی کے پیٹ میں درد ہو، یہ درد خواہ کسی وجہ سے بھی ہو، اس کے پتوں کا تھوہ پلایا جاتا ہے۔ عجیب بات یہ کہ درد منٹوں میں جاتا رہتا ہے۔ حب الرشاد کو مر اور مستر کے ساتھ کوٹلوں پر ڈال کر کروں میں جب دھونی دی گئی تو ہر قسم کے کیڑے مکوڑے ہلاک ہو گئے۔ بازار میں ملنے والی تمام کرم کش ادویہ سے یہ نسخہ زیادہ مفید اور محفوظ ہے۔

حنا

ہندی یا حنا کا پودا دو میٹر کے قریب بلند اور ہندوستان میں ہر جگہ پایا جاتا ہے۔ اسے عام طور پر گھروں اور کھیتوں کے ارد گرد باڑھ لگانے کے لیے لگایا جاتا ہے۔ رات کو خوشبو دیتا ہے۔ پاکستان میں جمیہ اور حیدر آباد کی ہندی زیادہ مقبول ہے۔ اس پودے کے پتے، شاخیں اور پھول دوا اور زیبائش کے لیے استعمال ہوتے ہیں۔

رسول اکرم صلی اللہ علیہ وآلہ وسلم نے ہندی کو پسند فرمایا ہے۔ آپ کے پاس جب بھی کوئی سر درد کی شکایت لے کر آیا تو آپ نے اسے ہندی لگانے کا مشورہ دیا۔ حضور اکرم ﷺ نے فرمایا کہ تمہارے پاس ہندی موجود ہے۔ یہ تمہارے سروں کو تپتور بناتی ہے۔ تمہارے دلوں کو پاک کرتی ہے اور قبر میں تمہاری گواہ ہوگی۔

قوائد

اس کے لگانے سے ناخنوں کا پھٹنا رگ جاتا ہے۔ ہندی کے پتے رات پانی میں بھگو کر صبح نہوڑ کر ان کا رس شکر ملا کر اگر چالیس دن لگاتار پیا جائے تو یہ نہ صرف جذام کا علاج ہے بلکہ زخموں کو بھی مندمل کر دے گا۔ آگ سے جلے ہوئے کا بھی بہترین علاج ہے۔ اس کو پانی میں ملا کر اگر غرارے کیے

جائیں تو گلے، منہ اور زبان کے تمام زخموں کے لیے مفید ہے۔ اس کا لیمپ گرم پھوڑوں اور سوزش کو کم کرتا ہے۔ اگر اس میں گرم کر کے موم اور گلاب کا تیل ملا کر سینے کے اطراف اور گردن والے مقام پر لپیٹ کر لیں تو درد جاتا رہتا ہے۔

چیچک کے مریض کے پیروں کے تلوؤں پر اگر مہندی صبح و شام لگائی جائے تو اس کی آنکھیں بیماری سے محفوظ رہتی ہیں اور چیچک کے آبلے جلد خشک ہو جاتے ہیں۔ اگر اس کے پتے گرم کیڑوں میں رکھے جائیں تو ان کو کیڑا نہیں کھاتا۔ مہندی کو اگر ناخنوں پر باقاعدہ لگایا جائے تو ان کو چمکدار اور خوبصورت بناتی ہے۔ پیروں پر لگانے سے ان کی جلد نرم ہوتی اور ناگوں کی پھنسیاں مندمل ہو جاتی ہیں۔ وہ ناخن جو چوٹ لگنے سے سیاہ پڑ جائے یا پھپھو مہندی لگ جانے سے متورم ہو جائے، اس پر مہندی لگنے سے نیا ناخن صاف اور خوبصورت نکلتا ہے۔

مہندی کا پھول سونگھنے سے گرمی سے ہونے والا سرد درد جاتا رہتا ہے۔ مہندی کے پھولوں کو کسی تیل یا روغن زیتون میں ملا کر دھوپ میں رکھ کر بجی آرنج پر پکا کر مہندی کا تیل تیار کیا جاتا ہے جس کی مالش سے پتھوں کی اکڑن جاتی رہتی ہے۔ مہندی کے پتوں کو پانی میں رات بھر بھگو کر صبح اس کا پانی شکر ملا کر یرقان کے مریض کو دینا مفید ہے۔ اسی پانی کے پینے سے بڑھی ہوئی تلی بھی کم ہو جاتی ہے۔

جدید مشاہدات

مہندی میں رنگ کی موجودگی سے لوگوں نے خضاب کا کام لینے کی کوشش اس لیے بھی زیادہ کی ہے کہ دورِ حاضر میں ملنے والے خضابوں میں پایا جانے والا رنگ کثرتِ استعمال سے جلد کا سرطان پیدا کرنے کی اہلیت رکھتا ہے۔ مہندی کے پتوں کو صابن کے پانی میں حل کر کے سر پر لگائیں تو بال سیاہی مائل ہو جاتے ہیں۔

مہندی میں چلنے کی پتی اور کافی ملا کر اسے چینی ڈال کر ابالیں اور اس میں تیزابیت پیدا کرنے کے لیے لیموں کا عرق یا سرکہ ملا کر استعمال کریں۔ اس نسخے میں سب سے بڑی بات یہ ہے کہ مہندی اور سرکہ گرتے بالوں کا علاج بھی ہیں اور ان کے لگانے سے سر سے سیکری دفع بھی ختم ہو جاتی ہے۔ مہندی بہترین مصفی خون ہے۔ مہندی کے پتوں کا جوشاندہ پیٹ کے السر میں فائدہ مند ہے، یہ جربان میں بھی مفید پایا گیا ہے۔ اس کے علاوہ مثانہ میں گرمی اور جلن کو بھی فائدہ دیتا ہے مریض کے تکیے میں اگر مہندی کے پتے بھر دیئے جائیں تو اسے جلد اور اچھی نیند آتی ہے۔ مہندی کے پھولوں اور پتوں سے نکالا ہوا تیل یا ان کا جوشاندہ کوڑھ کی ابتدائی صورت میں مفید ہوتا ہے۔

زیتون

زیتون کا درخت تین میٹر کے قریب اونچا ہوتا ہے۔ چمکدار پتوں کے علاوہ اس میں بیر کی شکل کا ایک پھل لگتا ہے۔ جس کا رنگ جامنی اور ذائقہ بظاہر کھٹا اور چمکدار ہوتا ہے۔ بنیادی طور پر درخت ایشیائے کوچک، فلسطین، بحیرہ روم کے خطے، یونان، پرتگال، اسپین، ترکی، اٹلی، شمالی ریف، الجزائر، تیونس، امریکہ میں کیلی فورنیا، میکسیکو، پیرو اور آسٹریلیا کے جنوبی علاقوں میں پایا جاتا ہے۔ زیتون کا تیل بطور صنعت اور برآمد کے فرانس، اٹلی، اسپین، ترکی، الجزائر، تیونس اور یونان سے آتا ہے۔ حال ہی میں بلوچستان سے بھی زیتون کا تیل ڈبوں میں برآمد کیا گیا ہے۔

زیتون کا پھل غذائیت سے بھرپور ہے مگر اپنے ذائقے کی وجہ سے پھل کی صورت میں زیادہ مقبول نہیں۔ اس کے باوجود مشرق وسطیٰ، اٹلی، یونان اور ترکی میں بہت سے لوگ یہ پھل خالص صورت میں اور یورپ میں اس کا اچار بڑے شوق سے کھاتے ہیں۔

فوائد

سرخ زیتون کا تیل سیاہی مائل سے بہتر ہوتا ہے۔ یہ طبیعت کو بحال کرتا ہے، چہرے کے رنگ کو نکھارتا ہے۔ ذہن کے خلاف تحفظ دیتا ہے۔ پیٹ کے فعل کو اعتدال پر لاتا ہے۔ پیٹ سے کیڑے نکلنے کا ہے۔ بالوں کو چمکاتا اور بڑھاپے کی تکالیف اور اثرات کو کم کرتا ہے۔ زیتون کے تیل میں نمک ملا کر اگر مسوڑھوں پر لگایا جائے تو یہ آن کو تقویت دیتا ہے۔ یہی نمکین مرکب آگ سے جلے ہوئے کے لیے مفید ہے۔ تیل یا زیتون کے پتوں کا پانی لگانے سے سرخ پھنسیوں، پتی، غارش میں فائدہ ہوتا ہے۔ وہ پھوڑے جن سے بدبو آتی ہو یا پرانی سوزش کی وجہ سے ٹھیک ہونے میں نہ آتے ہوں، زیتون کے تیل سے ٹھیک ہو جاتے ہیں۔

زیتون کے درخت کے پتوں کا رس نکال کر یا خشک ملیں تو ان کو پانی میں اُبال کر ان سے کلیاں کرنا منہ اور زبان کے زخموں کو مندرمل کر دیتا ہے۔ زیتون کے پتوں کا عرق لگانے سے حساسیت سے پیدا ہونے والے جلدی امراض ٹھیک ہو جاتے ہیں۔

زیتون کا پھل :

زیتون کے پھل اور پتوں کا رس پھوڑ کر اسے اتنی دیر پکائیں کہ وہ شہد کی مانند گاڑھا ہو جائے۔ اسے کیڑے والے دانت پر لگائیں تو کیڑا اُکھڑ جاتا ہے۔ اگر اس سے کلیاں کریں تو منہ کے اندر کے زخم اور سفید داغ ٹھیک ہو جاتے ہیں، مسوڑھے مضبوط ہوتے ہیں۔ اس میں سرکہ یا اسپرٹ ملا کر سر پر لپیٹ کر یا تو گچ میں مفید ہے۔ اس لپیٹ میں شہد ملا کر زخموں پر لگانے سے آن کی تفری، جلن اور تعفن دور ہوتے ہیں۔ اگر زخم پر چھلکا آیا ہو تو اس کے لگانے سے وہ اتر جاتا ہے۔

جنگلی زیتون کے پتوں کا رس کان میں ڈالنے سے کان بہنے بند ہو جاتے ہیں۔ اگر اس میں شہد ملا کر گرم ٹپکائیں تو کان کی پھنسی، میل کی زیادتی اور اس سے پیدا ہونے والے بہرہ پن میں مفید ہے۔ زیتون کی لٹری کو آگ لگا کر جھائیں تو اس سے نکلنے والا تیل پھپھوندی سے پیدا ہونے والی تمام جلدی بیماریوں، واد، جھپ، چنبل، سر کا بھہ اور گچ کو ٹھیک کر دیتا ہے۔ پتوں کو برکری میں جوش لے کر کلیاں کرنے سے دانتوں کا درد جاتا رہتا ہے۔

زیتون کا تیل :

جو لوگ باقاعدگی سے اس کا تیل سر پر لگاتے ہیں، نہ تو ان کے بال گرتے ہیں اور نہ ہی جلد سفید ہوتے ہیں۔ اس کی مالش سے واد اور بھوسی زائل ہو جاتی ہے۔ کان میں پانی پڑا ہو تو زیتون کا تیل ڈالنے سے یہ پانی نکل جاتا ہے۔ موتیا بند کو کم کرنے میں بھی یہ مفید ہے۔ زیتون کے تیل کی مالش کرنے سے اعضا کو قوت حاصل ہوتی ہے۔ پٹھوں کا درد دور ہو جاتا ہے۔ اسے سر ہم میں شامل کرنے سے زخم جلد بھرتے ہیں۔ ناسور کو مندرمل کرنے میں کوئی دوائی زیتون سے بہتر نہیں۔

اکیس تولے جو کے پانی میں روغن زیتون ملا کر پینے سے پرانا قبض دور ہو جاتا ہے۔ پیٹ کے کیڑے مار دیتا ہے، گود کی پتھری توڑ کر نکال سکتا ہے۔ جسمانی کمزوری کو دور کرتا ہے۔

جدید مشاہدات

گردوں کے امراض میں زیتون بہترین غذا ہے۔ یہ سوزش والی جگہوں کو تسکین دیتا ہے، آنسو کی

جلین کو کم کرتا ہے، پیٹ کو ملائم کرتا ہے۔ زیتون کا پھل سیلا ہوتا ہے۔ پھل کا اچار بنانے کے لیے پکے ہوئے زیتون لے کر ان کو گرم نمکین پانی میں کچھ دیر جگھو یا جاتا ہے۔

نالچ عرق النساء، پٹھوں اور جوڑوں کے دردوں اور کمزوری پیدا کرنے والے دوسرے امراض میں از حد مفید ہے۔ بدن کی خشکی کو دور کرنے جلدی امراض مثلاً چنبل، خشک گنج میں مفید ہے۔ لاغر بچوں اور ضعیف اشخاص کو اس تیل کی مالش سے فائدہ ہوتا ہے۔ امراض بطن میں یہ تیل ہر قسم کی خراش کو دور کرتا ہے۔

نبی اکرم صلی اللہ علیہ وسلم نے زیتون کو باسور کے لیے مفید قرار دیا ہے۔ اس بیماری کے مریضوں کو رات سوئے وقت دو بڑے چیمے روغن زیتون پینے کو کہا گیا اور اس کے ساتھ دو چیمے برگ مہندی کے پیس کر اس میں آٹھ چیمے روغن زیتون ملا کر پانچ منٹ جوش دے کر مرہم تیار کر لی گئی۔ باسور کہندے کہ مریضوں کو یہ مرہم رات سوئے سے پہلے اور صبح اٹھ کر بیت الخلا جانے سے پہلے لگانے کی ہدایت کی گئی ہے۔

بالوں کو اگانے کے لیے کلونجی، حب، الرشاد، سنا مکی، مہندی کو ہم وزن پیس کر چھ گنا روغن زیتون میں ملا کر پندرہ منٹ ہلکی آریخ پر رکھا گیا۔ پھر اسے چھان کر تیل کی صورت جب مسلسل لگایا گیا تو اس سے بال بڑھنے کی رفتار بہتر ہو گئی۔ سر کی پھنسیاں ٹھیک ہو گئیں یہی تیل اگیز یا اور بغلوں کی خراش میں مفید ہے۔

امراض بطن:

آنتوں کے سرطان میں روغن زیتون نہایت مفید پایا گیا ہے۔ اس ضمن میں مشرق وسطیٰ اور شمالی افریقہ میں طبی خدمت بجالانے والے سینکڑوں ڈاکٹروں سے معلومات حاصل کی گئیں۔ ان سب کا متفقہ جواب یہ تھا کہ آنتوں نے زیتون کا تیل پینے والے کسی شخص کو کبھی پیٹ کے ٹرن میں مبتلا نہیں دیکھا۔ لمبے عرصے تک زیتون کا تیل پینے سے معدہ اور آنتوں کے سرطان ٹھیک ہو سکتے ہیں۔ تاخیر معرہ اور پیٹ کی جلن کے لیے زیتون کے تیل سے بہتر کوئی دوا نہیں۔

امراض تنفس:

سانس کی بیماری میں مبتلا مریض کو زیتون کا تیل دیا گیا تو اس کی بیماری میں خاصی کمی۔ اقع ہوئی۔ دمہ کے مرض میں زیتون کے تیل سے بہتر کوئی دوا نہیں ہے۔

انفلوئنزا اور زکام کا طب جدید میں کوئی علاج نہیں، وہ لوگ جو باقاعدہ زیتون کا تیل پیتے ہیں، ان کو نہ تو زکام ہوتا ہے اور نہ ہی نمونیہ ہوتا ہے۔ اگر ان کو کبھی انفلوئنزا ہو بھی جائے تو اس کا حملہ بڑا معمولی ہوتا ہے۔ زکام اور دمہ کے دوران اضافی فائدے کے لیے آبلتے ہوئے پانی میں شہد بھی مفید ہے۔

تپ دق:

وہ ادویہ جو تپ دق پر موثر ہوتی ہیں۔ جذام میں بھی مفید ہوتی ہیں، اس لیے تپ دق کے مریضوں کو نسخہ کے مطابق زیتون دیا گیا۔ زیتون کے تیل کی وجہ سے اندرونی طور پر ہونے والے تمام زخم مندمل ہو گئے۔

زکام، نکس:

طب جدید میں زکام کا کوئی علاج نہیں۔ پرانے زکام میں یا ان مریضوں کے لیے جن کو بار بار زکام ہو جاتا ہے زیتون کا تیل بے حد فائدہ مند ہے۔

ایک چمچ کلونجی کو بیس کر بارہ چمچ زیتون کے تیل میں حل کر کے اس مرکب کو پانچ منٹ آبا لے

کے بعد پھان لیا گیا۔ صبح شام ناک میں ڈالنے سے نہ صرف یہ کہ پرانا زکام ٹھیک ہوا بلکہ نکسیر میں بھی از حد مفید رہا۔

سرکہ

سرکہ، گنتے کے رس، چقندر، جامن، انگور، منقہ، میوا، تازی، گندم، جو، کھانڈ کی راب اور دوسرے پھلوں سے تیار ہوتا ہے۔ یہ بنیادی طور پر کسی بھی شکریا نشاستہ میں خمیر اٹھانے سے پیدا ہوتا ہے۔ یہ تو معلوم نہیں ہو سکا کہ انسان کب سے سرکہ بنا رہا ہے مگر زمانہ قدیم سے اس کا ذکر کتابوں میں موجود ہے۔ تاریخ کے ہر دور میں اسے غذا اور دوا کے طور پر استعمال کیا جاتا رہا ہے۔

سرکہ کے کیمیائی عمل کا باعث جراثیم ہیں۔ اس کا مطلب ہے کہ جراثیم کی ایک ایسی قسم بھی موجود ہے جو بیماریاں پیدا کرنے کے بجائے ہمارے لیے مفید کام کرتے ہیں۔ ان کو دوست جراثیم کہتے ہیں۔ سرکہ بنانے میں عام طور پر ایسے پھل استعمال ہوتے ہیں جو گل سڑ گئے ہوں اور کوئی انہیں خریدنے پر تیار نہ ہو۔ اس طرح پھلوں کی صنعت سے متعلق کارخانے اپنے یہاں کاروباری مال ضائع کرنے کے بجائے اسے منفعت میں تبدیل کر لیتے ہیں۔

آج کل تین قسم کا سرکہ بازار میں ملتا ہے۔ ایک وہ جو پھلوں وغیرہ سے قدرتی طریقہ سے بنتا ہے، دوسرا جو کے مالٹ سے اور تیسرا تیزاب سے مصنوعی طور پر تیار ہوتا ہے۔ نبی اکرم صلی اللہ علیہ وآلہ وسلم نے فرمایا کہ سرکہ ایک بہترین سالن ہے۔ وہ گھر کبھی غریب نہیں ہوگا جس میں سرکہ موجود ہے۔

قوائد

سرکہ ٹھنڈک اور حرارت کا ایک حسین امتزاج ہے۔ یہ جسم سے غلیظ مادوں کو نکالتا ہے اور طبیعت کو فرحت دیتا ہے۔ سرکہ معدہ کی حدت کو کم کرتا ہے۔ جسم سے زہریلی ادویہ کے اثر کو دور کرتا ہے۔ پشہ سے صفرا کے نکلنے کی رفتار کو اعتدال پر لاتا ہے۔ جسم کے کسی حصہ میں اگر خون کو انجامد ہو جائے تو یہ اسے حل کر کے پھر سے سیال بنا دیتا ہے۔ یہ پیٹ کو چھوٹا کرتا ہے، پیاس کو بجھاتا ہے۔ تلی کے بڑھنے کو روکتا ہے، جسم میں ورم کی پیدائش کو روکتا ہے، خوراک کو ہضم کرتا ہے، خون کو صاف کرتا ہے اور پیچڑے پھنسیوں کو دور کرتا ہے۔

سرکہ کو گرم کر کے اگر اس میں نمک ڈال کر پیاجائے تو یہ منہ کی غلاظت کو دور کرتا ہے۔ حلق میں تلخی جلن، بوجھ کو دور کرتا ہے، گلے کی رکاوٹ کو دور کرتا ہے اور وہ لوگ جن کو سینے میں بوجھ کی شکایت محسوس ہوتی ہے، ان کو اس سے فائدہ ہوتا ہے۔

گلے کے اندر شکنے والے کوٹے کی سوزش، حساسیت اور اس کے ٹیڑھا پن میں مفید ہے۔ گرم سرکہ کے غرارے دانت کے درد کو ٹھیک کرتے ہیں اور مسوڑھوں کو مضبوط کرتے ہیں۔ گرم سرکہ پینے سے معدہ کو تقویت ملتی ہے۔ جسمانی قوت میں اضافہ کرتا ہے۔ چہرے کو جاذب بناتا ہے۔ موسم گرما میں سرکہ۔ پینا جسم کی حدت کو کم کر کے طبیعت کو مطمئن کرتا ہے۔ یہ معدے کی سوزش کو دور کرتا ہے۔ عرق گلاب کے ساتھ سرد درمیں مفید ہے۔ غذا کے ہضم کرنے میں مددگار ہے۔ گرم پانی کے ساتھ اس کے غرارے دانت کے درد میں مفید ہیں، خواہ وہ سوزش سے ہو یا اعصابی وجوہات سے۔ سرکہ

لگانے سے جوئیں مر جاتی ہیں۔ پتی اور خارش پر اس کا رنگا مفید ہے۔ سرکہ اور گلاب کا عرق جلے ہوئے کا بہترین علاج ہے۔

جدید مشاہدات

سیب، یہی اور ناشپاتی سے بننے والا سرکہ مقوی ہوتا ہے۔ جاسن اور تازی کا سرکہ درم تلی کو کم کرتا ہے اور ہچکی روکتا ہے، پیٹ سے نفخ کو نکالتا ہے۔ جنگلی پیاز کا سرکہ آواز صاف کرتا ہے، معدے کو قوت دیتا ہے۔ سنگ مثانہ میں مفید ہے۔ اس سے کلیاں کرنے سے مسوڑھے مضبوط ہوتے ہیں۔

سرکہ کھانے کے بعد معدہ کا فعل قوی ہو جاتا ہے۔ پیاس کی شدت کم ہو جاتی ہے۔ وہ غذاؤں جو آسانی سے ہضم نہیں ہوتیں، اگر ان کے ساتھ سرکہ شامل کر لیا جائے تو ہضم ہو جاتی ہیں۔ پیٹ سے سدے نکالتا ہے۔ انجیر کو دو روز تک سرکہ میں بھگو کر کھایا جائے تو بڑھی ہوئی تلی ٹھیک ہو جاتی ہے۔ سرکہ پینے سے غشیات کا نشہ اتر جاتا ہے۔ چونکہ سرکہ بنیادی طور پر تیزابی صفات رکھتا ہے اس لیے زہروں کے علاج میں سرکہ دینا صحیح معنوں میں علاج بالقصد ہے، جیسے کاسٹک سوڈا وغیرہ۔ آپریشن کے بعد مریض کو جو قے آتی ہے، اس کو روکنے کے لیے رومال کو سرکہ میں تر کر کے مریض کے منہ پر ڈال دیا جاتا ہے۔ بے ہوشی کے بعد کی متلی رک جاتی ہے۔

یہ یرقان میں فائدہ مند ہے اور مجھوک بڑھاتا ہے۔ پھیپھڑوں سے نکلنے والا خون سرکہ پینے سے بند ہو جاتا ہے۔ جسم کے اکثر مقامات سے ہونے والے اندرونی جریان خون میں سرکہ پلانا مفید ہوتا ہے۔ سرکہ بیک وقت ٹھنڈا بھی ہے اور گرم بھی۔ پیاس کی شدت میں سرکہ کے ساتھ پانی اور نمک ملا کر دینے سے تسکین زیادہ اچھی طرح ہوتی ہے اور یہ نسخہ سن اسٹروک سے بچاؤ کے لیے بھی از حد مفید ہے۔

میرونی استعمال

بخار کی شدت کو توڑنے کے لیے مریضوں کے جسم پر پانی پھیرا جاتا ہے۔ اس کی عا ترکیب یہ کہ تازہ پانی میں کیڑا بھگو کر مریض کے جسم پر پھیرتے ہیں۔ اس پانی میں اگر سرکہ ملا لیا جائے تو فائدہ زیادہ جلد ہوتا ہے۔ اپنے اثرات کے لحاظ سے سرکہ جراثیم کش ہے معقیمی طوط پر خون کی گردش میں اضافہ کرتا ہے۔ ان فوائد کی بناء پر یہ پھیپھوندی سے پیدا ہونے والی تمام سوزشوں میں فائدہ دیتی ہے۔ اس میں اگر کسی اور دوائی کا اضافہ نہ بھی کیا جائے تو چھپ، واو اور راتوں کی اندرونی اطراف کی خارش میں مفید ہے۔

برگ مہندی، سنامکی، کلونجی، میتھرے، حب الرشاد، قسط شیریں کو ہم وزن پیس کر اس کے ایک پیلے میں چھ پیلے سرکہ ملا کر اسے دس منٹ ہلکی آہنی پر ابالیں۔ پھر کپڑے میں پھونک کر چھان کر یہ لوشن ہر قسم کی پھیپھوندی بفقہ میں استعمال کریں تو بے حد فائدہ مند ہے۔ ان تمام ادویہ کو اپنی افادیت کے بابے میں بارگاہ نبوت سے سند حاصل تھی، اس لیے کسی کی ناکامی کا سوال ہی پیدا نہیں ہوتا۔ عرق گلاب میں سرکہ ملا کر ماتھے پر لگانے سے گرمی کا سر درد جاتا رہتا ہے۔ گرم پانی میں نمک اور سرکہ ملا کر کلیاں کرنے سے دانٹوں کا درد جاتا رہتا ہے۔ یہ عمل اگر بار بار کیا جائے تو مسوڑھوں سے سوزش کو بھی دور کر دیتا ہے۔ اسی مرکب کے غرارے کرنے سے حلق کی سوزش اور خنثاق میں بھی فائدہ ہوتا ہے۔ بچھو کے کاٹنے پر خالص سرکہ یا سرکہ میں قسط شیریں کو مل کر کے لگانے سے درد اور زہر ختم ہو جاتا ہے۔ سرکہ میں گندھک ملا کر لپک کرنے سے جوڑوں میں گنڈھیا کے درد کو فائدہ ہوتا ہے۔

بطور غذا

سرکہ غذا کے طور پر یا سنت نبویؐ کے مطابق سالن کی صورت میں تو مدتوں سے استعمال کیا جاتا ہے۔ اب اس کے دافع تعفن اثرات اور جراثیم کش فائدے کو نئی افادیت تیسرا آگئی ہے۔ سرخ مرچوں کو پیس کر سرکہ میں پکا کر چینی چٹنی بنتی ہے۔ اس کا کمال یہ ہے کہ اگر اس کو کسی چیز میں ڈالیں تو مرچ کا ذائقہ بڑا نہیں لگتا۔ انڈیا اور زیتون ملا کر سرکہ کو خوب چلانے سے MYONAISE چٹنی بنتی ہے۔ اسے تلے ہوئے گوشت کے قتلوں پر لگائیں تو ذائقہ لاجواب ہو جاتا ہے۔

سرکہ

سرکہ ایک سیاہ رنگ کا چکدار پتھر ہے جو مصر، افریقہ، ایران اور عراق میں پایا جاتا ہے۔ ہندوستان میں یہ وزیرانگرم کے علاقے میں ملتا ہے۔ پاکستان میں سرکہ کا پتھر باجوڑ، چترال اور کوہستان کے علاقے میں پایا جاتا ہے۔ کہتے ہیں کہ دنیا کا بہترین سرکہ اصفہان اور چترال میں پایا جاتا ہے۔

کیمیاء وی طور پر سرکہ کا پتھر ANTIMONY کی کچ دھات (ORE) ہے۔ زمانہ قدیم سے مصری عورتیں اپنی آنکھوں میں سرکہ لگا کر ان کو خوبصورت بناتی رہی ہیں۔ مگر اس کے طبی فوائد کا ————— تاریخ طب میں پہلی مرتبہ اظہار حضور نبی کریم صلی اللہ علیہ وآلہ وسلم کے ارشاد گرامی سے ہوا۔ آپ کا ارشاد ہے۔

”تمہارے سرموں میں سب سے بہترین اٹھد ہے۔ یہ بینائی کو روشن کرتا ہے اور بال آگاتا ہے۔“

فوائد

آنکھوں اور آن کے اعصاب کو تقویت دیتا ہے۔ زخموں کے اوپر اور آس پاس جو فالقو گوشت نمودار ہو جاتا ہے۔ سرکہ اسے زائل کرتا ہے، آن کو مندرل کرتا ہے، آن سے غلاظت نکالتا ہے اور بند راستے کھول دیتا ہے۔

زکام کے دوران آنکھوں سے بہنے والا پانی سرکہ سے خشک ہو جاتا ہے اور آنکھ کی سرفی جاتی رہتی ہے۔ اسے چکنائی میں حل کر کے آگ سے جلے ہوئے زخموں پر لگانا اذہر مفید ہے۔ وہ لوگ جو باقاعدہ سرکہ لگاتے ہیں، آن کی بینائی بڑھاپے میں بھی کمزور نہیں ہوتی۔

جدید مشاہدات

سرکہ کے پتھر کو پہلے آگ میں رکھ کر سرخ کر لیا جائے، پھر اکیس دن بارش کے پانی میں بھگو کر رکھیں۔ پھر اسے بارہ گھنٹے تر پھلا کے پانی میں جوش دیں۔ وہاں سے زکال کر خشک کر کے سونف کے عرق میں اتنا کھل کر میں کہ باریک ریشمی کپڑے سے چھن کر نکل جائے۔ اب یہ آنکھوں میں لگانے کے قابل ہو گیا۔ اس نسخہ میں بارش کا پانی ایک ایسی چیز ہے جسے قرآن مجید نے مبارک قرار دیا ہے۔

دیگر استعمال

سرکہ عفونت والے زخموں اور ایسی سوزش اور خلیاتی بیماریوں میں تجویز کیا ہے جن میں گوشت

بڑھ جائے یا زائد گوشت پیدا ہو گیا ہو جیسے کہ آنکھ میں ناخن بڑھتے ہوئے گوشت والا لاہوری پھوڑا مثال ہے۔ اس کی ایک قسم خون میں داخل ہو کر بخار کی ایک صنف پیدا کرتی ہے جسے انگریزی میں کالا آزار کہتے ہیں۔

جنوبی امریکہ کے ممالک، افریقی براعظم اور مصر میں طفیلی کیڑوں سے پیدا ہونے والی دو بیماریاں اذیت پہنچانے اور جہوں کو بے کار کر دینے میں بڑی بدنام ہیں۔ کیڑے اندر گھس کر سوزش اور جریان خون کا باعث ہوتے ہیں۔ دوسری بیماریوں میں دوران خون میں رکاوٹ آنے سے شدید قسم کے ورم آتے ہیں۔ اس خطرناک بیماریوں کے علاج کے سلسلے میں سہ ماہ بہت اہم حیثیت رکھتا ہے۔

شہد

قرآن مجید نے شہد کی مکھی کو اتنی اہمیت دی کہ ایک سورۃ اس کے نام سے نازل کی اور اس کے کمالات کی تعریف فرمائی اس سے ظاہر ہوتا ہے کہ مکھی اور اس سے حاصل ہونے والے عناصر میں انسانی زندگی کے لیے افادیت پائی جاتی ہے۔

بہت سے جانور، پرندے، کیڑے مکوڑوں سے تحفظ ذات کے لیے گھر بناتے ہیں مگر جس طرح کا خوبصورت گھر اس کا انتظام شہد کی مکھی کرتی ہے، کسی اور پرند اور چرند کے یہاں نہیں ملتا۔ مکھیوں کا چھتہ چھ کونوں والے خانوں پر مشتمل ہوتا ہے۔ جن کی دیواریں موم سے بنتی ہیں۔ ان میں دراڑوں اور سوراخوں کو بند کرنے کے لیے درختوں کی کونپلوں سے بیروزہ کی طرح کا ایک لیس دار مادہ PROPOLIS حاصل کیا جاتا ہے۔ ان چھتوں میں درجہ حرارت کو قائم رکھنے کے لیے ایئر کنڈیشن کا مربوط نظام ہے اور مکھیاں اپنے پسندیدہ حالات میں شدید جدوجہد کی ایک فعال زندگی گزارتی ہیں۔

کارکن مکھیاں تمام دن اڑتی ہوئی پھولوں سے مادہ الحیات "NECTAR" تلاش کرتی ہیں۔ ہر پھول کے نیچے مٹھاس کا ایک قطرہ ہوتا ہے۔ مکھیاں اس کی تلاش میں ڈال ڈال منڈلاتی ہیں اور جہاں سے مل جائے اسے اپنے منہ کی تھیلی میں رکھ کر چھتے کو لوٹ جاتی ہیں۔ اور اپنی برادری کو اس علاقہ میں مزید مادہ الحیات کی موجودگی یا غیر موجودگی کی اطلاع بھی دیتی ہیں۔ ابتدائی طور پر اس مادہ الحیات میں پچاس سے اتنی فیصد تک پانی ہوتا ہے چھتے میں تلے جا کر اسے گاڑھا کیا جاتا ہے اور جب اس سے شہد بنتا ہے تو اس میں پانی کی مقدار سولہ سے اٹھارہ فیصد کے درمیان رہ جاتی ہے۔

یہ مکھیاں خط استوا کی قدرت سے لے کر برفانی میدانوں کی برودت تک میں زندہ رہ سکتی ہیں مگر ان کے چھتے کا اندرونی درجہ حرارت ۹۲ درجے فارن ہائیٹ کے قریب رہتا ہے۔ اگر اس پاس کاموم ۱۲۰۵ تک بھی گرم ہو جائے تو چھتہ متاثر نہیں ہوتا۔ ٹھنڈک میں زیادتی کی وجہ سے ذخیرہ پر کمزور اوقات اور خوشگوار موسم کا انتظار کرتی ہیں۔

شہد کی زراعت

شہد کی اہمیت میں روز بروز اضافہ ہوتا جا رہا ہے جس کی وجہ سے اس کو تجارتی پیمانے پر تیار کرنے کی ضرورت پیدا ہو گئی ہے۔ دنیا کی مارکیٹ میں اس وقت چین، امریکہ، روس، جرمنی، آسٹریلیا، کینیڈا اور میکسیکو بڑے ممالک ہیں۔ مشرق وسطیٰ میں اسرائیل اور قبرص کا شہد بھی بڑا مقبول ہے۔

شہد کا ذائقہ اور رنگت اس فصل پر منحصر ہوتا ہے جس کے پھولوں سے مکھیاں نے شہد حاصل کیا۔ اگرچہ آج کل کی تجارتی ضروریات مکھیوں کو اتنی مہلت نہیں دیتیں کہ وہ پھول پھول چمکڑا دالیمیا جمع کریں، اس کے باوجود بعض جگہوں خاص کر جہیں سے خصوصی کمیتوں کا شہد حاصل ہوتا ہے نبی اکرم صلی اللہ علیہ وآلہ وسلم نے چونکہ قرآن مجید اور شہد کو شفا کا منظر قرار دیا ہے اس لیے بزرگوں نے قرآن مجید کی صفت شفا سے استفادہ کرنے کے لیے اس کے ساتھ شہد کو شامل کر لیا کیونکہ اس کی شفا کا انکشاف بھی قرآن مجید نے کیا۔

شہد ایک یا دو مرتبہ پلانا بیماری کو جڑ سے اکھاڑنے کے لیے کافی نہیں ضرورت اس بات کی ہے کہ اسے بار بار پیا جائے تاکہ بیماری پیدا کرنے والے جراثیم ہلاک ہو جائیں۔ اس کے بعد شہد کی مزید مقدار اس لیے مطلوب ہوتی ہے کہ وہ ان مردہ جراثیم اور ان کے زہروں کو پیٹ سے نکال دے اور اس طرح مرلین کو شفا طبی نقطہ نظر سے مکمل طور پر ہو جائے کیونکہ اجابتوں کی کثرت کو کم کر دینا علاج نہیں۔

قوائد

بہترین شہد فصل ربیع کا ہے۔ اس کے بعد موسم گرما کا اور پھر سردی کا۔ یہ بہترین دوا اور بہترین ٹانک ہے کیونکہ یہ جسمانی قوتوں کو جلا دیتا ہے۔ یہ مقوی بدن ہے۔ معدے کو طاقت دیتا ہے۔ بھوک بڑھاتا ہے۔ بوڑھوں کو توانائی دیتا اور بلغم نکالتا ہے۔ یہ ادویہ کو حل کر کے ان کے اثرات کو بڑھانے کا بہترین ذریعہ ہے۔ اگر اس میں گوشت رکھ دیا جائے تو تین ماہ تک اسے گنے نہیں دیتا۔ اسی طرح یہ تین ماہ تک سبزیوں کو بھی محفوظ رکھ سکتا ہے۔

اگر اسے جسم پر لگایا جائے تو یہ ایک عظیم نعمت ہے، جوؤں کو مار دیتا ہے۔ بال ملائم اور لمبے کرتا ہے۔ اس کا سرمہ آنکھوں کو روشن کرتا ہے۔ اس کا مہن دانوں کو چمکاتا اور مسوڑھوں کی حفاظت کرتا ہے۔

شہد کو اگر غذا کہیں تو مکمل غذا ہے۔ اگر اسے مشروب قرار دیں تو مقوی مشروب ہے اور پیاس کو تسکین دیتا ہے۔ جسم سے صفراء کو تراک کرتا ہے۔ اسے صبح نہار منہ کھانا پینا معدے کو ہر قسم کی غلاظت سے پاک کر دیتا ہے۔ جگر گردوں اور مثانہ سے غیر مطلوبہ عناصر کو خارج کرتا ہے۔

نبی صلی اللہ علیہ وآلہ وسلم کی عادات مبارکہ کے بارے میں یہ ثابت ہے کہ وہ اسے پانی میں گھول کر پیتے تھے اور ہمیشہ خالی پیٹ یا نہار منہ استعمال فرمایا۔ اس عادت مبارکہ میں حکمت یہ تھی کہ یہ فوراً جذب ہو کر معدے سے غلاظت کو نکالتا ہے، معدے کے منہ کو صاف کرتا اور جسم کو جملہ امراض سے محفوظ رکھتا ہے۔

شہد بنغم کو نکالتا ہے، بے کھولتا ہے، ردی رطوبتیں نکالتا ہے۔ اگر کثرت سے کھایا جائے تو استسقا دیرقان، ورم تلی، فالج، لقوہ، زہروں کے اثرات، امراض سر و سینہ میں مفید ہے، پیاس کو بجھاتا ہے۔ پتھری کو خارج کرتا ہے۔ معدہ اور بصارت کو قوت دیتا ہے۔

شہد کھانے سے جگر کو قوت ملتی ہے اور گردہ، مثانہ کی پتھری توڑ کر نکالتا ہے۔ اب کیونکہ یعنی زیرہ کے پانی کے ساتھ اسے پینا زہروں کے علاج میں مفید ہے۔ شہد کو کندر کے ساتھ ملا کر دینے سے سینہ اور پھیپھڑوں کا تنقیہ ہوتا ہے۔ یہ پتھری نکالنے میں زیادہ مفید ہے۔ دیرقان کو دور کرتا ہے۔

مقامی استعمال

دانتوں کے لیے شہد ایک بہترین ٹانکس ہے۔ اسے سرکہ میں حل کر کے دانتوں پر ملنا ان کو مضبوط کرتا ہے اور مسوڑھوں کے ورم دور کرنے کے علاوہ دانتوں کو چمکدار بناتا ہے۔ گرم پانی میں شہد اور سرکہ کے ساتھ نمک ملا کر غرارے کرنے سے گلے اور مسوڑھوں کا ورم جاتا رہتا ہے۔ شہد میں انزروت اور نمک ملا کر بھتے کان میں ڈالنے سے پیپ بند ہو جاتی ہے۔ قلمی شورہ پانی میں میٹھو کر اس میں شہد ملا کر کان میں ڈالنا نقلی سماعت میں مفید ہے۔

حساسیت میں شہد

گندم کے آٹے میں شہد ملا کر مرہم سی بنا کر پھوڑے پھنسیوں پر لگانا ان کو مندمل کر دیتا ہے۔ شہد میں سرکہ اور نمک ملا کر چھائیں پر لگانے سے داغ دور ہو جاتے ہیں۔ روغن گل میں ملا کر گندے زخموں پر بطور مرہم لگانے سے ان کی عفونت رفع کر کے انہیں ٹھیک کر دیتا ہے۔ عرق کلاب میں شہد ملا کر بالوں میں لگانے سے جوئیں مر جاتی ہیں، بال ملائم اور چمکدار ہو جاتے ہیں۔ چھائیں کو دور کرنے میں سرکہ کی نسبت قسط شیریں کے ساتھ شہد کا مرکب بعض اطباء کے نزدیک زیادہ مؤثر ہے چونکہ یہ اندر کی رطوبتیں بھی کھینچ کر نکال سکتا ہے، اس لیے عرق النساء کے درد میں اس کا لیپ بڑا مفید ہے۔

امراض نطن

معدہ اور آنتوں کے السر کے علاج کے لیے یہ نسخہ بہت فائدہ مند ہے۔ صبح اٹھتے ہی دو بڑے چمچے شہد کا شربت۔ ناشتے میں جو کا دلیہ شہد ڈال کر اور عصر کے وقت شہد کا شربت۔ جہاں تکلیف اور کمزوری زیادہ ہو تو یہی دانہ کا لعاب نکال کر اس میں شہد ملا کر ہر دو گھنٹے کے بعد گھونٹ گھونٹ پلائیں چونکہ زیتون کا تیل بھی زخموں کو مندمل کرنے اور پیٹ کی تیزابیت کو مارتے کی صلاحیت رکھتا ہے، اسی لیے دن کے گیارہ بجے اور رات سوتے وقت ایک سے تین چمچے (بڑے) زیتون کا تیل بھی دیا جائے۔ السر کی ہر قسم ایک سے دو ماہ میں ٹھیک ہو جائے گی۔ نہار نہ شہد پینے سے پرانی قبض ٹھیک ہو جاتی ہے، کھنڈے ڈکار آنے بند ہو جاتے ہیں اور اگر پیٹ میں ہوا بھر جاتی ہو تو وہ نکل جاتی ہے۔

امراض جگر اور میرقان

جگر اور پتہ کی خرابیاں اور وائرس کی وجہ سے سوزش میرقان کا باعث ہوتے ہیں یہی خرابی اسفنا CIRRHOsis کی وجہ سے موت کا باعث بن جاتی ہے۔ ایسے مریضوں کو آبیے ہوئے پانی میں شہد دیا جائے تو بیماری میں کمی آ جاتی ہے کیونکہ شہد جگر کے فعل کو بیدار رکھتا ہے اور پوری تندہی سے جسم میں داخل ہونے والے ذہروں کو ختم کر دیتا ہے۔ پینے سے جسم پر ہونے والے سیاتی اثرات زائل ہو جاتے ہیں۔

امراض تنفس میں شہد

گلے سے پھیپھڑوں تک کی ہر سوزش میں گرم پانی میں شہد اکسیر کا حکم رکھتا ہے۔ کھانسی اور گلے کی سوزش میں اگرچہ شہد کے غرارے بھی مفید ہیں مگر ایک کام کی چیز کو فائدہ کرنے کے بجائے اسے گرم گرم اور گھونٹ گھونٹ پیا جائے تو نالیوں کے آخری سرے تک اثر انداز ہوتا ہے۔ انفلوئنزا آج

بھی لا علاج بیماریوں میں سے ہے۔ عام طور پر اس میں شفا دس دن سے پہلے نہیں ہوتی۔ ایسے مریضوں کی علالت کے دوران جب انہیں ایک دو بڑے چمچے شہد دن میں تین چار مرتبہ پلایا گیا تو عرصہ علالت سمٹ کر تین سے چار دن رہ گیا۔

دمہ کے مریضوں میں نالیوں کی گھٹن کو دور کرنے اور پیٹ نکالنے کے لیے گرم پانی میں شہد سے بہتر کوئی دوائی نہیں۔

تپ دق کے مریضوں کے لیے بارگاہ رسالت آب سے زیون اور قسط کا ہر یہ میسر ہے۔ اگر قسط کو زیون کے تیل میں ملانے کے بعد اس میں شہد ملا کر معجون بنائی جائے تو اس کی افادیت میں اضافہ ہو جاتا ہے۔ تپ دق کے علاج میں ایک اہم ضرورت مریض کی کمزوری کو دور کرنا اور اس کی قوت مدافعت کو بڑھانا ہے اس غرض کے لیے گرم پانی میں دو بڑے چمچے شہد نہار منہ اور عصر کے وقت اسے توانائی بھی مہیا کرتے ہیں اور اس کی سانس کی نالیوں کے درم میں بھی مفید ہے۔

جسمانی کمزوری اور شہد

نبی اکرم صلی اللہ علیہ وآلہ وسلم کی زندگی کا مطالعہ کریں تو ہمیں معلوم ہوتا ہے کہ وہ ہر صبح شہد کے شربت کا پیالہ نوش فرماتے تھے اور کبھی یہ مشروب نماز عصر کے بعد پسند فرمایا جاتا تھا اور اس کا اثر یہ ہوا کہ وہ اپنی پوری زندگی میں نہ تو کبھی بیمار پڑے اور نہ ہی کبھی تھکن کا اظہار فرمایا۔ ان کی زندگی سے یہ سبق ہمارے اکثر مسائل کا حل ہے۔ ان اوقات میں جب پیٹ خالی ہو اور آنتوں کی قوت، جذبہ دوسری چیزوں سے متاثر نہ ہو، شہد پینا جسم کے اکثر و بیشتر مسائل کا حل ہے۔ یہ کسی بھی حالت، بیماری اور کمزوری میں بے کھٹکے پیاجا سکتا ہے۔

بیرونی استعمال

حلقے کی سوزش کے لیے گرم پانی میں شہد کے غرارے اور پھر پری سے شہد لگانا مفید ہے۔ مویج پتھوں کی اکڑن اور جوڑوں پر چوٹ کے علاج میں شہد کا لپ کر کے روئی رکھ کر چٹی باندھ دیں۔ اس لپ سے جوڑوں کے یہ عوارض دو سے چار دن میں ٹھیک ہو جائیں گے۔

شہد اور گھی کا آمیزہ جلے ہوئے زخموں کے لیے مفید بتایا گیا ہے۔ جب گھی کے بجائے اسے روغن زیون میں ہم وزن ملایا گیا تو فوائد اور بہتر ہو گئے۔ ہاتھوں پر اگر چکٹائی اور مشینوں کی میاچی جمی ہوئی ہو تو ان پر شہد مل کر دھونے سے تمام داغ چوٹ جلتے ہیں۔ سرکہ اور شہد ہم وزن ملا کر دانتوں پر منجن کریں تو داغ اتر جاتے ہیں اور مسوڑھوں کی سوزش جاتی رہتی ہے۔

کلونجی

کلونجی زمانہ قدیم سے اچار ڈالنے اور پیٹ کی بیماریوں کے علاج میں استعمال ہوتی آئی ہے۔ کلونجی کا پودا جھاڑیوں کی مانند تقریباً آدھ میٹر اونچا ہوتا ہے، جس میں نیلے رنگ کے پھول لگتے ہیں۔ یہ پودا اصل میں ترکی اور اٹلی میں ہوتا تھا، جہاں سے حکما نے افادیت کی بناء پر حاصل کر کے برصغیر میں کاشت کیا۔ یہ خورد و بھی ہوتا ہے اور اس کی کاشت بھی کی جاتی ہے۔ پنجاب میں اسے پیاز کے بیج سمجھا جاتا ہے جو کہ غلط ہے۔ اس کے بیج ٹکونے، خوشبو میں شیر اور کاغذ کے لفافے میں رکھیں تو اس پر

تیل کے سے دھبے لگ جاتے ہیں۔ اس کا استعمال اسلام کی آمد کے بعد شروع ہوا کیونکہ نبی اکرم صلی اللہ علیہ وسلم نے اسے شفا کا مظہر قرار دیا ہے۔
حضور صلی اللہ علیہ وآلہ وسلم کا ارشاد ہے۔

”بیماریوں میں موت کے سوا ایسی کوئی بیماری نہیں جس کے لیے کلونجی میں شفا نہ ہو۔“

فوائد

نبی اکرم صلی اللہ علیہ وآلہ وسلم نے متعدد مقامات پر ایسی خوش خبریاں عطا کی ہیں جیسے کہ صبح کھجور کھانے والا ہر سے محفوظ رہتا ہے یا سنا اور مسنونت میں بھی ہر بیماری سے شفا ہے۔ (اسی بنا پر کلونجی اس امر میں یکتا ہے کہ وہ بیماریاں خواہ حدت سے ہوں یا بروقت سے، یکساں مفید ہے۔ کلونجی جسم کے کسی بھی حصہ میں واقع رکاوٹ یعنی سدہ کو دور کرتی ہے۔ تبخیر، زکام، فالج، لکڑی،

جے، معدہ کو مضبوط کرتی ہے۔ اگر اسے پیس کر سرکہ میں ملا یا جائے تو پیٹ کے کیڑے ماریں گے۔ اور پرانے زکام میں مفید ہے۔ اس کو گرم کر کے سونگھنا بھی پرانے زکام میں مفید ہے۔ اگر اس کا تیل نکال کر گینچ پر لگایا جائے تو بال اگتے ہیں اور۔ جلد سفید نہیں ہوتے۔ اس کا نصف چمچ پیس کر بانی کے ساتھ پینے سے دمہ میں مفید ہے اور بھڑکے زہر کو زائل کرتا ہے۔
کلونجی لگاتار کھانے سے باؤلے کتنے کے زہر کا اثر زائل ہو جاتا ہے۔ اس کا دھواں سانس کی تکلیف کو دور کرتا ہے۔ روٹی کے ساتھ کھائیں تو پیٹ میں ہوا نہیں بھرتی۔ زکام، فالج، لقوہ، درد شقیقہ، نسیان، چکروں، گھبراہٹ میں مفید ہے۔

یہ نفع کو دور کرتی ہے، پیٹ سے چرنے کیڑے نکال دیتی ہے، بخار آتی ہے، بلغم نکالتی ہے، رکاوٹیں کھولتی ہے، معدہ اور تلبیہ کی رطوبتوں کو اعتدال پر لاتی ہے (یہ بات ذیابیطس کے علاج میں بڑی اہمیت رکھتی ہے)۔ اگر اسے پیس کر گرم پانی میں شہد کے شربت کے ساتھ پیا جائے تو گردوں اور مٹانے سے پتھری نکال دیتی ہے۔ اس کے بیج پیس کر دودھ میں ملا کر پینے سے یرقان میں فائدہ ہوتا ہے، اس کو مسلسل کھانے سے لقوہ اور فالج دور ہو جاتے ہیں۔

کلونجی کو سرکہ میں پکا کر اس کی کلیاں کرنے سے گلے کی سوزش اور دانتوں کا درد جاتا رہتا ہے۔ اسے آنکھوں میں پیس کر ڈالنے سے، موتیا اگر ابتدا میں ہو تو ٹھیک ہو جاتا ہے۔ سرکہ اور کلونجی کا مرکب جلدی امراض، ایگزیمیا وغیرہ میں از حد مفید ہے۔ **زیتون کے تیل میں کلونجی کو ابال کر چھان کر اس تیل کے چند قطرے کان میں ڈالنے سے اس کی سوزش ٹھیک ہو جاتی ہے۔ یہ مرکب ناک میں ڈالنا پرانے زکام کے لیے مفید ہے۔**

زخموں پر چھلکے آتے ہوں تو چند روزہ کلونجی اور تیل لگائیں۔ کلونجی اور سرکہ لگانے سے جسم کے کسی بھی حصے کے پھوڑے پھینسیاں ٹھیک ہو جاتے ہیں۔ جلد کے داغ جاتے رہتے ہیں اور برص میں فائدہ ہوتا ہے۔

سر د کھانسی، درد سینہ، استسقا اور ریاحی قولنج میں مفید ہے۔ پیٹ کے کیڑوں کو خارج کرتی ہے۔ اگر تے میں پیپ آتی ہو، متلی کے ساتھ تلی میں گرم ہو اور سانس لینے میں تکلیف ہوتی ہو تو کلونجی سے **بند فائدہ ہوتا ہے۔ اسے پانی میں پکا کر شہد ملا کر پینے سے مٹانے کی پتھری نکل جاتی ہے۔ اسے نہار منہ** **زیتون کے ساتھ کھایا جائے تو چہرے کا رنگ سرخ ہو جاتا ہے۔ اسے گرم کر کے سونگھنے سے**

زکام دور ہو جاتا ہے۔

سرکہ اور کلونجی کو بڑی کڑی کے برادہ کے ساتھ کلونجی کو ابال کر دانتوں پر لگانے سے درد جاتا رہتا ہے۔
سرکہ اور کلونجی لگانے سے بواسیر کے سٹے جھڑ جاتے ہیں۔ کلونجی اور حب الرشاد کو ملا کر سرکہ میں
ابال کر گینچ پر لگانے سے بال اگ آتے ہیں۔ اس کے دھوئیں سے زہریلے کیڑے بھاگ جاتے ہیں۔
اسے گرم کیڑوں میں رکھیں تو انہیں کیڑا نہیں لگتا۔

کلونجی، بابچی، گوگل، دارہلد کی جڑ، گندھک میں سے ہر ایک پانچ تولے کوناریل کے بوتلی
تیل میں پیس کر ڈال دیں۔ یہ بوتل سات دن تک دھوپ میں پڑی رہے، کبھی کبھی ہلاتے رہیں،
پھر پھان کر تیل علیحدہ کر لیں، اس تیل کو لگانے سے اکثر جلدی بیماریاں اور برص ٹھیک ہو جاتے
ہیں۔ پانی میں کلونجی ملا کر لیپ کرنے سے چھپ جاتی رہتی ہے۔

جدید مشاہدات

پیٹ سے ہوا نکالنے اور بڑھنمی میں مفید ہے۔ کلونجی کے ساتھ قسط شیریں، ہم وزن ملا کر
ناشتے اور رات کے کھانے کے بعد دیں تو پرانی پتھیش کے علاوہ دمہ میں بھی مفید ہے۔ دمہ کے
وہ مریض جن پر دیگر ادویہ کا اثر نہیں ہو رہا ہو، کلونجی کی آمیزش سے بہتر ہونے لگتے ہیں۔ قسط
شیریں کمزوری کے لیے اچھی دوائی ہے مگر بسا اوقات اس کا تباہی اثر اتنا مفید نہیں ہوتا۔ ایسے میں
اس کے ساتھ حب الرشاد اور کلونجی کو جب شامل کیا گیا تو فائدہ جلد ہو گیا۔

کلونجی کو قسط اور حب الرشاد میں ہم وزن ملا کر پیسنے کے بعد سرکہ میں حل کر کے آب الین۔ پھر
چھان کر ادویہ کے چھوک نکال دیں۔ یہ لوشن جلدی امراض کے لیے نہایت مفید ہے۔ کلونجی اور
حب الرشاد کو ہم وزن ملا کر توڑے پر جلا کر اسے سرکہ میں حل کر کے مرہم بنائی گئی۔ یہ مرہم برص کے اغوا
پر لگانے سے داغ تین سے چار ماہ میں ٹھیک ہو گئے مگر اس کے ساتھ اسی نسخہ کو مچھوئے
بغیر خالص صورت میں شہد کے شربت کے ساتھ مریض کو ایک چمچ روزانہ دیا گیا۔ برص ود بیماری ہے
جس کا عام حالات میں کوئی علاج نہیں مگر اس سے ٹھیک ہو گئی۔ گرتے بالوں بکھ گنچ پر بالی آگاتے
اور بلفہ کے علاج میں کلونجی اور مہندی کو سرکہ میں حل کر کے اگر مرہم پر تیسرے دن ایک گھنٹہ کے
لیے لگایا جائے تو مفید ہے

کھجور

کھجور ایک عمارت ہے جو مشرق وسطیٰ، امریکہ اور ایشیائی ممالک میں کثرت سے پایا جاتا ہے۔
شمالی افریقہ بھی کھجور کا گھر ہے۔ امریکہ میں کیلی فورنیا کی کھجوریں بڑی لذیذ اور مقبول ہیں۔ پاکستان
میں کھجور۔ کے لیے خیبر پور، ملتان اور ڈیرہ غازی خان کے علاقے اگرچہ زیادہ مشہور ہیں مگر یہ چاروں
صوبوں میں ملتی ہے۔ بلکہ صوبہ سرحد میں اگرچہ کم ہوتی ہیں مگر ان کا معیار بہت عمدہ ہوتا ہے۔

کھجور کا درخت بنیادی طور پر گرم علاقوں میں ہوتا ہے۔ یہ ان علاقوں میں بھی پھل دیتا ہے
جہاں پانی کم ہو۔ لمبائی میں تیس میٹر تک چلا جاتا ہے مگر اب اس کی چھوٹی قسم بھی کاشت کی جا رہی
ہے۔ اس کے بارے میں کہا جاتا ہے کہ اس کا سر دھوپ کی وجہ سے آگ میں اور پیر یعنی جڑیں پانی

میں ہوتی ہیں گرم علاقوں میں زیر زمین پانی کی سطح نیچی ہوتی ہے، اس لیے کھجور کے درخت کی جڑیں بڑی گہری اور لمبی ہوتی ہیں۔ تاکہ یہ دور دور سے اپنے لیے پانی اور توانائی حاصل کر سکے مگر یہ ایسے علاقوں میں بھی پایا جاتا ہے جہاں پانی جھ لٹ پر موجود ہوتا ہے۔

کھجور کا درخت جنس کے لحاظ سے مذکر اور مؤنث ہوتا ہے۔ مذکر کو پھل نہیں لگتے جب کہ اس کے دانے مؤنث کو بار آور کرنے کے لیے ہوا یا باغبانوں کی کوشش سے پہنچائے جاتے ہیں پھل شدید گرمی میں لگتا ہے جو گچھوں کی شکل میں ہوتا ہے۔ ایک درخت کی اوسط عمر ڈیڑھ سو سال ہے۔ اس کا کوئی بھی حصہ بے کار نہیں۔ پتوں سے ٹوکریاں بنتی ہیں۔ تناعمارتی لکڑی کے طور پر کام آتا ہے۔ شاخیں کرسیاں بننے اور جلانے کے کام آتی ہیں۔

کھجور کا درخت دنیا کے اکثر مذاہب میں مقدس مانا جاتا ہے۔ مسلمانوں میں اہمیت کی انتہا یہ ہے کہ نبی اکرم صلی اللہ علیہ وآلہ وسلم نے درختوں میں سے اس درخت کو مسلمان کہا کیونکہ یہ صابر و شاکر اور خدا کی طرف سے برکت والا ہے۔

رسول اللہ صلی اللہ علیہ وآلہ وسلم نے فرمایا: جس گھر میں کھجور ہو، اس گھر والے کبھی بھوکے نہیں رہیں گے۔

فوائد

کھجور کورات بھر بھگو کر رکھ دیں اور صبح اس کا پانی استعمال کریں۔ یہ پانی جسم کی غلیظ رطوبتوں کو خشک کرتا ہے۔ معدے کو تقویت دیتا ہے۔ منہ کے زخموں کو مندرمل کرتا ہے خاص طور پر مسوڑھوں کی سوزش میں مفید ہے۔

بچوں میں کھجور ممتاز حیثیت رکھتی ہے کیونکہ یہ جسم کے ہر حصے کے لیے یکساں طور پر مفید ہے۔ اس کی اصلاح کے لیے سبجین زیادہ مؤثر ہے۔ جب کہ دوسرے ذرائع بتاتے ہیں کہ کھجور کے ذیلی اثرات کو دور کرنے کے لیے اس کے ساتھ بادام اور خشک ناش کا استعمال زیادہ مفید رہتا ہے یہ زخموں کو مندرمل کرتی ہے۔ اسہال کو دور کرتی ہے۔ یرقان کے لیے بہترین ہے۔ پتہ اور جگر کے فعل کو درست کرتی ہے۔ منہ پر کے بچوں کے ساتھ کھجور جگر کے لیے مزید مقوی ہو جاتی ہے۔ یہ جسمانی کمزوری کو دور کرتی ہے لیکن جس کی آنکھیں دکھتی ہوں، اسے اس کے استعمال سے پرہیز کرنا چاہیے۔ نہ ہی اسے انگور، کشمش یا منقہ کے ساتھ کھانا چاہیے۔

کھجور کے درخت سے ایک قسم کا گوند لگتا ہے جو بیرونی چوٹوں کے لیے مفید ہوتا ہے۔ اس کے تنے میں گھاؤ لگائیں تو ایک میٹھا اور خوشبودار رس نکلتا ہے۔ تازہ رس تو بڑا لذیذ ہوتا ہے مگر ایک دن گزارنے کے بعد اس میں خمیر آمٹھ جاتا ہے اور یہ نشہ آور بن جاتا ہے۔ کھجور کی گٹھلی جلا کر انتوں پر ملی جائے تو منہ کے تعفن کو دور کرتی ہے۔ دانتوں سے میل اُتارتی ہے۔ ہر قسم کے بپتہ خون کو روکنے کے لیے اس کی راکھ لگانا مفید ہے۔ یہ زخموں کو صاف کرتی ہے۔ کھجور کھانا قوت کا باعث ہے، جگر کو طاقت دیتی ہے۔ کمزوری سے پیدا ہونے والے صغرا کے لیے مفید ہے۔ کھجور کا گودا اور چڑچڑے کی جڑ پیس کر پانی میں رکھ کر کھانے سے سردی نکل کر آنے والا بخار ٹوٹ جاتا ہے۔

کھجور کی جڑ یا پتوں کی راکھ سے معجن کرنا دانتوں کے درد کے لیے مفید ہے۔ راکھ کے بلے

اگر ان کو پانی میں پکا کر اس پانی سے گتیاں کی جائیں تو بھی فائدہ مند ہے۔

کھجور کا گایا

کھجور کے درخت کی شاخوں میں جس جگہ پھول لگتے ہیں، وہاں پر کونپلوں سے پہلے یہ گاڑھا، لیس وار، شیریں اور خوشبودار رس جمع ہوتا ہے۔ ذائقہ دودھ اور بادام جیسا ہوتا ہے، جس درخت کی شاخوں سے ہمار نکال لیں، اس کو پھر پھول نہیں لگتے۔ اس کے کھانے سے آنتیں مضبوط ہوتی ہیں، دست رک جاتے ہیں، سینے کے درد کی دوا کرتا ہے۔ اگر تھوک میں خون آتا ہو تو وہ بند ہو جاتا ہے۔ حلق، سینے کی جلن اور سوزش ختم ہو جاتی ہے۔ آواز میں مکھار آتا ہے۔ کھانسی ٹھیک ہو جاتی ہے۔ جسم میں قوت پیدا ہوتی ہے۔ گردوں کی سوزش دھڑکتی ہے، قے روکتا ہے، چکروں میں مفید ہے۔ کھجور کا گایا لگانے سے پھڑکے کاٹنے کے بعد ورم نہیں ہوتا۔

جدید مشاہدات

اس کے درخت سے نکلنے والی گوند آنتوں، گردوں اور پیشاب کی نالیوں کی سوزش کے لیے مفید ہے۔ اسے کھانے سے منہ کی بدبو ختم ہو جاتی ہے۔ تنباوی طور پر کھجور غذاثیت سے بھرپور ہے بلغم نکالتی ہے۔ مقوی ہے، جلن کو دور کرتی ہے۔ کھجور کو دودھ میں ابال کر دینے سے ایک مقوی اور فوری طور پر توانائی مہیا کرنے والی غذا تیار ہو جاتی ہے۔ کھجور میں توانائی مہیا کرنے والے عناصر فوری اثر کرتے ہیں اس لیے بخار اور چیکیپ کے بعد کی کمزوری جلد دور ہو جاتی ہے تپ دق کے مریض کے لیے بھی یہ فائدہ مند ہے۔

کھجور کے درخت کی جڑوں کو جلا کر زخموں پر مرہم کی صورت لگانا مفید ہے۔ اس کی گٹھلیوں کو آگ میں ڈال کر ان کی دھونی دینے سے بواسیر کے سسے خشک ہو جاتے ہیں۔ چیش کے کیرے لگنے کے لیے اسے نہار منہ کھانا مفید ہے۔

انار

انار تاریخ کے قدیم ترین پھلوں میں سے ہے۔ مشرقی ممالک میں اسے انجیر کے ساتھ اہمیت حاصل رہی ہے۔ یہ پھل بحیرہ روم کے خطے اور خلیج عرب کے علاقے میں کاشت ہوتا ہے۔ امریکی گرم حصوں اور جنوبی امریکہ میں جتنی میں انار کثرت سے پیدا ہوتے ہیں۔ ہندوستان میں پٹنہ کا انار شہرت رکھتا ہے مگر ایشیا کے دوسرے ممالک میں پاکستان، افغانستان کے انار جیسا شیریں اور لذیذ کہیں بھی نہیں ملتا۔

انار کے درخت بلندی میں پانچ میٹر کے قریب ہوتا ہے۔ اس کے پتے منبر اور نیزے کی شکل کے ہوتے ہیں جن کی لمبائی تین انچ تک ہو سکتی ہے۔ اس درخت پر نارنجی سرخ رنگ کے پھول لگتے ہیں۔ یہ پھول گرم اور خشک موسم میں پھل جیتے ہیں۔ انار کی دو اقسام بہت زیادہ مشہور ہیں۔ ایک قندھاری اور دوسری بہی دانہ قندھاری انار تڑش اور گہرا سرخ ہوتا ہے اور بہی دانہ میٹھا اور رس دار

قوائد،

میٹھا انار معدہ اور اس میں موجود اشیاء کے لیے بڑا مفید ہے۔ یہ حلق کے ورم، سینے کی سوزش اور پھیپھڑوں کے امراض میں مفید ہے، کالی کھانسی میں بڑا کارآمد ہے۔ اس کا عرق پیٹ کو نرم کرتا ہے۔ جسم کو مفید اضافی غذائیت اور توانائی مہیا کرتا ہے۔ جسم کو بڑی معتدل قسم کی حرارت دیتا کرتا ہے۔ فوراً ہی جزو بدن بن جاتا ہے۔ اس کی عجیب تاثیر یہ ہے کہ اگر اسے روٹی کے ساتھ کھایا جائے تو پیٹ میں کسی قسم کی خرابی پیدا نہیں ہونے دیتا۔

معدے میں سوزش ہو تو یہ دور کرتا ہے، قے اور اسہال کو روکتا ہے، جگر کی حدت کو بچا کر ختم کر دیتا ہے۔ جسم کے تمام اعضاء کو قوت دیتا ہے۔ دل کی پرانی بیماریوں کو آرام دیتا ہے۔ انار کا پانی اس کے چھلکے سمیت نکال کر اسے شہد کے ساتھ آبال کر مرہم کی طرح لگا دھا کر کے آنکھوں میں سلائی کے ساتھ لگایا جائے تو آنکھ کی سرخی کو کاٹ دیتا ہے۔

ترش انار کے قوائد بھی تقریباً میٹھے کی مانند ہیں مگر اس سے ذرا کم، اس کے دانے گٹھلی سمیت پیس کر شہد ملا کر ایسے زخموں پر لگائے جائیں جو عام علاج سے ٹھیک نہ ہو رہے ہوں تو وہ ٹھیک ہو جائیں گے۔

جدید مشاہدات،

انار کے دلتے چھلکا پھول اور اس کا عرق مقامی طور پر قابض ہیں اور پیٹ کے کیڑوں کو مارتے ہیں۔ انار میں موجود PELLETIERINE پیٹ کے کیڑوں کی جملہ اقسام کے لیے ایک نہایت ہی مؤثر دوائی ہے۔ جوس میں یہ الکلائیڈ کم مقدار میں ہوتی ہے۔ اسی لیے نبی اکرم صلی اللہ علیہ وآلہ وسلم نے اسے چھلکے سمیت کھانے کے بارے میں کہا ہے کیونکہ اسی میں کیڑوں کو مارتے والا عنصر زیادہ مقدار میں ہوتا ہے۔

انار مغز، ماضم، ٹھنڈک پہنچانے والا، بھوک بڑھانے والا ہے۔ اس کا عرق بہترین مشروب اور مفید دوائی ہے جو کہ اسہال کے بعد کی کمزوری اور یرقان میں فائدہ مند ہے۔ پرانی کھانسی میں گلی انار کو خشک کر کے اس کے چار گرین دینا مفید ہے۔

بیر

گرم اور صحرائی علاقوں میں بیر ایک عام چمیر ہے۔ جنگلوں میں چھوٹے چھوٹے خود رو بیر جھاڑیوں میں لگے ہوتے ہیں جب کہ کنوؤں اور چشموں کے کنارے بیر کی کھدائی کے قدر آور درخت لگاتے جاتے ہیں۔ ایک عام درخت چھ میٹر کے قریب بلند ہوتا ہے جس کی شاخوں میں کانٹے اور گول چکنے چکدار پتے لگے ہوتے ہیں۔ خود رو بیر جب تک پک کر سیاہی مائل نہ ہو جائیں کھٹے اور بد مزہ ہوتے ہیں۔ بیر کا اصل گھر چین ہے جہاں پر اس سے درخت نو میٹر تک بلند ہو جاتے ہیں۔ ان میں زرد رنگ کے پھول لگتے ہیں جو پھل لگنے سے پہلے رنگ میں گہرائی اختیار کرنے لگتے ہیں۔ ۱۹۰۶ء میں چین سے بیر کی سفید قسمیں امریکہ درآمد کی گئیں۔ اور جنوب مغربی علاقے میں کاشت کی گئیں اور اب یہ وہاں خشک پینا، پیاز درآمد

کا مقبول پھل ہے۔
بیر کے بارے میں حضور اکرم صلی اللہ علیہ وآلہ وسلم کا ارشاد ہے کہ -
”بیری کے پھل کا کسی اور سے کیا مقابلہ کہ اس کے تین اہم اوصاف ہیں، اس کا سایا گھنا اور ٹھنڈا“
اس کو لذیذ پھل لگتے ہیں اور اس سے اچھی خوشبو آتی ہے۔“

قوائد

بیر کارس نکال کر اسے کھانڈ کے ساتھ پکا کر جو شربت بنایا جاتا ہے، وہ پیاس کو تسکین دیتا ہے اور گھبراہٹ کو دور کرتا ہے۔ بیر کھانے سے پیٹ کے کیڑے مر جاتے ہیں۔ اس کا جوشانہ پینے سے بڑھی ہوئی تلی کم ہو جاتی ہے۔ آنتوں کی خراش اور جلن کو دور کرتا ہے، جسم کو عمدہ غذا مہیا کر کے گرمی ہوئی طبیعت کو بحال کرتا ہے۔ مہسوک بڑھاتا ہے۔ اس کے مضر اثرات کو دور کرنے کے لیے اسے شہر کے ساتھ ملا کر کھایا جائے تو فائدہ مند ہے، خون صاف کرتا ہے اور ہاضمہ درست رکھتا ہے۔ اس کی کونپلوں کو پیس کر دی میں ملا کر جلے ہوئے زخم پر لگانا فائدہ مند ہے۔
نبی اکرم صلی اللہ علیہ وآلہ وسلم نے بیر کو لذیذ پھل قرار دینے اور اسے جنت کا میوہ ہونے کی حیثیت سے اہمیت عطا فرمانے کے بعد اس کے پتوں کو صفائی کے لیے منفر و قرار دیا۔

جذیبہ مشاہدات

یام بیر کی تین اقسام کاشت کی جاتی ہیں، جنگلی بیر، صوفی مٹھی اور صوفی کھیتی، جنگلی بیر کھٹے ہونے کی وجہ سے بد ذائقہ ہوتے ہیں۔ اس کے علاوہ بیر کی ہر قسم مہسوک لگاتی ہے اور عمدہ کوقات پہنچاتی ہے۔ بیر کی چٹنی ہاضمہ کی اکثر خرابیوں کا علاج ہے۔ بیر کی کٹے کوٹ کر زخموں پر لگانے سے وہ ٹھیک ہو جاتے ہیں۔ اپنے لیس کی وجہ سے منہ عمدہ اور آنتوں کی جلن کو دور کرتا ہے اور عمدہ اور آنتوں کے السر میں فائدہ مند ہے۔ فالقو تیزاب کو ختم کرتا ہے۔ بیر کی جڑوں کا رس گٹھیا اور جوڑوں کے درد میں مفید ہے۔

پیاز

پیاز کا شمار آن سبزیوں میں ہوتا ہے جو دنیا کے ہر ملک میں پائی جاتی ہے۔ گوشت کی بو کو ختم کرنے اور سامن کو گاڑھا کرنے کے لیے ہندوپاک میں اسے بڑی مقبولیت حاصل ہے۔ پیاز دنیا کی قدیم ترین سبزیوں میں سے ہے۔ تہذیب و تمدن کی آمد سے پہلے بھارت، چین اور ایشیائے کوچک میں لوگ اسے بڑے شوق سے کھاتے تھے۔ پاکستان میں پیاز کی عمدہ ترین قسم پنجاب اور سرحد میں ہوتی ہے۔ سال میں اس کی دو فصلیں تیار کی جاتی ہیں۔

پیاز کا پودا جب پک جاتا ہے تو اس میں کالے رنگ کے بیج لگتے ہیں، جن کو زمین میں بوکر نئی فصل تیار کی جاتی ہے۔ اس کی پیوند کاری بھی ہو سکتی ہے۔ امریکہ کے قدیم باشندے ایک ایسی پیاز استعمال کرتے تھے جس میں تیزی کم اور مٹھاس زیادہ ہوتی تھی۔
زمین سے نکالنے کے بعد پیاز کو تھوڑا خشک کیا جاتا ہے جس سے اس کے اوپر والا چھلکا خشک اور بھر بھرا ہو جاتا ہے۔ دنیا میں بھارت، چین، امریکہ، روس، اٹلی، ترکی، اسپین، جاپان، پیاز درآمد

کرنے والے بڑے ممالک ہیں۔
 حضور صلی اللہ علیہ وآلہ وسلم نے اسے پکا کر کھانے کے بارے میں ارشاد فرمایا ہے۔ کچی پیاز کی
 بو ناگوار ہوتی ہے، اس لیے اسے کچا کھانے سے منع کیا گیا ہے۔

قوائد

پیاز تاثیر کے لحاظ سے سخت گرم ہے اور اس میں فضولی قسم کی رطوبتوں کی مقدار زیادہ ہے۔
 بھوک لگاتی ہے، رنگ صاف کرتی ہے۔ پیاز کا پانی نکال کر اگر کانوں میں ٹپکایا جائے تو میل پیدا
 نہیں ہوتا، درد کو دور کرتا ہے۔ سوزش کی وجہ سے سرخی آگئی ہو تو اسے کم کرتا ہے، سماعت کو
 بہتر کرتا ہے۔ پیاز کے بیج جلد پر پڑنے والے رنگ دار دھبے دور کرتے ہیں۔ اس کے پانی میں
 نمک ملا کر پھنسیوں پر لگایا جائے تو وہ ختم ہو جاتی ہیں، ہاضمہ کی اصلاح کرتا ہے، خاص طور پر گوشت
 کو ہضم کرنے میں مدد دیتا ہے۔ سرکہ میں اس کا اچار بنا کر کھانا یرقان اور تکی کے درد میں مفید ہے۔
 اس کو سونگھنا کھانا بلکہ پاس رکھنا بھی وبائی امراض میں فائدہ دیتا ہے۔ اس کو رائی کے تیل میں ملا کر
 جوڑوں پر مالش کرنے سے گنٹھیا جاتا رہتا ہے۔

جدید مشاہدات

پیاز کے اثرات کے بارے میں جو بھی مفروضات قائم کر لیے گئے ہیں، انہیں جدید مشاہدات کی
 روشنی میں اس کے برعکس پایا گیا ہے۔ پیاز کی بدبو اس کی سب سے بڑی خرابی ہے لیکن پیٹ میں
 جاکر یہ انتڑیوں کے جراثیم مار دیتی ہے۔ پیاز دنیا میں ہر جگہ استعمال کی جاتی ہے مگر اس کے باوجود
 کولے کو اس سے وہ فوائد حاصل نہیں ہوتے ہیں جو کہ عام طور پر فرض کر لیے۔

چقندر

چقندر، مہارت، پاکستان، شمالی افریقہ اور یورپ میں کثرت سے سبزی کے طور پر کاشت کیا
 جاتا ہے۔ اگرچہ اس کی جنگلی قسم بھی ہے مگر اس کو خدک اور علان دونوں کے لیے بے کار سمجھا جاتا ہے۔
 چقندر کا تعلق پالک کے ساگ کے خاندان سے ہے البتہ اس کا خوراک میں پسندیدہ حصہ جڑ ہے
 جس میں غذائی عناصر جمع ہو کر شلجم کی سی شکل بن جاتی ہے۔ عام طور پر چقندر کا رنگ اندر سے بھورا اور
 بیرونی ہوتا ہے۔ اس کی ایک سفید قسم بھی ہوتی ہے۔ چقندر کی پھوٹی ہوئی جڑ اور پتے خوراک میں استعمال
 دیتے ہیں۔ اسے ابال کر کھاتے ہیں۔ گوشت کے ساتھ ملا کر سالن کے طور پر استعمال کرتے ہیں۔ اس
 چار ڈالتے ہیں۔ یورپ میں اس سے کھانڈ بھی بنائی جاتی ہے۔

اثر

چقندر اگرچہ ٹھنڈک رکھتا ہے مگر ایسی کہ جسم کو ناگوار نہیں گزرتی۔ اس کی سیاہ قسم قابض ہے چقندر
 شکر مر پر پٹنے سے گرتے بال رنگ جاتے ہیں۔ انجینیر اور پتی میں مفید ہے۔ اسے پکا کر پانی میں
 ڈال کر لگانے سے سر کی جوشیں مر جاتی ہیں۔ اگر بقیہ موجود ہو تو اس پانی میں تھوڑا سا شہد ملا کر لگانا مفید

ہے۔ چقدر کھانے سے جگر کا فعل بہتر ہوتا ہے اور تھوکی سوزش کم ہو جاتی ہے، کمزوری دور سے جاتی ہے اور جلد ہضم ہو جانے کی صلاحیت پیدا ہوتی ہے۔ اس کے پانی کو شہد کے ساتھ پیاجائے تو جگر کے فعل میں پیدا ہونے والی رکاوٹوں کو دور کرتا ہے۔ یرقان میں مفید ہے بلکہ صفراء کی نالیوں میں پتھری یا دوسرے اسباب سے پیدا ہونے والی رکاوٹوں کا علاج بھی ہے۔

جدید مشاہدات

چقدر کی جڑوں کا جوس نکال کر اس کو ناک میں ٹپکایا جائے تو سردرد اور دانت کے درد میں فائدہ مند ہے۔ اگر اسے سر کے اطراف میں لگایا جائے تو آنکھوں کی سوزش اور عین میں مفید ہے۔ چقدر کے پانی کو روغن زیتون میں ملا کر چلے ہوئے مقام پر لگانا مفید ہے۔ جلد کے زخموں، بفقہ اور خشک خارش میں چقدر کے قتلوں کو پانی اور سر کے میں آبال کر لگانا مفید ہے۔ خارش کی متعدد قسموں کے لیے مقامی استعمال کی قابل اعتماد اور بہترین دوا ہے۔

پیلو

پیلو بنیادی طور پر ایک صحرائی درخت ہے جو صحراؤں کے علاوہ خلیج عرب کے گرم ساحلوں اور ایران میں کثرت سے پایا جاتا ہے۔ پنجاب، سندھ، بلوچستان، سرحد، بیکانیر، راجپوتانہ، لنکا، وسطی افریقہ، حبشہ، مصر، ناٹجیریا، سینیگال، تنزانیہ، سوڈان اور عرب میں عام ملتا ہے۔ یہ درخت اپنے سر سے پھل اور پھیلے ہوئے سلیا دار درختوں کی وجہ سے پہچانا جاتا ہے۔ جنگلوں میں یہ خود رو ہوتا ہے۔ اونٹ اور بکریاں اس کے پتے شوق سے کھاتی ہیں۔ پیلو کھانے والی بکریوں اور اونٹنیوں کے دودھ میں اس کا ذائقہ اور خوشبو پائی جاتی ہے۔ پیلو کے پھل کو عام طور پر پیلو ہی کہا جاتا ہے۔

فوائد

پیلو کا مشہور ترین استعمال مسواک ہے۔ یہ دانتوں کو جلا دیتی ہے۔ مسوڑھوں کو مضبوط کرتی ہے۔ پیلو کے پتوں کو زیتون کے تیل میں آبال کر اس سے مالش کریں تو جوڑوں کے درد میں فائدہ ہوتا ہے۔ یہی تیل بوا سیر، خارش اور کوڑھ میں بھی مفید ہے۔ اس کے پتوں کے لیپ سے نزلہ رک جاتا ہے۔ اگر بالوں کو خضاب لگانے سے پہلے ادویہ کو پیلو کے پانی میں تھوڑی دیر بھگو لیا جائے تو رنگ گہرا آتا ہے۔ اس کے پتوں کو کوٹ کر زیتون کے تیل میں ملا کر جلی ہوئی جگہ پر لیپ کرنے سے نہ تو آبلہ پڑتا ہے اور نہ ہی بعد میں پیپ پڑتی ہے۔ اس کے پتوں کا رس نکال کر مسوڑھوں پر لگانے سے ان کا ورم اتر جاتا ہے اس کے پھول کھجور کے پتوں میں اور ان کی ایک چٹکی شہد میں ملا کر دن میں دو تین مرتبہ کھانے سے آنتوں کے زخم بھر جاتے ہیں۔

اس کے پتے آبال کر ان سے غرارے کریں تو نمٹنے کے زخم میں فائدہ ہوتا ہے۔ اس کو سانپ کے زہر کا ترياق بھی سمجھا جاتا ہے۔ اس دخت کی کونپلیں، شاخیں، پتے اور پھل یکساں طور پر جراثیم کش ہیں۔ لیکن جڑ کے فوائد دوسرے حصوں سے زیادہ ہیں۔

جدید مشاہدات،

یہ مسوڑھوں کے دوران خون میں اضافہ کرتی ہے، جراثیم مارتی ہے اور فائتوں کے درمیان چھنسی ہوئی مٹرائمر پیدا کرنے والی خوراک کو گھول کر باہر نکال دیتی ہے۔ گردے اور مثانہ کی پتھری کو تحلیل کر دیتی ہے۔ درخت کے پتے سکروئی کو دور کرتے ہیں۔ اگر انہیں گنٹھیا والے مرلین جوڑوں پر لگائیں تو درد اور ورم کیڑوں کی بیماریوں میں مفید ہے۔ دانتوں اور مسوڑھوں کی مختلف بیماریوں میں پلو کی اہمیت بہت زیادہ ہے۔ یہ ان کا علاج بھی ہے اور حفاظت بھی پلو کی مسواک کرنا سنت رسول صلی اللہ علیہ وآلہ وسلم بھی ہے جو کہ مختلف امراض کو دور کرتی ہے۔

دودھ،

دودھ انسان کی سب سے پرانی خوراک ہے، جب سے انسان کو مولشی پالنے کی سمجھ آئی ہے، اس وقت سے اس نے دودھ سے فائدہ اٹھانا بھی سیکھ لیا ہے۔ عرب کے بعض علاقوں میں ہزار ہا سال قبل دودھ کو نہ صرف یہ کہ باقاعدہ استعمال کیا جاتا تھا بلکہ شہروں سے باہر ایسے کانٹے قائم تھے جہاں تھے لیکن اس کا باقاعدہ استعمال ایشیائے کوچک سے آریوں کی آمد کے بعد شروع ہوا۔ دنیا کے مختلف ممالک میں زیادہ تر گائے کا دودھ مقبول ہے اور اس مقصد کے لیے عمدہ گائیں پالنا اور ان کے دودھ میں اضافہ کرنا ایک صنعت کی شکل اختیار کر گیا ہے۔ گائیں پالنے اور ان کے دودھ سے فوائد حاصل کرنے والے ممالک میں ارجنٹائن، ڈنمارک، ناروے، آسٹریلیا اور نیوزی لینڈ عالمی اہمیت رکھتے ہیں۔

بھینس کا دودھ شمالی ہندوستان میں زیادہ مقبول ہے۔ یہ گاڑھا ہوتا ہے، اس میں چکنائی اور لچمیت زیادہ اور پانی کم ہوتا ہے۔ اس کا کھن سفید ہوتا ہے۔ ایک عام بھینس روزانہ بیس لیٹر دودھ دیتی ہے اور اس سے ایک کلو کھن نکل سکتا ہے۔ دیہات میں بکریاں پالنے کا رواج ہے مگر بکری کا دودھ گوالٹی میں عمدہ ہونے کے باوجود مقبول نہیں۔ حالانکہ حضور اکرم صلی اللہ علیہ وآلہ وسلم نے اپنی حیات مبارکہ میں ہمیشہ پینے کے لیے بکری کے دودھ کو پسند فرمایا ہے۔

بھیر کا دودھ چکنائی میں بھینس کے دودھ سے گاڑھا ہوتا ہے۔ یہاں اسے زیادہ پسند نہیں کیا جاتا، اس میں سے ایک خاص قسم کی ناگوار بدبو آتی ہے۔ چین، روس اور تبت کے بعض علاقوں میں گھوڑوں کا دودھ بڑا پسند کیا جاتا ہے۔ اس میں چکنائی کی مقدار کم ہوتی ہے۔ اس لیے جلد مضمر ہو جاتا ہے اور توانائی دیتا ہے۔

دودھ حاصل کرنے کے لیے ضروری ہے کہ یہ تندرست جانور سے حاصل کیا جائے، جانور کو اچھی خوراک دی جائے، دودھ نکالنے سے پہلے اس کے نخن کو اچھی طرح صاف کیا جائے تاکہ بیرونی غلظت دودھ میں شامل نہ ہو۔ جس برتن میں یہ نکالا جائے، وہ بھی صاف ستھرا ہو اور اس کے بعد اسے ڈھانپ رکھا جائے۔

دودھ کی اہمیت اور قوائد کا اندازہ اس امر سے کیا جاسکتا ہے کہ نبی اکرم صلی اللہ علیہ وسلم نے دودھ پینے کے بعد شکر خداوندی ادا کرنے کے لیے ایک خصوصی دعا فرمائی۔
”میں دودھ کے علاوہ ایسی کسی چیز کو نہیں جانتا جس کے اجزاء بیک وقت کھاتے اور مشروب کا کام دے سکیں۔“

یہ اس لیے بھی ہے کہ اس کی ترکیب میں قدرت نے تندرستی کی ضروریات کو نہایت خوبصورتی سے شامل کر دیا ہے۔ اس میں پنیر (لحمیات) چکنائی کو اس طرح سمویا ہے کہ اس کی تاثیر جسم کو ٹھنڈک دینے والی بن گئی ہے۔

یہ جسم کو غذائیت مہیا کرتا ہے اور غذا کو ملائم بناتا ہے۔ بہترین دودھ وہ ہے جو تازہ حاصل کیا گیا ہو وقت گزرنے کے ساتھ اس میں ٹھنڈک اور لطافت ختم ہو جاتی ہے۔ اور مضر صحت رطوبتیں پیدا ہو جاتی ہیں۔ قوائد کے لحاظ سے بکری کا دودھ سب سے اچھا ہے، پھر گائے اور اونٹنی کا۔ یہ اس کی عمدہ ترین شکل ہے کہ اس کو تازہ تازہ پیا جائے۔ اس کے پینے سے پیٹ کی تیزابیت کم ہوتی ہے۔ طاقت میں اضافہ ہوتا ہے۔ اگر اس میں چینی ملا لی جائے تو یہ چہرے پر نکھار لاتا ہے۔ جلد اور جسم پر پیدا ہونے والی خارش دور کرتا ہے، اندرونی جھلیوں کو طاقت دیتا ہے۔

بکری کا دودھ امراض سل و دق میں مفید ہے۔ یہ امراض سینہ کے لیے بھی مفید ہے۔ پیٹ کے زخم بھی بھرتا ہے۔ اس میں چینی کے بجائے شہد ملا کر پیا جائے تو یہ بہترین غذا بھی ہے۔ یہ تیز دواؤں اور زہر کے اثرات کو بھی زائل کرتا ہے۔ یہ پیٹ کے السبر میں بھی مفید ہے۔ دل اور جگر کو طاقت دینے کے ساتھ جھوک بڑھاتا ہے۔ بلغم، صفر اور بادی رفع کرتا ہے۔

جدید مشاہدات

طب جدید میں دودھ کا سب سے اہم اور بڑا استعمال زہروں کے علاج میں ہے۔ اگر کسی نے کوئی زہریلی چیز کھائی ہو تو اس کے مقامی اثرات کو زائل کرنے کے لیے سب سے مفید دوا دودھ ہے۔ دل، گردے اور جگر کے مریضوں کو جسم پر وزم آنے کے بعد غذائی پابندی کا سامنا کرنا پڑتا ہے۔ ان بیماریوں میں دودھ ہی ایسی غذا ہے جو ان کو پورے اطمینان سے دی جاسکتی ہے۔ ذیابیطس کے مریضوں کو جب علاج کے بعد بھی فائدہ نہ ہو تو ایسے مریضوں کو کچھ دنوں کے لیے، کھانے پینے کے لیے دودھ کے علاوہ کچھ اور نہ دیا جائے۔ چند دنوں میں شکر کی مقدار کم ہونے لگے گی۔ پرانی سوزش کے علاج کے لیے دودھ کے ٹیکے لگائے جاتے ہیں۔

جدید تحقیق سے یہ بات ثابت ہوئی ہے کہ جو ماہیں بچوں کو اپنا دودھ پلاتی ہیں، وہ ان کو بہت سی اقسام کی بیماریوں سے بچاتی ہیں کیونکہ ماں کے دودھ میں تمام ضروری اجزاء جو کہ بچے کی صحت مندی کے لیے اہم ہیں، شامل ہوتے ہیں۔ اس کے علاوہ ایسی خواتین کو سینے کا سرطان ہونے کا خطرہ بھی نہیں رہتا۔

سونٹھ، ادراک

ادراک ایک مشہور سبزی ہے جسے لوگ گھروں میں کھانا پکانے میں استعمال کرتے ہیں یا بعض

اوقات یہ اپنی منفرد، تیز اور خوشگوار خوشبو کی وجہ سے مشہور ہیں۔ یہ دلیپند بنانے کے کام آتا ہے۔ دنیا کے اکثر ممالک میں اس کی کاشت ہوتی ہے۔ عرب ممالک میں عمان اور یمن جنوبی ہند میں مدراس، ٹراونکوار، کوچین اور ترچناپلی، بنگلہ دیش بھی اس کا بڑا مرکز ہے۔ پہلے پاکستان میں اورک کی کاشت برائے نام تھی۔ اب کافی مقدار میں پیدا ہونے لگا ہے۔

اورک کا شمار ان پودوں میں سے ہے جن کا خوردنی حصہ زیر زمین ہوتا ہے۔ اس کی پھولی ہوتی جڑیں استعمال ہوتی ہیں، یہ ان علاقوں میں پیدا ہوتا ہے جہاں گرمی نہیں ہو اور بارش کی سالانہ مقدار اسی درجہ کے قریب ہو۔ اورک کی گانٹھوں سے آنکھ یا چھلکے والے حصے کاٹ کر زمین میں ہاتھ برابر گڑھا کھودیں، جب یہ پھول مرجھا جائیں اور پودے کا تناسو کھ جائے تو وہ وقت فصل کاٹنے کا ہوتا ہے۔ زمین سے اورک کی گانٹھیں نکال کر ایک خاص قسم کے چاقو سے پھیلا جاتا ہے، پھر اسے اچھی طرح دھو لیا جاتا ہے۔

فوائد

یہ جسم میں گرمی پیدا کرتا ہے۔ خوراک کو ہضم کرنے میں مددگار ہے، پیٹ کو نرم کرتا ہے اور قبض کو دور کرتا ہے۔ پیٹ اور جگر سے پیرانے سے جلد نکال دیتا ہے بلکہ ثقیل اشیاء کی وجہ سے پیدا ہونے والی تجخیر کو دور کرتا ہے۔ آنکھوں میں سوزش کی وجہ سے نظر میں کمی آگئی ہو تو اسے دور کرتا ہے۔ غلیظ مادوں کے اخراج میں مفید ہے۔

اورک معدہ اور دماغ کے لیے مقوی ہے، بھوک بڑھاتا ہے، حافظہ کی خرابی کو دور کرتا ہے، ریاچ کو تحلیل کرتا اور غذا کو ہضم کرتا ہے۔ ایک ہی وقت میں یہ آہستہ بھی ہے اور سست اور بھی۔ ہر قسم کے ورم حتیٰ کہ فیل پا بھی ہو تو اس کے کھانے سے فائدہ ہوتا ہے۔ دمہ کے مریضوں کو اس کے استعمال سے آرام ملتا ہے۔ اس کو پیس کر تیل میں ملا کر مالش کرنے سے پٹھوں کے درد ٹھیک ہو جاتے ہیں، تے اور ہیفنہ ٹھیک ہو جاتے ہیں۔ بچکے کے لیے خاص مفید کا سفوف بھی اگر بکری کے دودھ کے ساتھ دیا جائے تو فائدہ مند ہے۔

جدید مشاہدات

اورک، خون کی نالیوں پر جی چربی کی تہیں اتار دیتا ہے۔ یہ دل کے فعل کو مضبوط کر کے دوران خون میں کسستی کی وجہ سے پیروں یا دوسرے مقامات پر جمع پانی کو نکال دیتا ہے۔ اورک کے استعمال سے بواسیر میں کمی آتی ہے۔ یہ اس امر کا ثبوت ہوتا ہے کہ اس نے خون کا دوران درست کیا اور نالیوں کے ٹھہرائے کو دور کر دیا۔ نبی صلی اللہ علیہ وسلم نے بواسیر سے حتیٰ شفا کے لیے انجیر، تھوڑی فربائی ہے۔ انجیر کے فوائد اورک سے ملے جھلکتے ہیں، اس لیے دونوں کو ملا کر استعمال کرنے سے زیادہ بہتر اور جلد نتائج نکلتے ہیں۔ ذیابیطس کی دواؤں قسموں کے لیے اورک کے پانی میں شہد ملا کر دن میں بار بار چاٹنے سے فائدہ ہوتا ہے۔

کدو

پھلوں اور سبزیوں کا ایک عظیم فائدہ دار علم نباتات میں Cucurbitaceae کے نام سے مشہور ہے جن

میں خربوزہ، اندرائی خربوزہ، کھیرا، مکڑی، کدو، پیٹھا، حلوہ کدو، توری، اندرائی پھل، ارد خربوزہ زیادہ مشہور ہیں۔ کدو کی متعدد اقسام ہیں جن میں گول کدو، لمبا کدو، گھٹیا، حلوہ کدو، سرخ کدو، پیلا یا سفید کدو بلکہ کڑوا کدو۔ عام کھانے والے کدو کو CUCUR ALBA کہتے ہیں۔ قرآن مجید میں اسے یقین کے نام سے پکارا گیا ہے۔

کدو ایک عام سبزی ہے جو دنیا بھر میں کاشت کی جاتی ہے، چونکہ اس کے پھل کا وزن زیادہ ہوتا ہے۔ اس لیے یہ ایک بیل کے ساتھ لگتی ہے جو زمین پر لیگتی ہے۔ زمینی قسم کے علاوہ جنگلوں میں اس کی ایک خود رو قسم بھی ملتی ہے جسے جنگلی کدو کہتے ہیں۔

نبی کریم صلی اللہ علیہ وآلہ وسلم نے فرمایا۔
 ”کدو دماغ کو بڑھاتا اور عقل میں اضافہ کرتا ہے“

فوائد

کدو ایک ہلکی غذا ہے جو جلد ہضم ہوتا ہے اور اس دوران کسی قسم کی شکل پیدا نہیں کرتا جو جلد ہضم ہونے کے ساتھ دوسری غذاؤں کو ہضم کرتے ہیں مددگار ہوتا ہے۔ بخار کے مریضوں کے لیے بے حد مفید ہے۔ سنت نبویؐ کے تحت کدو کو بڑی اہمیت حاصل رہی ہے اور مختلف بیماریوں بلکہ کمزوریوں کے علاج میں بھی اسے فائدہ مند پایا گیا۔ اس کے چھلکے کا پانی پھوڑ کر عرقی صلاب میں ملا کر کان میں ڈالنے سے وہاں کا ورم کم ہو جاتا ہے۔ آنکھوں کی سوزش اور جوڑوں کے درد میں بھی فائدہ مند ہے۔

اگر کدو قابض چسپروں کے ساتھ کھایا جائے تو یہ قابض ہے ورنہ گوشت یا دال مسور کے ساتھ قبض کشا ہے۔ پیاس کو کم کرتا ہے۔ گرمی کے سرد کو دور کرتا ہے۔ پیٹ کو نرم کرتا ہے، بخار توڑنے کے لیے کدو کو کھلانے اور اس کو کاٹ کر جسم پر پھیرنے سے کوئی دوائی افشعل نہیں۔ جگر کی گرمی کو دور کرتا ہے۔ سہلے کھولتا ہے۔ نمک اور رائی ملا کر پکانے سے مضر اثرات ختم ہو جاتے ہیں۔

کدو کا رس نکال کر سر پر ملنے سے سرد کو سکون ملتا ہے۔ کدو کا بھرہ بنا کر اس کا پانی نکال کر آنکھ میں ڈالنے سے یرقان کی زردی جاتی رہتی ہے۔ کدو کو کھانڈ کے ساتھ پکا کر دینے سے جنون اور خفقان میں فائدہ ہوتا ہے۔ اس کے پانی کی گلیاں کونے سے مسوڑھوں کا ورم جاتا رہتا ہے۔ کدو کا چھلکا پیس کر کھانے سے آنتوں اور بواسیر سے آنے والا خون بند ہو جاتا ہے۔ جگر کی سوزش میں کدو کا تریہ از حد مفید ہے۔

کدو کی بیل کے پتے ابال کر چینی ملا کر پینے سے یرقان کو فائدہ ہوتا ہے۔

جدید مشاہدات

اس کے استعمال سے گردے کی پتھری نکل جاتی ہے۔ کدو کے خاندان کا ایک فرد کڑوا کدو بھی ہے۔ اس کا پھل بھوک بڑھاتا ہے اور صفرا کو دور کرتا ہے۔ اس کی میٹھی اور کڑوی دونوں قسمیں ہوتی ہیں۔ کڑوی نہ تو پکائی جاتی ہے اور نہ ہی دوا میں استعمال ہوتی ہے۔

کدو خاص طور سے کدو کے بیج پیٹ کے کٹیوں کو مارنے کے لیے زیادہ فائدہ مند ہیں ایک چمچہ منفر کدو کو چینی کے ساتھ سوتے وقت دے کر صبح کسٹر اٹل پلا دیتے ہیں۔ منفر کدو کے دو چمچے

شہد کے ساتھ دینے سے پیشاب کی جلن ختم ہو جاتی ہے۔ اس کا گودا خشک کر کے اس کا جوشاندہ
براسیر اور پھیپھڑوں سے آنے والے خون کی بہترین دوائی ہے۔

کدو کی ڈنڈی کا وہ حصہ جو پھل کے ساتھ ہوتا ہے، اسے کاٹ کر سکھا لیا جائے اگر کسی کو
زہریلا کھڑا، خاص طور پر ہزار پا کاٹ لے تو شہد میں ملا کر بار بار چٹایا جائے اور لگایا جائے تو وہ
جلد ٹھیک ہو جاتا ہے۔ کدو کے پتوں کا جوشاندہ قبض کا محفوظ اور آسان علاج ہے۔ کدو کے
پھل کو سیرکہ میں کھرنے کے پیروں میں لگانے اور اسی محلوں کو کھانے سے پیروں کی جلن ٹھیک
ہو جاتی ہے۔ یرقان، آنتوں کی جلن اور پرانے زکام کے لیے کدو پر آٹا لپیٹ کر کے اسے گرم منور
میں کچھ دیر رکھیں پھر اس کے پیندے میں سوراخ کر کے اس کا سارا پانی نکال لیں۔ یرقان میں یہ
پانی شہد ملا کر پلانے اور پرانے زکام میں اس کے قطرے ناک میں ڈالنے سے بہت
فائدہ ہوتا ہے۔

منقہ

منقہ کی دو بڑی قسمیں ہیں۔ مچوٹے انگور کو سکھائیں تو کشش بنتی ہے اور بڑا انگور سوکھے کر منقہ
بنتا ہے۔ انگور کو سکھانے کا رواج ان ممالک میں ہے جہاں انگور کی پیدائش ان کی مقامی ضرورت
سے زیادہ ہوتی ہے یا ایسے علاقوں میں جہاں پر پیدا ہونے والی فصل مندیوں تک پہنچنا ممکن
نہیں ہوتا۔ جیسے کہ ایران، افغانستان اور چترال کے دور افتادہ علاقے۔

یوں تو انگور دنیا کے اکثر سرد ممالک میں ہوتا ہے مگر ان کی اکثریت ہمدرد اور کھانے کے قابل
نہیں ہوتی۔ پاکستان میں بلوچستان اور صوبہ سرحد کا انگور لذیذ اور پورے ایشیا میں مقبول ہے۔
انگور کا پودہ اورخت کے بجائے بیل کی صورت میں ہوتا ہے اور اس کے ساتھ پھل گچھوں کی
شکل میں نکلتے ہیں۔ قرآن مجید میں انگور کا ذکر گیارہ مرتبہ آیا ہے اور ہر جگہ اسے بہترین پھل اور
پرہیزگاروں کے لیے انعام قرار دیا گیا ہے۔

حضور اکرم صلی اللہ علیہ وآلہ وسلم نے منقہ کے بارے میں فرمایا ہے کہ ”اسے کھاؤ کہ یہ بہترین
کھانا ہے۔ یہ تمہیں کو دور کرتا ہے، غصے کو ٹھنڈا کرتا ہے، بلغم کو نکالتا ہے اور چہرے کی رنگت
بکھارتا ہے۔“

ایک اور جگہ آپ کا ارشاد ہوا ہے کہ ”منقہ کھایا کرو مگر اس کا چھلکا اتار دیا کرو کیونکہ اس کے
پھلکے میں بیماری اور گودے میں شفا ہے۔“

فوائد

منقہ پیاس لگاتا ہے، جسم میں حدت پیدا کرتا ہے۔ لاغر جسم کو موٹا کرتا ہے۔ اس کے سبب ہائے
کی اصلاح کرتے ہیں۔ انار کے دانوں کے ساتھ منقہ ملا کر کھانا باغیچے کے لیے بے حد مفید ہے۔
اس کا گودا پھیپھڑوں کے لیے اکسیر ہے۔ پانی کھانسی میں فائدہ دیتا ہے۔ گردہ اور مثانہ کے درد کو دور
کرتا ہے۔ پیٹ کو نرم اور معدے کو مضبوط کرتا ہے۔

یہ جگر اور تلی کو طاقت دیتا ہے۔ بلغم کو زکام کے بعد اس کے پیدا ہونے کے عمل کو روک دیتا
ہے۔ اس کا گودا نکال کر اگر ہتھ ہوئے ناخنوں پر لگایا جائے تو ان کو مضبوط کر دیتا ہے۔ انگور

معدہ کے لیے مقوی ہے، کھانسی میں مفید ہے۔ اس کا لعاب آگ پر گاڑھا کر کے اس میں میٹھی
وراجیمیر ملا کر شہد کے ساتھ دینا پرانی کھانسی کا بہترین علاج ہے۔ مغز بادام کے ساتھ دینے سے
حفاظت کو فائدہ دیتا ہے۔ مرگی میں بھی مفید ہے۔ جو کے پانی کے ساتھ منقہ ابال کر دینے سے
پیشاب آور ہو جاتا ہے اور گردے سے پتھری کو نکالتا ہے۔

جدید مشاہدات

گور میں غذائیت اور جو ہر کافی ہیں، اس لیے جسم کو قوی کرتا ہے۔ بہترین غذا اور جلد مضبوط
والی ہے۔ خون صالح پیدا کرتا ہے، پیاس کو دور کرتا ہے۔ بخاروں میں فائدہ مند ہے، دق، نزلہ
زکام اور کھانسی کے مریضوں کے لیے مفید غذا ہے۔ صنف قلب میں
مفید ہے۔ اسے رات کو پانی میں بھگو کر صبح اس پانی کو پینے سے پرانی قبض دور ہو جاتی ہے۔

میٹھی

میٹھی عام طور پر کاشت کی جاتی ہے۔ خورد و پودے کم ہوتے ہیں۔ گرم ممالک ہی میں نہیں بلکہ
سرد ممالک میں بھی کثرت سے استعمال ہوتی ہے۔ تازہ میٹھی اتنی خوشبودار نہیں ہوتی مگر جب اسے
سکھایا جاتا ہے تو خوشبو آنے لگتی ہے۔ خوشبو کا تعلق کاشت کے علاقے سے بھی ہے مثلاً
پنجاب میں تصور کی میٹھی، وہ بھی ایک خاص علاقے کی، دوسرے علاقوں کی نسبت زیادہ خوشبودار
ہوتی ہے۔

حضور صلی اللہ علیہ وآلہ وسلم نے میٹھی کو بہت فائدہ مند بتایا ہے، آپ کا ارشاد ہے۔
”میری امت اگر میٹھی کے فوائد کو سمجھے تو وہ اسے سونے کے ہنہ وزن خریدنے

سے بھی دریغ نہ کرے۔“

فوائد

میٹھی کا جو شاندار طبع کی سوزش ورم اور دکھن کے لیے مفید ہے۔ سانس کی گھٹن کو کم کرتا ہے
کھانسی کی شدت دور ہوتی ہے۔ معدہ میں اگر جلیں ہو تو جاتی رہتی ہے۔ اس سے ریاح خارج ہوتی
ہے۔ بواسیر کی شدت میں کمی آتی ہے اور پھیپھڑوں کی سوزش نہ صرف ختم کرتی ہے بلکہ آئندہ
کے لیے بچاؤ بھی کرتی ہے۔ اس کے جو شاندار سے سردھونے سے خشکی کم ہوتی ہے۔ یہ بنیادی
طور پر پیشاب آور ہے۔ بلغم کے اخراج میں مدد دیتی ہے اور گردوں کی سوزش میں کمی کرتی ہے۔
پھیپھڑوں کی اندرونی جھلی کی نگہداشت کرتی ہے۔

میٹھی کے استعمال کے دو طریقے ہیں۔ ایک میں اس کے پتے اور شاخیں سکھا کر کام میں لائی
جاتی ہیں، دوسرے میں میٹھی کے بیج استعمال کیے جاتے ہیں۔ بیج پتوں سے زیادہ مفید ہیں۔
پانچ گرام پس ہوئی میٹھی اگر پانی کے ساتھ کھائی جائے تو اسہال اور پچیش میں مفید ہے۔

جدید مشاہدات

میٹھی اشتہا آور ہے اور مجھوک بڑھاتی ہے، کھٹے و کاروں کو روکتی ہے، اس کا مسلسل استعمال۔

تپ دق میں فائدہ مند ہے۔ جسمانی کمزوری کو دور کرتی ہے۔ میتھی میں فولاد اور وٹامن ب کی موجودگی کے باعث یہ خون کی کمی اور اعصابی کمزوری میں مفید ہے۔ اس کے مسلسل استعمال سے بواسیر کا خون بند ہو جاتا ہے اور اکثر اوقات متے گر جاتے ہیں۔ اس کے ساتھ اگر انجیر بھی شامل کر لی جائے تو فائدیت میں اضافہ ہوتا ہے۔ میتھی کھانے سے ذیابیطس کی شدت میں کمی آ جاتی ہے۔

میتھی کے بیجوں میں لعاب دار اجزاء آنتوں کی جلن لگیں پرانی پیچیش اور معدہ کے السر میں سکون دیتے ہیں۔ سروی کے موسم میں کھانے کے بعد آدھا چھوٹا چمچ لگاتار کھانے سے موسم کی اکثر بیماریاں نہیں ہوتیں۔ دمہ اور پرانی کھانسی کے علاج میں قسط الجری اور حب الرشاد کے ہمراہ میتھی کے بیج شامل کر دینے سے علاج زیادہ آسان ہو جاتا ہے۔

کھیرا

کھیرا نباتات کے مشہور خاندان CUCURBITACEA کا ایک ایسا رکن ہے جو دنیا کے اکثر و بیشتر ملک میں بڑے شوق سے کچا کھایا جاتا ہے۔ ہندوستان میں شکل اور ذائقہ کے لحاظ سے کھیرا اور بڑی دو مختلف چیزیں ہیں لیکن بحیرہ روم کے خطے اور یورپ میں CUCUMBER کے نام سے سنے والی چیز بسا اوقات کھیرے اور ککڑی کی مخلوط جنس ہوتی ہے۔ وہ کھیرے کی طرح موٹی بڑی کی مانند لمبی اور ذائقہ دونوں کا رکھتی ہے۔ پاکستان اور ہندوستان کے کھیرے کی جلد سارے، صاف اور ملائم ہوتی ہے۔ جب کہ یورپ اور امریکہ کے کھیروں کی جلد موٹی اور دانے دار ہوتی ہے۔ اس کا رنگ گہرا بنبر مگر چمک سے محروم ہوتا ہے۔

کھیرے کا پودا ایک رینگنے والی بیل ہوتی ہے۔ بحالیہ کے دامن سے لے کر کماؤں کی ڈابیوں کھیرے کی جنگلی قسمیں پائی جاتی ہیں، جہاں یہ خورد و پیے۔ پہلے خیال یہ تھا کہ کھیرا، لکڑی موسم کی بنبریاں ہیں اور ان کو کپتے وقت گرمی چاہیے مگر اب کچھ ایسی صورتیں پیدا ہو گئی ہیں کہ کھیرا سب سے پہلے یہ پودے سال بٹتے ہیں۔

بہترین کھیرا پکا ہوا ہوتا ہے۔ یہ جسم کو ٹھنڈک پہنچاتا ہے۔ طبیعت میں اور خاص طور پر سردی میں اگر کسی وجہ سے شدت محسوس ہوتی ہو تو کھیرا کھانے سے سکون آتا ہے۔ پیشاب ختم ہو جاتی ہے۔ مثانہ کی سوزش، جلن اور پیشاب کی جلن کو دور کرتا ہے۔ اس کے پھلے پیس کر ایسے مریض کو چٹائیں جس کو کتے نے کاٹ لیا ہو تو فائدہ مند ہے۔

روشہد ہوشی میں مفید ہے۔ اس میں ٹھنڈک کی زیادتی، بعض جسموں کے لیے نقصان دہ ہے۔ اس کو معتدل کرنے کے لیے اس کے ساتھ کوئی گرم چیز بھی استعمال کرنی چاہیے۔ اکرم صلی اللہ علیہ وسلم کھیرے کے ساتھ کھجور استعمال کرتے تھے۔ اگر کھجور نہ ہو تو منقہ کے ساتھ کھانا بھی فائدہ مند ہے۔

یہ برقان کو فائدہ دیتا ہے۔ کھیرے کو گرم راکھ میں رکھ کر اس کا پانی نکال کر بخار کے مریضوں اور پلانا مفید ہے۔ ورم جگر تلی کو تحلیل کرتے ہیں۔ سورش کی وجہ سے پیدا ہونے والی کھانسی میں بھی مفید ہیں۔

برید مشاہدات

اس پھل میں غذائیت زیادہ ہے۔ اس کے بیج مفرح اور پیشاب آور ہیں۔ یہ ان مفرور مریضوں سے ایک ہے، جس کو کھانے کے ساتھ کچا کھایا جاتا ہے۔ اس کو چھیل کر، اس پر کالی مرچ کے ساتھ لیموں پھوڑ کر کھایا جائے تو اس کی غذائیت میں اور اضافہ ہو جاتا ہے۔ یہ کھانے کو مدد دینے میں ملکہ کے کھانے سے آنتوں کی اکثر بیماریاں ختم ہو جاتی ہیں۔ کھیرے کی بیل کے پتے شکم پر پیس کر ان میں زیرہ سیاہ ملا کر تھون لینے کے بعد پیس لیں اور چائے کے چوتھائی کے برابر ناشتے کے بعد استعمال کریں۔ اس سے گلے کی سوجن اتر جاتی ہے۔ سن اسٹروکس کے مریضوں کو بخار کے دوران کھیرے کے ٹکڑے کاٹ کر سر اور چہرے پر سے فائدہ ہوتا ہے۔

دال مسور

دنیا کے ہر ملک میں دال کھائی جاتی ہے۔ پاکستان میں عام طور پر ارہر، چنا، ماش، مونگ، موٹہ مسور کی دالیں پکائی جاتی ہیں۔ یہ سب دالیں بنیادی طور پر مختلف پودوں کے بیج ہیں چونکہ ہر ایک نئے پودے کا پیشرو ہوتا ہے اس لیے جڑیں زمین میں نصب ہونے تک کے عرصے کے شاک کا ذخیرہ اس میں موجود ہوتا ہے۔

کچھ دالیں جلد پک جاتی ہیں اور کچھ کو پکانے میں زیادہ وقت لگتا ہے۔ دالوں کو جلد گلانے کا ایک یہ ہے کہ انہیں پانی میں بھگونے کے بعد اچھی طرح ملا جائے۔ اس عمل سے ان کے اوپر کا چھلکا اتر جاتا ہے، بیج نرم ہو جاتا ہے اور پکانا نسبتاً آسان ہو جاتا ہے۔ چھلکا خواہ کسی بھی بیج کا ہو صحت انسانی میں مفید ہے۔

بیج اور چھلکے کے درمیان مفید کمیایوی عناصر وٹامن ب کی ایک تہہ ہوتی ہے۔ چھلکا اتارنے اور پھر دھونے کے عمل میں وٹامن ب ضائع ہو جاتی ہیں۔ چھلکا بذات خود ہضم نہیں ہوتا لیکن وہ میں جا کر ایسی صورت حال پیدا کر دیتا ہے، جس سے اجابت کا عمل آسان ہو جاتا ہے۔ یہی وہ اہم وجہ ہے کہ بخار پر حضور نبی اکرم صلی اللہ علیہ وسلم نے آٹے سے چکر نکالنے کو منع فرمایا۔

دال کا پودا ڈیڑھ فٹ تک بلند ہوتا ہے۔ اس کی کئی ایک اور پکوانٹھی ہوئی شاخیں ہوتی ہیں جن میں نزدیکی مائل پتھر پھول لگتے ہیں۔ ہر شاخ کے ساتھ چار پانچ پھول پتوں کے درمیان سے نمودار ہوتے ہیں۔ ان پھولوں کے پھلیاں بنتی ہیں۔ پھلی کی لمبائی ایک انچ کے قریب ہوتی ہے اور ہر پھلی بیج ہوتے ہیں۔ پاکستان میں مسور کی دال جنگلی بھی ملتی ہے جو کہ خود رو ہے۔ اس کا دلہ چھوٹا ہوتا ہے۔

اس کو کھانے سے دل تندرست رہتا ہے۔ اگر چھلکوں میں سے ایک کو پانی پھینک دیں تو قبض کشا
جسم کے اور ام کو اتار دیتی ہے۔ نقوہ قارچ اور ریشہ میں مفید ہے۔ نزلہ کو روک کرنے کے ساتھ ساتھ
یاد و عنن با دام میں ملا کر پکایا جائے تو اچھا ہے۔

مسور کی دال کو گھی اور دودھ میں ملا کر چہرے پر ملنے سے جلد چمکدار ہو جاتی ہے۔ اسے گرم پانی
کر بدن پر ملنے سے جلد صحت مند نظر آتی ہے۔ میوں کے ساتھ کھل کر کے لگانے سے چہرہ سرس
چھپ کے داغ مٹ جاتے ہیں۔

جدید مشاہدات

مسور کی دال میں جراثیم کش صلاحیت پائی جاتی ہے۔ اس لیے اس کا کھانا اور لگا
بہ مفید ہے۔ سوزش کے خلاف اس کے اثر کا باعث اس میں LEGUMIN کی موجودگی ہے۔ یہ لکھیا
ہے جو جسم کو تقویت اور یاریوں سے مقابلہ کرنے کی قوت بھیا کرتے ہیں۔
جسم کو طاقت دیتی ہے۔ بنیادی طور پر قبض کشا ہے۔ اگر اسے چھلکے سمیت کھایا جائے تو ملین
ہے۔ پیچورس، پینسین اور خراب زخموں پر دال کا جوشاندہ اور پلیٹس بنا کر لگائی جاتی ہیں، جس سے
جلد پک کر ٹھیک ہو جاتے ہیں۔



نظم رکھنے والے ہیں ہر ہر مکرر

وَارِنْ يَكَادُ الَّذِينَ كَفَرُوا الْيُسْرَ يُقَوِّتُ
بِالنَّصَارِ هُمْ كَرِيمٌ سَمِعُوا الذِّكْرَ وَيَقُولُونَ
إِنَّهُمْ مُكْذِبُونَ وَمَا هُوَ إِلَّا ذِكْرٌ لِلْعَالَمِينَ

HAIDER ALI

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HIGHLIGHTS OF QUALIFICATIONS

- HEC Approved PhD Supervisor
- 90+ publications in high-quality ISI journals, including six papers in Nature Scientific Reports
- 230+ Impact factor
- Contributed in eight funded research projects with multi-disciplinary teams, including two collaborative projects with MIT
- More than thirteen years of teaching experience, including more than seven years of Post-PhD experience
- Actively participated in different engineering societies. Also, conducted some international certificate courses as a trainer
- Participated in many administrative duties and reviewer for different ISI journals

EDUCATION

Ph.D. (Mechanical Engineering) Jan. 2015

GPA 3.97

Thesis Title: Heat Transport Characteristics in Thin Films.

King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia

Master of Engineering (Mechanical Engineering) July 2011

GPA 3.89

NED University of Engineering and Technology, Karachi, Pakistan.

Bachelor of Engineering (Mechanical Engineering) Dec. 2008

Secured 4th Position among 138 students (84.4%)

NED University of Engineering and Technology, Karachi, Pakistan.

EXPERIENCE

Associate Professor (Feb 2022 to date)

Department of Mechanical Engineering

NED University, Karachi, Pakistan.

Associate Professor (March 2019 to Feb 2022)

Department of Mechanical Engineering

DHA Suffa University, Karachi, Pakistan.

Head of Department (Jan. 2019 to Feb 2022)

Department of Mechanical Engineering

DHA Suffa University, Karachi, Pakistan.

Assistant Professor (Aug. 2017 to March 2019)

Department of Mechanical Engineering

DHA Suffa University, Karachi, Pakistan.

Post-Doctoral Fellow (Sept. 2015 to Aug. 2017)

Department of Mechanical Engineering

King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia.

Researcher (Feb. 2015 to August 2015)

Thermoelectric Research Group, Department of Mechanical Engineering

King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia.

Lecturer–B (Jan. 2012 to Feb. 2015)

Department of Mechanical Engineering

King Fahd University of Petroleum and Minerals, Dhahran, Saudi Arabia.

Lecturer (Dec. 2008 to Jan. 2012)

Department of Bio-Medical Engineering

NED University of Engineering & Technology, Karachi, Pakistan.

Visiting Lecturer (August 2010 to Dec. 2011)

Institute of Physical Medicine & Rehabilitation

Dow University of Health and Sciences, Karachi, Pakistan.

ADMINISTRATIVE RESPONSIBILITIES

Convener, OBE Planning Committee (ME Department - DSU)	January 2019 to Feb 2022
Member, OBE Steering Committee (DSU)	December 2017 to Feb 2022
Member, Steering Committee for conversion to relative grading (DSU)	December 2017 to Feb 2022
Research Coordinator (ME Department - DSU)	August 2018 to Feb 2022
Cluster Head – Thermofluids (ME Department - DSU)	August 2018 to January 2019
Convener, OBE Program Team (ME Department - DSU)	December 2017 to January 2019
Secretary, OBE Planning Committee (ME Department - DSU)	December 2017 to January 2019
Class Advisor (NED University)	January 2010 to May 2011
Faculty Coordinator, ASME NED Student Section	September 2009 to April 2011
Lab In-charge, Fluid Mechanics Lab (NED University)	January 2009 to January 2012
President of ASHRAE-NED Student Chapter	July 2007 to January 2009

BOOKS

- Yilbas B.S., Mansoor S.B., **Ali H.**, Heat transport in micro and nanoscale thin films, Elsevier, September 2017.
- Yilbas B.S., Al-Sharafi A., **Ali H.**, Self-Cleaning of Surfaces and Water Droplet Mobility, Elsevier, May 2019.

BOOK CHAPTER

- Yilbas B.S., **Ali H.**, Yousaf R., Al-Sharafi A., Hydrophobic Materials, Comprehensive Energy System, Elsevier, 2017. DOI: 10.1016/B978-0-12-809597-3.00253-4
- Tahir F., Baloch A., **Ali H.**, Resilience of Desalination Plants for Sustainable Water Supply in Middle East, Sustainability Perspectives: Science, Policy and Practice, Springer, 2020. DOI: 10.1007/978-3-030-19550-2_15.

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- J1. **Ali H.**, Al Qahtani H.A., Yilbas B.S., Mansour S.B., Thermal conductivity assessment in a low dimension structure, International Communications in Heat and Mass Transfer, 142(7): 071205, 2021.
- J2. Yilbas B.S., Abubakar A.A., **Ali H.**, Al-Sharafi, Sahin A.Z., Sunar M., Al Qahtani H.A., Impacting Water Droplets Can Alleviate Dust from Slanted Hydrophobic Surfaces, Langmuir, Vol. 37(14), p. 4355-4369, 2021.
- J3. Abubakar A.A., Yilbas B.S., Hassan G., Al Qahtani H.A., **Ali H.**, Al-Sharafi A., Droplet Impacting on a Hydrophobic Surface: Influence of Surface Wetting State on Droplet Behavior, ASME Journal of Fluids Engineering, 142(7): 071205, 2020.
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- J5. Yilbas B.S., Akhtar S.S., **Ali H.**, Karatas C., Al-Qahtani H., Laser treatment of SiALON and Surface Characteristics, Journal of Manufacturing Processes, Vol. 56, pp. 1230-1241, 2020.
- J6. **Ali H.**, Yilbas B.S., Thermal Energy Transport Across Combined Films: Thermal Characteristics, Journal of Non-Equilibrium Thermodynamics, DOI: 10.1515/jnet-2019-0021, 2019.

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- J9. Tahir F., **Ali H.**, Baloch A., Jamil Y., Performance Analysis of Air and Oxy-Fuel Laminar Combustion in a Porous Plate Reactor, *Energies* Vol 12(9), pp. 1706, 2019.
- J10. **Ali H.**, Yilbas B.S., Phonon transfer in silicon-diamond films: influence of thermal boundary resistance on acoustic phonon intensities, *Physica B*, Vol. 556, p. 82-96, 2018.
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CONFERENCE PRESENTATION

- C1. **Ali H.**, and Gandhidasan P., Performance Evaluation of Photovoltaic String with Compound Parabolic Concentrator, *International Conference on Energy and Environment Research (ICEER 2014)*, July 18-19, Madrid, Spain.
- C2. Tahir F., **Ali H.**, Baloch AB, Transient Analysis of Air Bubble Rise in Stagnant Water Column Using CFD, *Eleven International Conference on Thermal Engineering: Theory and Applications*, February 25-28, 2018, Doha, Qatar.
- C3. Tahir F., Ali H., Baloch AB, Analysis of steam reforming of methane integrated with solar central receiver system, *Qatar Foundation Annual Research Conference Proceedings 2018: EEPD969 DOI: 10.5339/qfarc.2018.EEPD969*.
- C4. Aqeel R., Raza A., Ahmed S., Aashquin M., Ali H., Effect of Heat Sink Configuration on the Performance of Thermoelectric Refrigeration, *2021 IEEE Latin America Electron Devices Conference (LAEDC)*, April 19-21, 2021. (DOI: 10.1109/LAEDC51812.2021.9437978)

PATENTS

- P1. Yilbas B.S., **Ali H.**, Laser ablation method for treating a copper alloy containing metallic surface and increasing hydrophobicity, US 20170014946 A1
- P2 Yilbas B.S., **Ali H.**, Laser ablation method for treating a zirconia containing ceramic surface, US9708225 B2

SKILLS

- **Engineering Software**
MATLAB, Engineering Equation Solver (EES), COMSOL, Gambit & Fluent, Hourly Analysis Program (HAP) and Transient System Simulation Tool (TRNSYS).
- **Materials Characterization**
Scanning electron microscopy, X-Ray diffraction, Atomic Force Microscopy, Scratch Testing, Fourier transform infrared spectroscopy, UV Visible spectroscopy, Contact angle goniometer.

ACHIEVEMENTS AND AWARDS

- **Level-II Accreditation** for BE(ME) Program of DHA Suffa University.
- **Best Paper Presentation Award - International Conference on Energy and Environment Research (ICEER2014)**, July 18-19, 2014, Madrid, Spain.
- Organized **ASME Mechanical Engineering Competitions and Exhibition (MECE) 2010** in NED University.
- Accreditation of **Bio-Medical Department**, NED from **Pakistan Engineering Council** 2010.
- Developed **Bio-Medical Engineering Division** in ASME NED Student Section 2009.
- Secured **Merit scholarships** during Bachelor degree in **NED**.